

年報 Annual Report 2024-2025

同行百載 千載傳承

A Century of Togetherness, A Legacy for Millennia

2025

1925



香港基督教青年會
YMCA OF HONG KONG

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願景和使命 Vision & Mission

願景

香港基督教青年會宣揚和實踐基督教價值，以愛與誠信致志促進地區和國際層面的公義、和平，弘揚真理和盼望。港青致力於：

- 培育個人成長，履行社會責任，服務社群，尤其關注青少年發展；
- 協助大眾鑑定所需，提供適切服務，於可持續發展之環境下改善其生活質素；
- 促進種族融和，提倡互相尊重和諒解。

使命

香港基督教青年會以其悠久歷史及豐富經驗，提供各種服務，滿足社會人士在社會、教育、康體及靈性的需要，展望將來，滿具信心與承擔。港青仍將忠誠地貫徹其使命，作為基督教團體，藉提供充實生活的各項程序活動予參與的社會人士，致力促進社會的平等、公義與和平。

身為社會整體一份子的團體，香港基督教青年會為表達其使命，採用整合的方法，就香港社會人士的期望與心願，鑑定此——多種語言及多元文化社會的，尤其是青年人的獨特需要，從而提供服務。

為認定港青服務的前景及進而確定我們服務的公眾對象，香港基督教青年會將決志繼續為香港社會的和諧與國際諒解，作積極的貢獻。再者，港青致力其為「國際性基督教青年會」一員的職責，繼續加強與香港中華基督教青年會、香港基督教女青年會及本港其他社會服務團體的聯繫，保證為我們社區所有人士，不分年齡、性別、種族、宗教信仰，提供服務或給予機會以改進其個人、家庭以及社會的生活質素。

Vision Statement

The YMCA of Hong Kong promotes and practises Christian values, and is committed to the furtherance of justice, peace, truth and hope with love and integrity, both locally and globally. We are dedicated to:

- Enabling personal growth and fulfilling our social responsibility to the community, especially focusing on the youth;
- Ascertaining social needs and offering services to improve the quality of life in a sustainable environment for all people;
- Fostering intercultural harmony through respect and understanding.

Mission Statement

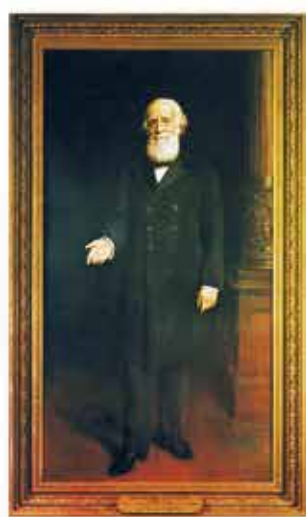
The YMCA of Hong Kong, with its long history and depth of experience in providing services that cater to the social, educational, physical and spiritual needs of the people in our community, looks to the future with confidence and commitment. It will faithfully endeavour to fulfil its mission as a Christian association dedicated to the furtherance of equality, justice and peace in our society through the provision of life enriching activities to all persons in our community who desire to participate.

As an organisation founded to be an integral part of the Hong Kong community, the YMCA will express its mission by adopting an integrated, indigenous approach to identify with the hopes and aspirations of the people of Hong Kong and work to serve the unique needs of a multilingual and multicultural community especially those of the young people.

In so identifying our vision of service and further defining our target publics, our YMCA desires to actively continue to make a positive contribution to the social tapestry, harmony and international understanding within a great city. Moreover, in its role as an "International YMCA", it will further strengthen its network with the Chinese YMCA of Hong Kong, the YWCA of Hong Kong and other local social service agencies to ensure that all persons in our community regardless of age, gender, race, religious conviction, or ethnic background are being provided service, and otherwise afforded opportunities, to improve the quality of life for themselves, their families and the community at large.

香港基督教青年會歷史

History of YMCA of Hong Kong



基督教青年會普世運動源起

The Founding of the YMCA Movement Worldwide

在佐治衛良爵士的領導下，12名人士於1844年在英國倫敦創立基督教青年會。他們希望通過成立查經班、家庭和社群祈禱聚會、互愛會，或心靈聚會等，讓在職青年在心靈上得到充實，並以此為青年會的目標。為了將青年會精神與普世的人分享，這國際性新運動的領袖致力在世界不同地方成立青年會，包括香港。

Led by Sir. George Williams, 12 men founded the YMCA in London, England in 1844. Their objective was the "improvement of the spiritual condition of the young men engaged in houses of business, by the formation of Bible classes, family and social prayer meetings, mutual improvement societies, or any other spiritual agency." To share the vision of the YMCA Movement with people worldwide, leaders of the new international movement decided to establish Associations in different parts of the world, included Hong Kong.

基督教青年會運動在香港的發展

The Development of the YMCA Movement in Hong Kong



基督教青年會於香港正式成立，由蘇心牧師擔任總幹事，並租用德輔道二十七號為會所。

YMCA was formally established in Hong Kong with Rev. Walter Southam as General Secretary. Premises were rented at 27 Des Voeux Road as the service centre.

1901

西人部和華人部分別擴展為「香港基督教青年會」與「香港中華基督教青年會」。

The European and Chinese Departments of the YMCA formed two autonomous Associations, the YMCA of Hong Kong and the Chinese YMCA of Hong Kong.

1908



位處尖沙咀梳士巴利道之現址獲選為會址。1924年由時任港督司徒拔爵士主持奠基禮。

The current site situated on Salisbury Road was finally selected as YMCAHK's home. The foundation stone was laid by the then Governor, Sir Reginald Edward Stubbs in 1924.

1922-24



港青會通過體育運動推廣健康生活模式，培育品格，更派出年青田徑選手代表參與國際賽事。

YMCAHK promoted healthy lifestyle and nurtured the character of young people through sports activities. YMCAHK young athletes had also represented Hong Kong in international games.



1960s年代

完成梳士巴利道中心第一期重建，擴展服務。由時任港督麥理浩爵士蒞臨主持開幕禮。

Phase 1 of the New East or Bradbury Wing redevelopment project of the Salisbury Centre was completed. The opening ceremony was officiated by the then Governor, Sir Murray Maclehoze.



1974



梳士巴利道總部於1992年完成重建工程。港青國際幼稚園（1992）、港青專業進修書院（1996）和農圃道幼兒學校（1999）亦相繼成立。1998年開設長沙灣中心，積極拓展地區服務。

The re-development of Salisbury Headquarters was completed in 1992. The YMCA of Hong Kong International Kindergarten (1992), the YMCA College of Continuing Education (1996) and Farm Road Nursery School (1999) were established. Cheung Sha Wan Community Centre was opened in 1998 to activate assertively community services.

1990s年代



京士柏百周年紀念中心於2001年開幕，以慶祝基督教青年會運動在港創立百周年。港青基信書院於2003年正式開辦收生。同年港青與成都基督教青年會合作，於四川省金堂縣資助開設金堂縣港青學校。2009年，港青開辦東涌綠機田與東涌社區中心，為當地社區提供多元化服務。

The King's Park Centenary Centre was opened to celebrate the 100th Anniversary of the YMCA in 2001. The YMCA of Hong Kong Christian College was established in September 2003. YMCA of Hong Kong partnered with Chengdu YMCA to set up Jin Tang YMCA of Hong Kong School in Jin Tang, Sichuan in the same year. Tung Chung Green Organic Farm and Tung Chung Community Centre were opened in 2009 to provide a variety of services to the local community.

2000s 年代

西九龍耀信發展學習中心和耀信國際幼稚園於2010年啟用。2013年，港青與新會商會協辦的新會商會港青基信學校正式啟用；同年南丫島戶外及環保活動中心亦正式開幕。港青基信幼稚園（啟晴）則於2015年成立，提供日托服務及幼兒課程。2016年，港青三所幼稚園獲教育局批准，改名為港青基信國際幼稚園、港青基信國際幼稚園（西九龍）、港青基信幼兒學校（農圃道），以表徵港青的教育使命以基督為本的精神。港青的社區藝術中心the DOOOR於2018年1月26日開幕，通過藝術來匯聚更大的社群，包括酒店賓客、旅客、尖沙咀居民及學校師生等。

Beacon Centre Lifelong Learning Institute and Beacon International Kindergarten were opened in 2010. YMCA of Hong Kong partnered with San Wui Commercial Society to establish San Wui Commercial Society YMCA of Hong Kong Christian School in 2013. Lamma Island Outdoor Centre was officially opened in the same year. Christian Kindergarten (Kai Ching) was also

opened in 2015 to provide day care services and early childhood education programmes to children. In 2016, with the approval of the Education Bureau, the three existing YMCA pre-school units were renamed to YMCA of Hong Kong Christian International Kindergarten, YMCA of Hong Kong Christian International Kindergarten (West Kowloon) and YMCA of Hong Kong Christian Nursery School (Farm Road), for the sake of showing that the YMCA has put Christ at the centre of its mission in education. The DOOOR, as YMCA's Community Art Centre, was established on January 26, 2018, to engage a wider community including our hostel guests, tourists, local residents and school community in Tsim Sha Tsui.



2010s 年代

2020年12月，尖沙咀總部完成外牆維修工程，工程為期21個月。2021年1月，港青基信國際幼兒園（西九龍）正式成立，為2至3歲的兒童提供學前教育服務，並於2023年6月30日終止營運。

Within the schedule of 21 months, the external façade renovation of the Headquarters was completed in December 2020. YMCA of Hong Kong Christian International Nursery (West Kowloon) was officially established in January 2021, providing pre-nursery education for children aged 2-3. It operated until June 30, 2023.

2020s年代



名譽會長、義務顧問、董事局

Honorary Presidents, Honorary Advisors, Board of Directors as of June 30, 2025

名譽會長 Honorary Presidents

夏德先生 Mr. R. S. (Bob) Huthart (*deceased*)

楊澤麟牧師 Rev. Jack C. Young

義務顧問 Honorary Advisors

蘇以葆主教 The Rt. Rev. Dr. Thomas Soo, J.P.

鄭慕智博士 Dr. Moses Cheng, G.B.M., G.B.S., O.B.E., J.P.

林昭先生 Mr. Benjamin Lam

董事局 Board of Directors

會長 President

葉偉文先生 Mr. Patrick Yip

副會長 Vice Presidents

王主心女士 Ms. Julia Ong

黃佩翰先生 Mr. David P.H. Wong

義務司庫 Hon. Treasurer

麥志偉先生 Mr. Trevor Mak

義務會牧 Hon. Chaplain

施力高牧師 Rev. Dr. John Snelgrove

總幹事 General Secretary

何慶濂先生 Mr. Peter Ho

董事 Directors

莊簡舜卿女士 Mrs. Sheila Chuang

傅孟雄先生 Mr. William Fu

葉頌文博士 Dr. Tony Ip

劉鼎新先生 Mr. Andrew Lau

李鎮洪先生 Mr. Dave Lee

李天驥先生 Mr. Dave Li

凌浩雲教授 Prof. Howard Ling

伍小翠女士 Ms. Shella Ng

沈樂年先生 Mr. L.N. Shun

香港基督教青年會協會

Council of YMCAs of Hong Kong

as of June 30, 2025

郭志權博士[†] Dr. Philip Kwok, S.B.S., J.P.[†]

蘇以葆主教 The Rt. Rev. Dr. Thomas Soo, J.P.

傅孟雄先生 Mr. William Fu

任德輝先生 Mr. Ronald Yam

劉俊泉先生 Mr. Karl Lau

何慶濂先生 Mr. Peter Ho

潘展聰先生 Mr. Philip Poon

丘頌云先生 Mr. Joshua Yau

葉頌文博士 Dr. Tony Ip

施力高牧師 Rev. Dr. John Snelgrove

葉偉文先生 Mr. Patrick Yip

鍾卓弘先生[‡] Mr. Ethan Chung[‡]

何泓燐先生[‡] Mr. Thomas Ho[‡]

徐嘉熹先生[‡] Mr. Kelvin Tsui[‡]

鍾緯桐小姐[‡] Ms. Cherry Chung[‡]

吳斯穎小姐[‡] Ms. Nicole Ng[‡]

[†] 義務顧問 Honorary Advisor

[‡] 青年代表 Youth Representatives

宗教推廣 Christian Outreach

施力高牧師 [^]	Rev. Dr. John Snelgrove [^]
	Rev. Dr. Seth Kim
江瑞榮先生	Mr. Sam Kong
林昭先生	Mr. Benjamin Lam
	Pastor Eric Scott
何慶濂先生	Mr. Peter Ho
單芷筠女士*	Ms. Vivian Shan*

機構管治 Corporate Governance

黃佩翰先生 [^]	Mr. David P.H. Wong [^]
劉鼎新先生	Mr. Andrew Lau
伍小翠女士	Ms. Shellia Ng
羅詠欣女士	Ms. Flora Lo
何慶濂先生	Mr. Peter Ho
鄭綺華女士*	Ms. Eva Cheng*
關健薇女士*	Ms. Kwan Kin Mei* (until February 17, 2025)

教育諮詢 Education Advisory

葉偉文先生 [^]	Mr. Patrick Yip [^]
劉鼎新先生	Mr. Andrew Lau
李鎮洪先生	Mr. Dave Lee
王主心女士	Ms. Julia Ong
何慶濂先生	Mr. Peter Ho
單芷筠女士*	Ms. Vivian Shan*

School Management Committees under the Education Advisory:

持續教育 Continuing Education

劉鼎新先生 [^]	Mr. Andrew Lau [^]
馮慧妍女士	Ms. Vivienne Fung
何慶濂先生	Mr. Peter Ho
單芷筠女士*	Ms. Vivian Shan*
林綺文女士*	Ms. Mavis Lam*

中學教育 Secondary Education

葉偉文先生 [^]	Mr. Patrick Yip [^]
林昭先生	Mr. Benjamin Lam, Honorary Secretary
莊簡舜卿女士	Mrs. Sheila Chuang, Honorary Treasurer
何慶濂先生	Mr. Peter Ho, School Supervisor
馮慧妍女士	Ms. Vivienne Fung
葉頌文博士	Dr. Tony Ip
李鎮洪先生	Mr. Dave Lee
關恒生先生	Mr. Alexander Kwan
麥志偉先生	Mr. Trevor Mak
王主心女士	Ms. Julia Ong
盧裕敏女士	Ms. Diana Lo
劉少龍先生	Mr. Wallace Lau
	Mr. Jocelyn Gagnon
	Mrs. Preeti Sharma
呂文濤先生	Mr. Lui Man Ho

小學教育 Primary School

(與新會商會合辦 in partnership with San Wui Commercial Society)

葉偉文先生 [^]	Mr. Patrick Yip [^]
趙子基先生	Mr. Chiu Tsz Kei, Vice Chairman
王主心女士	Ms. Julia Ong, Honorary Secretary
李鎮洪先生	Mr. Dave Lee, Honorary Treasurer
何慶濂先生	Mr. Peter Ho, School Supervisor
林昭先生	Mr. Benjamin Lam
區紹堂先生	Mr. Au Siu Tong
陳狄安先生	Mr. Dion Chen
鄭綺華女士*	Ms. Eva Cheng*
周振強先生	Mr. Stephen Chow
馮慧妍女士	Ms. Vivienne Fung
盧裕敏女士	Ms. Diana Lo
陳何惠敏女士*	Mrs. Catherine Chan*

學前教育 Pre-school & Elementary Education

王主心女士 [^]	Ms. Julia Ong [^]
何慶濂先生	Mr. Peter Ho, School Supervisor of CIKG
單芷筠女士*	Ms. Vivian Shan*, School Supervisor of CKKC & CNS(FR)
劉鼎新先生	Mr. Andrew Lau
蒲韞儀女士	Ms. Wendy Po
吳少華女士	Ms. Sylvia Wu
陳何惠敏女士*	Mrs. Catherine Chan*

[^] 委員會主席 Chairperson of Committee

* 列席員工 Staff members in attendance

CIKG – 港青基信國際幼稚園 YMCA of Hong Kong Christian International Kindergarten

CKKC – 港青基信幼稚園 (啟晴) YMCA of Hong Kong Christian Kindergarten (Kai Ching)

CNS(FR) – 港青基信幼兒學校 (農圃道) YMCA of Hong Kong Christian Nursery School (Farm Road)

設施管理及發展

Facilities Maintenance & Development

葉頌文博士 [^]	Dr. Tony Ip [^]
杜潤明先生	Mr. Tony To
王鑑鈺先生	Mr. Enzo Wong
阮禮民先生	Mr. Yuen Lai Man
簡穎琪女士	Ms. Eleanor Cunningham
何慶濂先生	Mr. Peter Ho
伍佩珊女士*	Ms. Pace Ng*
鄭綺華女士*	Ms. Eva Cheng*
林燕玲女士*	Ms. Iris Lam*

財務及稽核 Finance & Audit

麥志偉先生 [^]	Mr. Trevor Mak [^]
莊簡舜卿女士	Mrs. Sheila Chuang
王主心女士	Ms. Julia Ong
何慶濂先生	Mr. Peter Ho
鄭綺華女士*	Ms. Eva Cheng*
關健薇女士*	Ms. Kwan Kin Mei* (until February 17, 2025)
林燕玲女士*	Ms. Iris Lam*
單芷筠女士*	Ms. Vivian Shan*

賓館服務 Hostel Services

傅孟雄先生 [^]	Mr. William Fu [^]
凌浩雲博士	Prof. Howard Ling
沈樂年先生	Mr. L.N. Shun
伍智聰先生	Mr. Eric Ng
何慶濂先生	Mr. Peter Ho
林燕玲女士*	Ms. Iris Lam*
鄭綺華女士*	Ms. Eva Cheng*

人力資源 Human Resources

黃佩翰先生 [^]	Mr. David P.H. Wong [^]
葉偉文先生	Mr. Patrick Yip
翟瑞恆先生	Mr. Chak Shui Hang (until November 12, 2024)
陳天恩博士	Dr. Josiah Chan (as from March 11, 2025)
簡金港生女士	Mrs. Mimi Cunningham
何慶濂先生	Mr. Peter Ho
關健薇女士*	Ms. Kwan Kin Mei* (until February 17, 2025)
鄭綺華女士*	Ms. Eva Cheng*
林燕玲女士*	Ms. Iris Lam*
單芷筠女士*	Ms. Vivian Shan*

資訊科技 Information Technology

李天驥先生 [^]	Mr. Dave Li [^]
麥志偉先生	Mr. Trevor Mak
劉卓珊女士	Ms. Susan Lau
何慶濂先生	Mr. Peter Ho
關健薇女士*	Ms. Kwan Kin Mei* (until February 17, 2025)
鄭綺華女士*	Ms. Eva Cheng*
馮振安先生*	Mr. Tony Fung* (until December 24, 2024)

會員服務及活動

Member Service and Programme

王主心女士 [^]	Ms. Julia Ong [^]
莊簡舜卿女士	Mrs. Sheila Chuang
	Ms. Michele Huthart
關恒生先生	Mr. Alexander Kwan
江瑞榮先生	Mr. Sam Kong
黃靜虹女士	Ms. Eva Wong
何慶濂先生	Mr. Peter Ho
單芷筠女士*	Ms. Vivian Shan*
蔡偉邦先生*	Mr. James Choi*
周詠恩女士*	Ms. Bonnie Chow* (until April 9, 2025)
林綺文女士*	Ms. Mavis Lam*

聯繫持份者 Stakeholder Engagement

葉偉文先生 [^]	Mr. Patrick Yip [^]
李天驥先生	Mr. Dave Li
施力高牧師	Rev. Dr. John Snelgrove
沈嘉美女士	Mrs. Carrie Chen
何慶濂先生	Mr. Peter Ho
單芷筠女士*	Ms. Vivian Shan*
關健薇女士*	Ms. Kwan Kin Mei* (until February 17, 2025)
林燕玲女士*	Ms. Iris Lam*
蔡偉邦先生*	Mr. James Choi*
周詠恩女士*	Ms. Bonnie Chow* (until April 9, 2025)

環境、社會和管治

Environmental, Social and Governance

(as from December 11, 2024)

葉頌文博士 [^]	Dr. Tony Ip [^]
凌浩雲博士	Prof. Howard Ling
伍小翠女士	Ms. Shella Ng
簡穎琪女士	Ms. Eleanor Cunningham
何慶濂先生	Mr. Peter Ho
鄭綺華女士*	Ms. Eva Cheng*

[^] 委員會主席 Chairperson of Committee

* 列席員工 Staff members in attendance

會長和總幹事的話

Message from the President & General Secretary



會長葉偉文先生
Patrick Yip, President

總幹事何慶濠先生
Peter Ho, General Secretary

願天父和主耶穌的恩典和憐憫與你同在，主內平安！

大家好！

2024-2025財政年度是銜接著香港基督教青年會（港青）兩大里程碑的重要橋樑：從2024年1月慶祝港青於梳士巴利道美基百周年，直至2025年11月慶祝港青尖沙咀梳士巴利道總部成立百周年。在此期間，我們展開了港青西九龍耀信發展學習中心的重建工程。該中心於2010年成立以來，一直致力推動幼兒教育及持續教育。回顧新冠疫情的艱難時期，港青曾考慮出售港青西九龍耀信發展學習中心來籌措資金以支付薪酬。感謝上帝，我們不僅成功將之保留，更已全面開展重建工程，期盼它能成為社區的「燈塔」，同時也是慶祝百周年的重要里程碑。

港青總部自1925年設於尖沙咀，直至1997年香港回歸。回歸後，董事會秉持上主的呼召，決定在扎根72載後踏出尖沙咀，服事更多社群，遂於1998年先後創立港青基信幼兒學校（農圃道）及長沙灣中心。此後，亦於長沙灣中心步行距離內創立了港青西九龍耀信發展學習中心和新會商會港青基信學校（SWYHKCS）。這三個服務單位於區內形成一個猶如基督教青年會三角標誌的服務點，相互連結。在翻新後的耀信中心內，港青酒店將與會員及社區服務部合作，共同營運煥然一新的「Café Imagine」。我們殷切期盼上主持續引領，使中心能切實回應長沙灣、深水埗及西九龍社區的需要。中心重建工程預計於2025年10月竣工。



港青開放日主題「尋找·那光」，設有12盞燈亮起100個燈泡的巨型背景幕，象徵港青百周年及所培育的12項基督價值觀。
The theme, "Seeking the True Light", 100 lightbulbs were powered up in a giant backdrop that symbolized centennial celebration from 12 lamps that symbolized the 12 Christian Values.

經歷了2022-2023財政年度的重大轉折，以及2023-2024財政年度的勉勵後，2024-2025財政年度可謂「預備之年」——港青將更有系統地實踐使命，回歸至港青成立的初衷。於2024年10月舉行的周年會員大會上，選舉會員通過了2023-2024年度年報《承先啟後》。榮休董事方麗麗女士自2009年起忠心事奉董事會，於周年會員大會上帶領讀經，勉勵眾人要堅定不移、緊守門徒所傳授給我們的教導，在神的恩典中得著安慰與力量，並引用了帖撒羅尼迦後書二章15-17：「所以弟兄們，你們要站立得穩，凡所領受的教訓，不拘是我們口傳的、是信上寫的，都要堅守。但願我們主耶穌基督，和那愛我們、開恩將永遠的安慰，並美好的盼望，賜給我們的父神，安慰你們的心，並且在一切善行善言上，堅固你們。」。董事會同時歡迎2023年起參與賓館服務委員會及會員服務及活動委員會的凌浩雲教授加入董事會。莊簡舜卿女士提名麥志偉先生接任榮譽司庫。莊女士自2014年起勤勉盡責地帶領財務及稽核委員會，現將繼續留任委員會，確保交接順利。麥先生自2020年起擔任財務及稽核委員會成員，自2022年起出任董事。願上主繼續教導董事會行善並引領其當行之道。（以賽亞書48:17）。

港青盈收於2024-2025財政年度下跌了4.7%，而支出則維持與上一財政年度同一水平。繼2023-2024年度創下新高後，港青酒店整體收入錄得9.9%的跌幅，其中客房收入因裝修工程影響下降6.5%，餐飲收入則因香港餐飲業的結構性挑戰下降20%。2024-2025年度酒店客房入住率仍維持於91%的高水平，但平均房價較上一年度略降5.6%。會員及社區服務部（M&CS）收入整體下跌1.9%，其中項目及活動收入下降5.9%，社區服務收入則上升4%；教育服務收入較2023-2024年度輕微增長0.5%。港青於2024-2025財政年度錄得3115萬元盈餘，使本年度已經計劃的得以順利完成。神是信實的。在港青總部成立百周年的2025年，港青一直被賦予所祈求的，亦體驗了主耶穌教導門徒的禱告：「我們日用的飲食，今日賜給我們」。（馬太福音6:11）。

經過多年的籌備，西九聯青社於港青百周年之際正式成立，並於9月14日舉行開幕典禮。西九聯青社由創會會長馮楚穎小姐（Cynthia）領導，她同時是「傲翔新世代」全方位青年領袖訓練計劃（YLD）校友及「Change Agent」。西九聯青社共有21位創會會員，其中大部分曾經是港青青年項目「傲翔新世代」全方位青年領袖訓練計劃（YLD）、A-Life Academy（A-Life）及Boundless的參加者，並後來成為義工。

在2024年12月，港青於港青酒店中庭大堂舉辦了「Meaningful Christmas Tree 100」展覽。籌辦期間邀請了100位來自社區及企業的熱心人士與港青長沙灣中心及東涌中心的100名基層家庭小學生共同製作屬於他們的聖誕樹。所有籌得的善款均撥捐東涌中心的兒童發展基金計劃。港青開放日設置了一個巨型背景幕，由12盞燈亮起100個燈泡，象徵港青所培育的12項基督價值觀：關愛、忠誠、尊重、責任、和平、賦權、



港青酒店中庭大堂舉辦「Meaningful Christmas Tree 100」展覽
The "Meaningful Christmas Tree 100" exhibition at The Salisbury's Atrium Lobby



港青於2025年6月21日舉行了義旗日
YMCAHK held a Flag Day on June 21, 2025

侍奉精神、信念、希望、仁愛、寬恕及自我控制。是次開放日主題為「尋找，那光」，寓意港青致力成為燈塔，指引青年人追尋有意義的人生，並讓 神的愛透過我們在社區中的服務與服侍而展現。

港青於5月慶祝其歷史最悠久的社會服務計劃——海外家務助理部成立30周年。每逢星期日，這些離鄉背井的姊妹們來到港青進修，為未來人生裝備自己。現時計劃擁有超過30位義工，其中大部分更已持續服務超過20年。這些外籍家務助理犧牲與家人團聚的時光，遠赴香江謀生，既為養活故鄉親人，也讓僱主得以無後顧之憂地外出工作。我們以「Together We Rise; Celebrating Our Journey」為題，誌慶海外家務助理部成立30周年的里程碑。當日百位畢業學員臉上洋溢著喜樂與盼望，這是一個充滿喜悅的時刻，讓我們見證了天父的愛如何彰顯這群姊妹以勇氣、堅毅與韌性，使她們繼續為香港的繁榮作出積極貢獻。

當晚，港青亦舉辦了名為「Together We Thrive」感恩慈善晚宴，慶祝港青為海外家務助理及於長沙灣中心為少數族裔群體所開展的服務。由the DOOOOR藝術家創作的12幅以基督價值觀為題的藝術作品，於晚宴中進行無聲拍賣。籌得的善款之百分之三十已撥捐予斯洛伐克基督教青年會，用以修復其位於布拉提斯拉瓦、擁有百年歷史的珍貴會址。這正是愛的體現——無私奉獻，成就他人。

港青致力將青年會2030願景的四大支柱——促進社區全人健康、締造豐盛生涯歷程、推動可持續發展及提倡和平共融世界融入現有服務與計劃。由葉頌文博士擔任主席的「環境、社會和管治委員會」(ESG Committee)正式成立，旨在促進跨平台協作，共同慶賀港青百周年。港青的ESG理念是一個深根於基督管家的整合框架，推動轉化生命並實踐有意義的人生。於2024年10月的亞洲安全管理高峰論壇上，港青酒店榮獲由香港執業安全師學會頒授的「ESG銀獎」。同時，港青尖沙咀總部在迎來百周年的重要時刻之際，於2025年6月獲得香港環保建築專業議會在「BEAM Plus Existing Building Version 3.0 (Beta 0)」最終評核中的金級評級。

在教育方面，港青基信書院(YHKCC)於2024年7月舉行了運動之夜，以慶祝學生的體育成就；又舉辦了校園之夜，以表彰學生的學術成就。學生們在答謝辭中，向老師、教練、家長及隊友致以感謝，充分表達了他們的感恩之情。最重要的是，我們感謝上帝賜予我們一切所需，滋潤並眷顧整所學校。Felix是一名在全港基督教青年會成長的中五學生，畢業於港青基信幼稚園(西九龍)和SWYHKCS，獲得了中國香港學界體育聯合會頒發的「葛量洪學界傑出運動員獎」。他勇敢面對傷患困難，並於跳遠項目中創下個人年度最佳成績。他成功的秘訣之一，就是在每一次比賽中都邀請耶穌與他並行。

YHKCC和SWYHKCS於2024年8月以教師及職員開學崇拜揭開新學年序幕，一同反思本年度的校訓經文：「你要專心仰賴耶和華，不可倚靠自己的聰明。在你一切所行的事上都要認定祂，祂必指引你的路。」(箴言3:5-6)。2024-2025學年同時見證首屆SWYHKCS畢業生於YHKCC完成中學課程。這段經文正正是他們於2019年小學畢業時的校訓經文，再次彰顯天主為學生生命中特別設計的奇妙計劃。以箴言3:5-6祝福作起始以及終結，再一次提醒學生在6年的中學生涯中，神一直與他們同行。當我們領悟生命中的巧合乃是上主的精心安排，平凡的時刻便成為信仰的見證。

於2024-2025學年完結之際，SWYHKCS小六學生於6月上演《Emoji Musical》，透過生動有趣的演出，讓學生、家長及嘉賓一同參與，表演強調獨立決策與慎思明辨的重要性。而YHKCC學生則製作了名為《Arabian Nights》的音樂劇，讓學生探索寬恕、智慧及愛等永恒主題。是次演出不僅是一場藝術表演，更為學生帶來一次轉化性的學習體驗，幫助他們發展表演、歌唱及舞蹈的技能，同時培養團隊合作、紀律與自信。



15位新會商會港青基信學校的畢業生，同樣也是來自港青基信國際幼稚園或港青基信國際幼稚園(西九龍)。
15 graduates of SWCS YMCA of Hong Kong Christian School who also graduated from CIKG and CIKG (West Kowloon)

YHKCC和SWYHKCS在2024-2025學年的聖經經文
The scripture for the 2024-2025 school year at YHKCC and SWYHKCS





港青基信幼兒學校(農圃道)慶祝成立25周年，現已退休的創校校長區少群女士(左四)及校友均有出席。
The YMCA of Hong Kong Christian Nursery School (Farm Road) celebrated its 25th anniversary, with retired founding principal Ms. Loretta Au (fourth from the left) and alumni in attendance.

港青基信幼兒學校(農圃道)(Farm Road)於2024年8月迎來25周年校慶。榮休創校校長區少群女士回顧於幼稚園教育莘莘學子的美好時光，亦見證了上主如何帶領港青開展聖經課程，作為教學與學習的根基。校慶當日播放了已移居海外的校友錄像，並聆聽校友於崇拜中真摯的禱告，帶來莫大的喜樂與確據——港青已引導學生成長於正道之上。更令人欣慰的是，在畢業10年後，校友們在信仰上的成長與扎根，成為最美好的見證。

港青基信國際幼稚園(CIKG)及港青基信幼稚園(啟晴)(CKKC)舉辦一系列特別活動，讓學生一同分享港青百周年喜悅，包括「百米跑」、製作100個和平禮盒及100個祝福袋，以此祝福深水埗及東涌中心的家庭。此外，5間基督教青年會屬校——CIKG、Farm Road、CKKC、SWYHKCS及YHKCC的學生亦各自奉獻20幅畫作，共繪製100幅作品，以誌慶港青成立百周年的重要里程碑。

會員及社區服務部於2025年6月舉行員工退修日，主題為「Let Go, Reorganize, and Walk again Together」。80位同工聚首一堂，透過遊戲、敬拜、經文反思及禱告，學習放下與重整身心，為再度啟航作準備，重拾力量，繼續前行的旅程。為促進港青員工間的凝聚力，是次退修日更邀請賓館服務部、財務及行政部、人力資源部、資訊科技部、聯繫持份者部，以及SWYHKCS校長一同參與，與會員及社區服務部的同工共享退修日的美好時光。

美孚農墟自2012年起連續12年每逢星期日舉行，於2024年10月舉行了最後一次市集。農墟是九龍區唯一讓本地農民聚集、推廣及售賣有機農產品的市場。港青一直致力以行動支

持本地農民。農墟光榮結束後，部分農民已經遷移至港青尖沙咀總部繼續售賣有機農產品。

為彰顯港青對體育精神及社區參與的承諾，會員及社區服務部於本年度舉辦多項重要活動。9月舉行了基督教青年會羽毛球公開賽及三對三籃球賽。而基督教青年會游泳學院於去年10月成功舉辦了2024年度游泳嘉年華。港青籃球隊亦於一月至四月期間，與嗎哪合辦「第二屆香港基督教籃球街頭聯賽」。今年夏季，港青日營部共舉辦了110場營會，服務超過1,600名營友。今年亦是日營部首次設立「營會領袖價值獎章」，表彰實踐12項基督價值觀的營會領袖；同時，我們連續第二年邀請來自世界各地(包括烏克蘭)的基督教青年會青年成員，以國際工作人員身份來港參與文化交流計劃，與我們共享營會經驗。此舉旨在向這個受戰爭影響的世界傳遞一份關懷，表達我們對各地基督教青年會兄弟姐妹的愛與支持。港青衷心感謝能有此機會，成為一群身處戰火國度的青年人的鼓勵之源，並作為和平的器皿，為他們帶來療愈、團結與希望。

海外交流服務團是港青夏季的標誌性活動。為了讓青年人經歷有意義的體驗，更深入了解基督教青年會的使命，港青本年度繼續與其他基督教青年會一同合辦共3場海外交流服務團。A-Life團隊出發到台灣台南；Boundless團隊前往斯里蘭卡莫勒圖沃；而YLD團隊則前往泰國清邁。第1357旅重軍隊更攀登富士山，全團安全並成功登上標高3776米的山頂。去年12月，港青游泳隊前往日本大阪基督教青年會進行訓練及文化交流計劃，青年事工團隊則前往四川成都參與文化交流。港青亦於2024年夏季派出一名員工到蒙古基督教青年會進行實習計劃。而阿根廷基督教青年會自疫情後每年均派青年領袖參與港青夏令營，今年度更邀請我們的日營部主任Esther造訪他們的營地。在營會期間，日營部同工展現出熱忱與堅定承諾，冀為未來參加者帶來難忘及激勵人心的體驗。

在我們的港青，YLD於9月慶祝第24屆學員畢業，並啟動第25屆學員課程。A-Life於2024年10月舉行年度慶典，慶祝第12屆學員完成課程，並頒發獎項予第13屆學員。Boundless則於同年10月慶祝第8屆學員畢業，同年11月舉辦第9屆學員迎新營。

「the DOOOR藝術空間」培育了無數藝術項目、活動及工作坊，如「ARTHOOD」，並於11月成立首個社企項目「DOOORWAY」。於2025年，ARTHOOD迎來第4屆藝術家，累積共51位勇敢追夢的本地藝術家。ARTHOOD為這些藝術家提供展覽及合作機會，讓他們發展、參與及向公眾展示創意，同時建立藝術創作者的社群。DOOORWAY則



會員及社區服務部於6月舉行退修日
Member & Community Services hosted its 2025 retreat in June

是由港青新成立及營運的社會企業，為沒有參與正規教育或工作經驗、渴望投身藝術文化及創意產業的青年提供培訓，為他們裝備必要技能，並協助職涯規劃。

港青酒店於天台花園舉辦的3場觀賞煙花匯演活動全數售罄，包括慶祝國慶、跨年倒數及農曆新年。受邀嘉賓包括受助於深水埗及東涌中心的基層家庭、來自教會關懷貧窮網絡（HKCNP）的家庭，以及來自我們海外家務助理部的參加者。2024年9月，港青與聖士提反會合辦「God's Heart for the Middle East」慈善午餐暨研討會，邀請黎巴嫩非政府組織THIMAR作嘉賓。港青酒店為活動獻上地道的中東佳餚，獲得嘉賓一致好評。

基督教青年會的聖經研讀及祈禱聚會始於1844年。1901年在香港創立基督教青年會的國際幹事均為傳教士。員工的靈命成長同樣不可忽視。Peter持續每月兩次帶領港青同工領袖參與聖經研讀。年內，Peter亦為管理層同工舉辦兩期John Maxwell所創立的「Beyond Success」課程，致力引導他們活出有意義的人生。完成「Alpha」課程的同工可參加進階班「Alpha Plus」。另外，管理層同工亦有機會參與位於黎巴嫩「SKILD」(Smart Kids with Individual Learning Differences)中心提供的線上課程，該課程提供注重靈性、包容且實用的工具，讓他們學習與不同學習差異人士工作。港青繼續舉辦為本地及國際教會牧者設計的晨禱聚餐並與教會關懷貧窮網絡（HKCNP）合作，為基層家庭提供Y'Carecation，及為牧師提供Y'Praycation。

港青於2024-2025財政年度繼續參與世界基督教青年會使命大會。2024年10月於紐約銀湖舉行的大會主題為「基督在全球基督教青年會」(「Christ in the Global YMCA」)。大會主旨演講聚焦於「基督教青年會歷史上的精神教訓」(「Spiritual Lessons from YMCA History」)及「基督教青年會的基礎」(「Foundation of the YMCA」)——巴黎本旨的四大基礎：耶穌基督（上帝的兒子）、聖經（上帝的話語）、門徒（上帝的跟隨者）及天國（上帝的使命）。Peter受邀分享港青如何見證基督教青年會的使命及經歷與上帝並行的工作。

港青將於2025年11月在港青酒店主辦第二屆亞洲基督教青年會使命大會（AYMC），緊接於百周年感恩慶典之前舉行。香港基督教青年會的同工與亞洲基督教青年會使命網絡成員於一月時聚首於新加坡京華基督教青年會，集思廣益籌備本屆使命大會，主題為「Faithful Fellowship — Preparing for the Next Chapter」。

2024年10月，由世界基督教青年會協會（WAY）主辦的「YMCA Accelerator Summit」於肯亞蒙巴薩舉行，全球基督教青年會領袖齊聚一堂，推動青年會2030願景的實踐。會員及社區服務高級總監覃芷筠女士率領代表團，涵蓋港青的青年會2030願景四大支柱的代表及第五屆「Change Agent」成員。WAY亦公布首屆世界YMCA影響力獎（「World YMCA Impact Awards」）的入圍名單，港青榮獲「提倡和平共融世界」類別入圍殊榮，項目為「Resilient Together: Embracing diversity and inclusion workplace in new normal」。

2025年2月，德國基督教青年會在杜塞道夫基督教青年會主辦了世界基督教青年會協會（WAY）全球總幹事（NGS）會議。會議每日始於以基督教青年會使命、寬恕與感恩為主題的靈修，並反思聖經，探討如何在基督教青年會中接待並展現耶穌款待之道。NGS共同探討如何轉化並強化全球基督教青年會運動。講者Dr. Jörg Dechert提醒總幹事們要

像激流泛舟隊伍般具備靈活應變的能力，在當今「BANI」——脆弱（Brittle）、焦慮（Anxious）、非線性（Non-linear）且難解（Incomprehensible）的世界中，需結合協調與自主，靈巧地應對曲折多變的環境，並與會者參觀當地青年會及科隆大教堂，汲取靈感。

首屆Asia Pacific Christian Youth Assembly於2024年9月在韓國濟州島舉行。代表們被敦促需就氣候變化與和平相關的緊迫議題採取相應行動，並擁抱他們的普世基督教身份。兩名青年同工代表港青出席首屆大會。參加者通過參與「Action4Climate」遊行，積極展示他們對氣候正義的承諾。港青同工及其製作的標語獲選刊登於亞太協會（APAY）2024年年報封面，主題為「Engaging, Empowering, Equipping Young People and Community」。

港青酒店於2025年3月接待APAY的「強化基督教青年會運動委員會」(「Movement Strengthening Committee」)（MSC），共同承諾鞏固基督教青年會以基督身份和普世本質為根基的願景。委員會於2025年的優先處理事項之一，是促進東埔寨及越南基督教青年會的發展，助他們變強且獨立。港青一直是東埔寨及越南夥伴支援小組（PSG）成員。為支持此項計劃，港青將參與由越南基督教青年會籌辦的海外服務團。

APAY於2025年4月在馬來西亞檳城基督教青年會主辦年度執行委員會會議（ECM）。APAY會長Fr. Philip Thomas鼓勵基督教青年會注入新活力，恢復作為按天父上帝形象所造人的尊嚴。每日靈修提醒與會代表，上主的愛乃是基督教青年會使命之燃料，基督教青年會人是「Easter People」，以盼望而活。Peter代表港青簽署了與APAY及柬埔寨、泰國、越南夥伴支援小組的協議。港青亦參與APAY籌款活動，義賣韓國著名攝影師限量攝影作品的複製品。

2024年1月21日，港青啟動感恩季，慶祝港青總部於梳士巴利道奠基百年。隨後在2024-2025財政年度，百周年籌備委員會在會員及社區服務高級總監覃芷筠女士（Vivian Shan）及港青酒店總經理林燕玲女士（Iris Lam）的聯合帶領下，積極準備將於2025年11月26日舉行的百周年盛大慶典。位於Y. Musée外的「傳承之牆」，猶如記載耶穌基督家譜的《馬太福音》第一章，紀錄歷屆會長及總幹事，提醒我們珍視港青傳統及歷史。儘管面對挑戰，喜樂與平安依舊長存。五旬節主日，無線新聞播出梳士巴利道香港基督教青年會總部百年歷史的短片，及時提醒我們珍惜過去。神透過基督教青年會工作所彰顯的愛。我們即將迎來港青總部百周年盛大開幕，並為這個高興的時刻帶來反思及歡慶感恩。正如主所應許：「主耶和華如此說，看哪，我必親自尋找我的羊，將他們尋見。」（以西結書34:11），願我們成為善良的牧者，聆聽耶穌善牧的聲音，認識祂，與祂同行，邁向下個一百年。

「我豈沒有吩咐你麼，你當剛強壯膽，不要懼怕，也不要驚惶，因為你無論往那裡去，耶和華你的神必與你同在。」（約書亞記1:9）「他對我說，我的恩典夠你用的。」（哥林多後書12:9）「你們祈求，就給你們。尋找，就尋見。叩門，就給你們開門。」（馬太福音7:7）

願榮耀單單歸於神

願主祝福你！

葉偉文、何慶瀛 敬上

Grace, mercy, and peace from God the Father and Christ Jesus our Lord.

Greetings from the YMCA of Hong Kong!

FY2024-2025 stood as a bridge between the Centennial of Laying the Foundation Stone in January 2024 and the Centennial Grand Opening of YMCA of Hong Kong Headquarters on Salisbury Road (Centennial) in November 2025. We embarked on the redevelopment of Beacon Center, which was established in 2010 with a focus on early childhood education and continuing education. During the difficult period of Covid, the Association considered selling Beacon Center to generate cash to cover payroll. Thanks be to God that not only have we kept Beacon Center, we have now embarked on its comprehensive redevelopment as a "lighthouse" for the community and to mark as an important milestone to celebrate our Centennial.

YMCAHK has been solely located in our Tsim Sha Tsui (TST) Salisbury Road Headquarters since 1925 until the handover in 1997. Post-handover, the Board of Directors decided to venture out of our comfort zone TST after 72 years, convicted that God was calling us to serve other community and leading us to establish YMCA of Hong Kong Christian Nursery School (Farm Road) and Cheung Sha Wan Community Center (CSW) in 1998. We have since opened Beacon Center in West Kowloon and SWCS YMCA of Hong Kong Christian School (SWYHKCS) in Sham Shui Po, both within walking distance from CSW. The three service units connected to form a triangle in the area resembling the YMCA Triangle. In the renovated Beacon Center, The Salisbury will venture out of TST to partner with Member & Community Services (M&CS) to operate a transformed Café Imagine. We look forward to God's continuous guidance for Beacon Center to serve the needs of the community in Cheung Sha Wan, Sham Shui Po and West Kowloon. The Beacon Center redevelopment is expected to complete by October 2025.

After a Watershed Year of FY2022-2023 and a Year of Encouragement in FY2023-2024, FY2024-2025 can be described as a Year of Preparation to systematically draw the Association back to the core of its existence – the Mission of the YMCA. At our October 2024 Annual General Meeting (AGM), Voting Members accepted the Annual Report 2023-2024 "Inherit the Past, to Shape the Future". Retiring Board Director Ms. Lily Fong, who has faithfully served on the



港青周年會員大會2024
Annual General Meeting of YMCA of Hong Kong 2024

Board since 2009, read the AGM scripture, reminding us to stand firm and hold fast to the teachings passed on to us by the apostles and to be encouraged by the grace of God (2 Thessalonians 2:15-17). We welcomed Professor Howard Ling, who joined the Hostel Services Committee and Member Service & Program Committee in 2023, to the Board. Mrs. Sheila Chuang nominated Mr. Trevor Mak to succeed her as Honorary Treasurer. Sheila has tirelessly led the Finance & Audit Committee (FAC) since 2014, and will continue to serve on FAC to ensure a seamless transition. Trevor has been a member of FAC since 2020 and a Board Director since 2022. May the Lord continue to teach the Board what is good for its good and lead the Board on the way it should go. (Isaiah 48:17).

Revenues of the Association decreased by 4.7% in FY2024-2025 while Expenditures remained at the same level as FY2023-2024. After a record year in FY2023-2024, The Salisbury realized a 9.9% decrease in overall revenue, including 6.5% decrease in Rooms revenue, due primarily to renovation work, and a 20% decrease in Food & Beverage (F&B) revenue due primarily to structural challenges faced by the F&B industry in Hong Kong. Room Occupancy for FY2024-2025 at The Salisbury remained strong at 91%, with Average Room Rate decreasing slightly by 5.6% from FY2023-2024. M&CS realized an overall slight decrease in revenue of 1.9%, with Programs recording a 5.9% decrease, while Community Services a 4% increase. Education Services revenue slightly increased by 0.5% compared to FY2023-2024. The Association was grateful for a \$31.15 million surplus in FY2024-2025, and able to complete the work we had planned for the year. God is faithful. In this Year of Preparation to

welcome the Centennial in November 2025, the Association continued to receive what we needed and truly experienced what Jesus taught his disciples, "give us this day our daily bread" (Matthew 6:11).

After years of planning, the Y's Men Club of West Kowloon (YMWK) was established during this Centennial season, with the inauguration ceremony held on September 14. Led by Club Charter President Cynthia Fung, a Change



西九聯青社創社成員就職典禮
Charter members of Y's Men Club of West Kowloon at the inauguration ceremony

Agent and Youth Leadership Development (YLD) alumni, YMWK began with 21 charter members, most of whom had been participants and subsequently volunteers of YMCAHK youth programs YLD, A-Life Academy (A-Life) and Boundless.

In December 2024, the Association hosted the "Meaningful Christmas Tree 100" exhibition at The Salisbury's Atrium Lobby. 100 caring individuals and companies were mobilized to partner with 100 primary school students from under-resourced families in CSW and Tung Chung Center (TC) to create their own Christmas trees with Toy Reborn for Christmas 2024. All proceeds raised were used to support the Child Development Fund program at TC. 100 lightbulbs were powered up in a giant backdrop from 12 lamps that symbolized the 12 Christian Values: Caring, Honesty, Respect, Responsibility, Peace, Empowerment, Servanthood, Faith, Hope, Love, Forgiveness and Self-Control that we nurture at YMCAHK at our annual Open House. The theme, "Seeking the True Light", symbolized our commitment to serving as a lighthouse guiding young people in pursuing a purposeful life and letting God's love to shine through our work and service in our community.

In May, the Association celebrated the 30th anniversary of its longest running social program – the Overseas Domestic Helpers Program (DH). Every Sunday, overseas domestic workers come to YMCA to take classes to equip themselves for their future. There are over 30 volunteers in DH, many of whom have served for over 20 years. Overseas domestic workers leave behind their families and come to Hong Kong to earn a sacrificial living, enabling them to support their own families at home and make it possible for their employers to work outside of the home. We marked the 30th anniversary milestone in this Centennial season with "Together We Rise; Celebrating Our Journey". Joy and hope radiated from the hearts of the 100 graduates. What a joyful occasion to witness the Love of God reflected in their courage, perseverance and resilience to make a positive contribution to the prosperity of Hong Kong.



港青海外家務助理部成立30周年
Celebrating 30 years of YMCAHK's Overseas
Domestic Helpers Program

That evening, the Association hosted a Thanksgiving Charity Dinner "Together We Thrive" to celebrate our work with overseas domestic workers and the ethnic minorities in CSW. Artists from the DOOOR created 12 art pieces for a silent auction with the theme of the 12 Christian Values. 30% of the net proceeds raised were given to support the restoration of YMCA Slovakia's 100-year old beautiful historic brick building in Bratislava. Love empowers us to give ourselves generously for the good of others.

Elements of the Four Pillars of YMCA Vision 2030 – Community Wellbeing, Meaningful Work, Sustainable Planet and Just World were integrated into all YMCA service and programs. Environment, Social and Governance (ESG) Committee chaired by Dr. Tony Ip was established to encourage cross-pillar collaboration to celebrate our Centennial. ESG of the Association is an integrated framework rooted in Christian stewardship to live a purposeful life of transformation. In October, The Salisbury received the ESG Silver Award for Safety Culture presented by the Institute of Safety and Health Practitioners at the Asia Management Safety Summit 2024. In this Centennial season of YMCA on Salisbury Road, TST Headquarters received a "GOLD" rating for BEAM Plus Existing Building Version 3.0 (Beta 0) in the Final Assessment of BEAM Society Limited in June 2025.



港青基信書院同學Felix Tsang獲中國香港學界體育聯合會頒發葛量洪學界傑出運動員獎

Felix Tsang from YHKCC received the Grantham Outstanding Student Athletes Award from the Hong Kong Schools Sports Federation

In education, YMCA of Hong Kong Christian College (YHKCC) celebrated our student athletes at Sports Night and students' academic achievement at College Night at the end of the school year in July 2024. The Vote of Thanks expressed by individual students to their teachers, coaches, parents and teammates fully reflected their gratitude. Most of all, we thank God for all His provision and the grace He bestowed on the school. Felix Tsang, a Form 5 student brought up in YMCA after graduating from YMCA of Hong Kong Christian International Kindergarten (West Kowloon) and SWYHKCS, received the Grantham Outstanding Student Athletes Award from the Hong Kong Schools Sports Federation. Felix overcame injuries and recorded his seasonal best long jump performance. One of Felix's secret to success is inviting Jesus to his competitions.

YHKCC and SWYHKCS began the 2024-2025 school year in August with commencement service for teachers and staff reflecting on the School Scripture of the Year – “Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways submit to him, and he will make your paths straight.” (Proverbs 3:5-6). 2024-2025 marked the 1st cohort of SWYHKCS graduates graduating from YHKCC. The same Scripture was the one chosen for SWYHKCS when they graduated from primary school in 2019, underscoring God’s marvelous and incomprehensible plan for the students. Proverbs 3:5-6 book-ending their 6 years of secondary school reminded students that God was with them throughout their YMCA educational experience. When we recognize that coincidence is but a divine encounter, an ordinary moment becomes extraordinary.

At the end of the school year 2024-2025 in June, Year 6 students of SWYHKCS performed an “Emoji Musical”, engaging students, parents and guests in a delightful performance that highlighted the importance of independent decision-making and making thoughtful choices. YHKCC produced a captivating musical “Arabian Nights” for students to explore timeless themes such as forgiveness, wisdom and love. More than just a performance, the musical presented a transformative learning experience for YHKCC students to develop their acting, singing, and dancing skills while fostering teamwork, discipline and confidence.

Farm Road celebrated its 25th anniversary in August 2024. Retired Founding Principal Ms. Loretta Au recalled the early days of the nursery school and how God directed YMCAHK to launch the Bible Curriculum as the foundation of our teaching and learning. Watching the recorded videos of alumni who have moved overseas and listening to the authentic prayers offered by the alumni during worship brought joyful assurance that YMCAHK has trained our students up well in the way they should go. It was gratifying to witness their growth in faith 10 years after graduation.

YMCA of Hong Kong Christian International Kindergarten (CIKG) and YMCA of Hong Kong Christian Kindergarten (Kai Ching) (CKKC) organized special activities for students to share the Centennial spirit such as 100-meter runs, 100 Peace Boxes and 100 Blessing Bags to bless the families in CSW and TC. The students from all 5 YMCA schools – CIKG, Farm Road, CKKC, SWYHKCS and YHKCC each contributed 20 paintings for a total of 100 paintings to celebrate the Centennial.

M&CS hosted its 2025 Staff Retreat in June – “Let go, Reorganize, and Walk again together”. 80 staff gathered to engage in games of letting go, and reorganizing through worship, scripture reflection and prayers that we may set sail again to continue our journey. To foster YMCA unity, the entire management teams of Hostel Services, Finance & Administration together with Human Resources, Information Technology and Stakeholders Engagement, and Principal of SWYHKCS joined the M&CS staff retreat.

Mei Foo Farm Fest held its final Sunday gathering in October after operating every Sunday consecutively for 12 years since 2012. The Farm Fest was the only place in Kowloon where



來自全球基督教青年會的青年領袖齊聚香港，共同分享營會經歷。
Young leaders from YMCA around the world came to Hong Kong to share our camping experience.

local farmers could gather and promote and sell organic produce to the public. The Association is committed to supporting these local farmers. A few farmers were relocated to selling their organic produce in the YMCA Headquarters in Tsim Sha Tsui.

Underscoring the Association’s commitment to sportsmanship and community engagement, Sports & Recreation organized several major events during the year. YMCA Badminton Tournament Open and YMCA 3x3 Basketball Tournament were held in September. YMCA Swimming Academy successfully held the 2024 Swimming Gala in October. YMCAHK Basketball Team co-organized Street Hope Basketball League 2 with MANNA that ran from January to April. During the summer, the Camping Unit organized 110 camps for over 1,600 campers. This was the first year Camping Unit offered award medals to camp leaders exhibiting the 12 YMCA Christian values; and the second consecutive summer that we invited young men and women from YMCAs around the world including Ukraine as international staff to come to Hong Kong for a cultural exchange program and to share our camping experience. It was a gesture for us to show that we care and love our YMCA brothers and sisters in a war-torn world. YMCAHK is thankful that we can be a source of encouragement and an instrument of peace that brings forth healing, unity and hope for a group of young women whose country is at war.

Overseas Service Trip is a signature YMCA summer youth program. In order to provide meaningful experience and help our youth to better understand the YMCA Mission, these trips were organized with the partnership of local YMCAs. A-Life went to Tainan, Taiwan, Boundless went to Moratuwa, Sri Lanka and YLD went to Chiangmai, Thailand. Scout 1357th Company took on Mount Fuji reaching the summit at 3776



出席基督教青年會Mombasa Accelerator Summit 2024的港青代表
YMCAHK delegates at the Mombasa Accelerator Summit 2024

Meters on their own. In December, YMCAHK Swimming Team went to YMCA Osaka on a Training and Cultural Program and the youth team went to Chengdu, Sichuan for Cultural Exchange Program. The Association sent a staff to the YMCA Mongolia during the summer 2024 for an Internship Program. YMCA Argentina, who has been sending youth leaders to YMCAHK each year since our summer camps reopened post-Covid, invited our International Camping Coordinator Esther Hui to visit their camps in January and February. Many inspiring moments during these camps testified to camping staff's passion and unwavering commitment to delivering memorable experience to all participants.

At home, YLD celebrated the graduation of its 24th cohort and launched its 25th cohort in September. A-Life held its annual celebration in October to celebrate the completion of its 12th cohort and presented awards to its 13th cohort students. Boundless celebrated the graduation of its 8th cohort in October and kicked off orientation camp for its 9th cohort in November.

"the DOOOR" has nurtured countless art projects, events and workshops such as ARTHOOD, and launched its first social enterprise DOOORWAY in November. ARTHOOD welcomed its 4th cohort of artists in 2025, bringing together a total of 51 local artists courageously pursuing their dreams. ARTHOOD provides exhibition and collaboration opportunities for these artists, allowing them to develop, engage and showcase their creativity to the public and build a community of artistic creators. DOOORWAY, a newly established social enterprise run by YMCAHK will train up non-engaged youths who aspire to join the arts, culture and creative industries and equip them with necessary skills, as well as assist them with career planning.



世界基督教青年會使命會議成員聚會於10月10至12日在紐約銀湖基督教青年會舉行
World Mission Conference Network Gathering was held from October 10 to 12 in Silver Bay YMCA

The Salisbury organized three fully sold-out fireworks events at the Rooftop Garden to celebrate National Day, New Year's Eve Countdown and Lunar New Year. Invited guests included grass-root families served by CSW and TC, families from the partner churches of the Hong Kong Church Network for the Poor (HKCNP) and overseas domestic workers from our DH program. YMCAHK, together with St Stephen's Society, partnered with THIMAR from Lebanon to co-host a fundraising lunch seminar "God's Heart for the Middle East" in September 2024. The Salisbury orchestrated the most amazing Middle Eastern cuisine for the occasion and received many compliments from all our guests.

YMCA began with prayer and Bible study in 1844. The YMCA International Secretaries who established YMCA in Hong Kong in 1901 were missionaries. Spiritual development of our staff cannot be neglected. Peter continued to lead Bible fellowship twice a month with staff leaders of the Association. During the year, Peter also facilitated 2 cohorts of John Maxwell's Beyond Success for managerial staff on living a life of significance. Alpha Plus was offered to staff who had completed the Alpha course. Managerial staff also had the opportunity to take the Guided & Skilled Course online offered by the SKILD (Smart Kids with Individual Learning Differences) Center in Lebanon. The course provided practical tools as well as a focus on the spiritual dimension of inclusiveness to equip our staff to work with individuals with learning differences. The Association continued to host breakfast and prayer gatherings for pastors from both international and local churches; and to partner with the HKCNP to provide Y'Careation to grassroots families and Y'Praycation to church pastors.

YMCAHK continued to participate in YMCA Mission Conference in FY2024-2025. "Christ in the Global YMCA" was the theme in Silver Bay, New York in October 2024. Keynote addresses focused on the "Spiritual Lessons from YMCA History" and the "Foundation of the YMCA" built on the Four Corners of the Paris Basis – Jesus Christ (God's Son), the Bible (God's Word), Disciples (God's Followers) and the Kingdom (God's Mission). Peter was invited to share a testimony on how the Association carried out the YMCA Mission and experienced the presence of God in our work.

The Association will be hosting the 2nd Asia YMCA Mission Conference (AYMC) at The Salisbury in November 2025 immediately preceding our Centennial Thanksgiving Celebration. YMCAHK staff alongside other members of Asia YMCA Mission Network gathered at Metropolitan YMCA of Singapore in January to brainstorm ideas for the 2nd AYM – "Faithful Fellowship – Preparing for the Next Chapter".

Global YMCA leaders gathered in Mombasa, Kenya for the YMCA Accelerator Summit in late October organized by World Alliance of YMCAs (WAY) to drive forward Vision 2030. Ms. Vivian Shan, Senior Director of M&CS led a delegation with representatives from each of the 4 Vision 2030 Pillars together with the 5th Cohort Change Agents of the Association. WAY announced the finalists of the inaugural Impact Awards. YMCAHK was honored to be selected as a Finalist of Just World for "Resilient Together: Embracing diversity and inclusion workplace in new normal".

YMCA Germany graciously hosted the WAY National General Secretaries (NGS) Conference at YMCA Düsseldorf in February. The NGS Conference began daily with devotion focused on YMCA Mission, forgiveness and gratitude, and reflecting on scripture how we should welcome Jesus and show him hospitality in the YMCA. Together, NGS looked into how to transform and strengthen our YMCA Movement. Speaker Dr. Jörg Dechert reminded NGS that we need the agility of a white-water rafting crew, combining alignment and autonomy to constantly navigate a course with unexpected twists and turns with undercurrent, bumps and obstacles in today's BANI (brittle, anxious, non-linear and incomprehensible) world. NGS visited a local YMCA and the Cologne Cathedral to draw inspiration.

The 1st Asia Pacific Christian Youth Assembly took place in Jeju Island, Korea in September 2024. Delegates were urged to act on pressing issues related to climate change and peace, while embracing their ecumenical Christian identity. Two youth staff represented the Association on this inaugural assembly. Participants actively demonstrated their commitment to climate justice by taking part in the Action4Climate March. Our own YMCAHK staff member Lok Cheng and his picket sign were chosen to be printed on the cover of Asia and Pacific Alliance of YMCAs (APAY) 2024 Annual Report "Engaging, Empowering, Equipping Young People and Community".

The Salisbury hosted the Movement Strengthening Committee (MSC) of APAY in March 2025 to commit to the vision of a strengthened YMCA rooted in Christian identity and ecumenical nature. One MSC priority in 2025 is to strengthen YMCA Cambodia and YMCA Vietnam so they could be strong independent movements one day. YMCAHK has been a member of the Partners Support Group (PSG) of Cambodia and Vietnam. In support of this priority, the Association will organize a service learning trip to YMCA Vietnam.

APAY held its annual Executive Committee Meeting (ECM) in April 2025 hosted by YMCA of Penang, Malaysia. APAY President Most Reverend Fr. Philip Thomas encouraged YMCA to energize and to restore the dignity of human beings created in the image and likeness of God. Daily Devotion reminded delegates that the fuel for YMCA Mission is God's Love in us and YMCA people are "Easter People" living with hope. On behalf of the Association, Peter signed PSG Agreements with APAY and Cambodia, Laos and Vietnam. YMCAHK participated in APAY's fundraising campaign featuring the sale of limited replicas of the photographs of a renowned Korea photographer.



作為夥伴支援組 (PSG) 的成員，港青到訪柬埔寨金邊了解街頭兒童支援計劃。
As a member of the YMCA Partner Support Group (PSG), YMCAHK visited the Street Children Project in Phnom Penh, Cambodia

On January 21, 2024, the Association began our Thanksgiving season when we celebrated the Centennial of Laying the Foundation Stone on Salisbury Road a century ago. We continued to prepare ourselves for the Centennial Grand Opening of YMCA on Salisbury Road on November 26, 2025 during FY2024-2025 led by the Centennial Planning Committee co-chaired by Vivian and Ms. Iris Lam, General Manager of The Salisbury. The Heritage Wall, which like *The book of the genealogy of Jesus Christ, the son of David, the son of Abraham (Matthew 1:1)* recorded generations of the Association's Presidents and General Secretaries, was erected outside Y Musée to remind us of our heritage and history. Despite challenges, joy and peace reign. On Pentecost Sunday, TVB News released a short documentary on the 100-year history of YMCAHK Headquarters on Salisbury Road, a timely reminder of our heritage and the Love of God manifested through the work of the YMCA of Hong Kong. We will soon be celebrating the Centennial Grand Opening of our Headquarters on Salisbury Road. We are grateful for the time of reflection and celebration. As the Lord promised, *"I myself will look after and tend my sheep" (Ezekiel 34:11)*, may we continue to seek to be good shepherds who hear the voice of the Good Shepherd, who know Him and follow Him into the next 100 years.

"Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go." (Joshua 1:9) "My grace is sufficient for you." (2 Corinthians 12:9). "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you." (Matthew 7:7)

S.D.G. (Glory to God alone)

God bless!

Patrick Yip and Peter Ho

服務統計數字 Service Statistics



會員人數
No. of Members
11,286



場地及設施使用人次
Total No. of Venue
and Facility Users
334,981

社區服務 Community Services



社區服務總受惠人次
Total No. of Beneficiaries in
Community Services
117,459





活動及課程 Programmes and Courses



活動及課程總參加人次
Total No. of Participants in
Programmes and Courses
25,518

僱員再培訓局課程 ERB

總學生人次
Total No. of
Participants
2,042



義工服務 Volunteer Services



義工總服務時數
Total No. of Service
Hours Contributed
by Volunteers
53,643

教育服務 Educational Services



幼兒學校及幼稚園學生人數
No. of Students of Nursery
School and Kindergartens
278

義工參與服務總人次
Total No. of
Volunteer Service
Participations
5,535



新會商會港青基信學校學生人數
No. of Students of San Wui
Commercial Society YMCA of
Hong Kong Christian School
350



港青基信書院學生人數
No. of Students of
YMCA of Hong Kong
Christian College
903

服務回顧 Corporate Highlights

香港基督教青年會九龍區賣旗日2025 YMCA of Hong Kong Flag Day 2025 Kowloon Region



2025年適逢香港基督教青年會尖沙咀梳士巴利道總部成立百周年，是個重要里程碑。為慶賀此重要時刻，港青於2025年6月21日舉行九龍區賣旗日，體現百年服務精神的傳承與延續。儘管當日天氣酷熱，數百名義工仍無懼高溫，遍佈尖沙咀、長沙灣、啟德、美孚、紅磡、旺角及觀塘等地，積極投入賣旗籌款，以實際行動支持港青的青年發展及社會服務。

是次賣旗日凝聚社會各界力量，參與者包括港青管理層、同工、中學、小學及幼稚園師生與家長、地區中心同工、制服團隊、會員、青年及合作夥伴等。眾人同心協力，透過街頭募捐傳遞關愛與共融精神。是次賣旗日更首設線上金旗認購，善長可經由港青賣旗日專屬網站捐款，跨越地域與時間限制，讓更多市民得以參與這項別具意義的百年慶典。

活動所籌得之善款將全數用於推動社會服務、支持青年全人發展、改善基層家庭生活質素，以及促進本地種族融和。

衷心感謝所有義工及社會各界人士的無私奉獻與慷慨支持。讓我們繼續攜手同行，秉承「同行百載 千載傳承」的百年主題，將基督之愛薪火相傳、光照世代。

2025 marks the Centennial Celebration of the YMCA of Hong Kong Headquarters on Salisbury Road, Tsim Sha Tsui, a significant milestone in our history. To celebrate this momentous occasion, the YMCA of Hong Kong held a Flag Day in the Kowloon Region on June 21, 2025, symbolizing the inheritance and continuation of a century-long spirit of service. Despite the sweltering heat, over several hundred volunteers enthusiastically took to the streets in Tsim Sha Tsui, Cheung Sha Wan, Kai Tak, Mei Foo, Hung Hom, Mong Kok and Kwun Tong, actively participating

in the fundraising event to support the YMCA of Hong Kong's youth and community services. Their dedication showcased the vibrant community spirit and commitment to the YMCA of Hong Kong's mission.





This Flag Day brought together strengths from all sectors, including the YMCA of Hong Kong's management team, staff, teachers, students and parents from secondary, primary and kindergarten schools, colleagues from district centres, uniformed groups, members, young people, and partners. United in purpose, they showed care and compassion through their actions, spreading the spirit of love and service through street fundraising. The event also introduced an online Gold Flag donation option, allowing the public to contribute conveniently through a dedicated website — transcending geographical and time constraints to broaden participation in this meaningful centennial event.

Proceeds from the Flag Day will be dedicated to advancing community services, supporting holistic youth development, improving the quality of life for underprivileged families, and promoting intercultural harmony in the community.

We extend our heartfelt gratitude to all volunteers and community members for their selfless contributions and steadfast support. Together, let us continue to walk forward, upholding the centennial theme, "A Century of Togetherness, A Legacy for Millennia", and sharing Christ's love with generations to come.



同行百載 千載傳承

A Century of Togetherness, A Legacy for Millennia

慶祝香港基督教青年會 尖沙咀梳士巴利道總部成立百周年

Centennial Celebration of the YMCA of Hong Kong Headquarters on Salisbury Road, Tsim Sha Tsui

2025是意義非凡的一年：慶祝香港基督教青年會尖沙咀梳士巴利道總部成立百周年。有見及此，港青成立百周年慶典委員會，籌劃一系列精彩活動，共賀此重要里程碑。自2025年1月起，百周年慶典委員會率先推出首項活動——「100問挑戰」，旨在加深同工對基督教青年會歷史與精神的了解；同時，港青總部大堂也佈置得美輪美奐、煥然一新，洋溢歡慶氛圍；又舉行了港青九龍區賣旗日，讓百周年慶典傳揚社區。

2025 marks a year of profound significance: the centenary of our YMCA of Hong Kong headquarters on Salisbury Road, Tsim Sha Tsui. To commemorate this momentous milestone, YMCAHK established a Celebration Committee, which has curated a series of engaging events. Kicking off in January 2025, the Committee launched its inaugural activity, "the 100 Questions Challenge", designed to deepen staff members' understanding of the YMCA's mission and vision and history. In tandem, the atrium has been beautifully transformed with celebratory decorations, creating a vibrant and festive atmosphere. Further building momentum, the YMCA of Hong Kong Flag Day 2025 Kowloon Region was successfully held, extending the centenary celebrations into the wider community.

港青九龍區賣旗日 YMCA of Hong Kong Flag Day 2025 Kowloon Region



港青酒店訂房禮遇 Centennial Room Package

CENTENNIAL PACKAGE
Validity: From Now to November 02, 2025

Key Perks:
Complimentary upgrade to City View Suite
Complimentary Buffet Breakfast for a registered guest
Complimentary Set Dinner for a registered guest
Free access to our well equipped Fitness Centre
Free access to our indoor temperature controlled Swimming Pools
Hotel souvenir
Terms and Conditions apply

Book now: 2268 7888 sales@ymcahk.org.hk

Mall Café 推出的百周年餐牌 Mall Café Centennial Menu



Mall Café 5餅2魚甜品拼盤 Mall Café 5 loaves and 2 fish dessert combo



港青總部大堂 The atrium of YMCAHK Headquarters



Ask, Seek, Knock

Ask and it will be given to you; seek and you will find;
knock and the door will be opened to you. (Matthew 7:7)

「你們祈求，就給你們；尋找，就尋見；叩門，就給你們開門。」(馬太福音 7:7)

YMCA Accelerator Summit 世界各地基督教青年會代表齊聚肯亞蒙巴薩 共同推動「青年會2030願景」

YMCA Accelerator Summit: Global YMCA Leaders Unite in Mombasa, Kenya, to Propel YMCA Vision 2030

來自60多個國家超過450名參加者於2024年11月下旬齊聚肯亞蒙巴薩（Mombasa），參加由世界基督教青年會協會主辦的YMCA Accelerator Summit。港青的同工Vivian Shan、Crystal Fong、Ryan Kwong、Debbie Wong及兩位Change Agent：Wilson Li和Cynthia Fung代表港青出席，透過參與一系列精彩活動：包括專題討論、主題演講和工作坊，與來自世界各地的基督教青年會代表交流及分享，以「青年會2030願景」（YMCA Vision 2030）四大支柱為藍圖：促進社區全人健康、締造豐盛生涯歷程、推動可持續發展，及提倡和平共融世界，一同推動「青年會2030願景」，為社區帶來正面影響。

In late November 2024, over 450 participants from more than 60 countries gathered in Mombasa, Kenya, for the YMCA Accelerator Summit, organized by the World Alliance of YMCAs. Representatives from the YMCAHK — Vivian Shan, Crystal Fong, Ryan Kwong, Debbie Wong, and two Change Agents, Wilson Li and Cynthia Fung — attended the summit. Through participating in a series of engaging activities, including panel discussions, seminars, and workshops — they exchanged insights and shared experiences with YMCA representatives from around the world. The summit focused on the four pillars of the YMCA Vision 2030: Community Wellbeing, Meaningful Work, Sustainable Planet, and Just World, all aimed at driving forward the YMCA Vision 2030 and making positive impact to the community.



來自不同基督教青年會的Change Agent
Change Agent from different YMCAs



共同設計首屆 UNESCO X 青年對話 X YMCA 全球青年與福祉諮詢會議
One of the most impressive workshops was co-designing the first UNESCO x Youth Talks x YMCA Global Consultation on Young People and Wellbeing



Crystal (左) 與世界青年會總幹事
Mr. Carlos Sanvee (右) 合照
Photo with Mr. Carlos Sanvee,
Secretary General of World YMCA



Cynthia (左) 和 Wilson (右) 在Change
Agents畢業禮上與世界青年會總幹事
Carlos Sanvee (中) 合影
Change Agent graduation photo with
Carlos Sanvee, Secretary General of
the World Alliance of YMCAs (middle)



首次與來自不同國家的Change Agents
進行面對面工作坊
First face-to-face training workshop
with other Change Agents from
different countries



與斯里蘭卡YMCA Change Agent
Harsha (中) 和孟加拉YMCA
Change Agent Ringku (右) 合影
Photo with Harsha (middle), the
Change Agent from Sri-Lanka
YMCA, and Ringku (right), the
Change Agent from Bangladesh
YMCA



Crystal (左) 和 Wilson (右) 與締造雙
盛生涯歷程小組召集人Ms. Rehana
Merali Merchant (中) 合照
Photo with Ms. Rehana Merali
Merchant (middle), Pillar Lead,
Meaningful Work



製作團隊邀請Cynthia分享作為Change Agent的得著
Interview by the conference production crew, Cynthia
sharing her thoughts of being a Change Agent



慶祝基督教青年會運動181周年 Celebrating 181 Years of the YMCA Movement

2025年6月6日，港青於總部舉行盛大慶典，管理層成員、全體同工與尖沙咀國際聯青社代表歡聚一堂，共同見證基督教青年會運動創立181周年的重要時刻。透過精心設計的團體互動遊戲，參加者在歡樂氛圍中深入瞭解青年會的歷史傳承與核心價值。

作為社區希望的燈塔，港青始終秉持服務社會有需要人士的使命。展望未來，我們將持續拓展基督教青年會運動，為不同階層人士提供成長與學習平台，讓這份光明與溫暖惠澤更廣；讓希望之光照亮社區每個角落。

On June 6, 2025, YMCA of Hong Kong held a grand celebration at its headquarters, bringing together management team, staff, and representatives from Y's Men's Club of Tsim Sha Tsui to commemorate the 181st anniversary of the global YMCA movement. Through thoughtfully designed group activities, participants engaged in meaningful interactions while deepening their understanding of the YMCA's history, development and core values.



As a beacon of hope in the community, YMCAHK remains steadfast in its mission to serve those in need. Moving forward, we will continue to expand the YMCA movement, providing growth and learning opportunities for people from all walks of life—spreading light, warmth, and hope to every corner of our community.







VISION 2030



在 神的恩典與引領下，港青持續推進「青年會2030願景」全球發展策略。善用 神所賜的恩賜，於各界拓展影響力，共同推動並建構一個公正、可持續、平等和共融的世界。回顧這趟旅程，我們見證每位委員的忠誠付出。他們在不同領域成為忠心的管家與祝福的渠道，留下了美好的影響。

Under God's grace and guidance, the YMCA of Hong Kong continues to advance the global "YMCA Vision 2030" strategy. By harnessing God-given gifts, we strive to extend our influence across various sectors, promoting and building a just, sustainable, equitable, and inclusive world. As we reflect on this journey, we recognize the dedication of every committee member. Each has served as a faithful steward and a channel of blessing, making meaningful contributions across diverse fields.



促進社區全人健康 Community Wellbeing

努力促進社區的全人健康發展，
創造身、心、靈健康的成長環境。

We strive to create environments where individuals
can thrive in body, mind, and spirit.



締造豐盛生涯歷程 Meaningful Work

與青年人同行，致力為青年人提供公平的教育、
培訓和就業機會，締造豐盛生涯歷程。

We collaborate with young people and
communities to promote equitable education,
training, and employment opportunities.



推動可持續發展 Sustainable Planet

引導青年人關注氣候變化問題，
並推動環保及可持續發展。

We channel young people's commitment to
climate justice and sustainability.



提倡和平共融世界 Just World

為青年人和社區提倡和平、
共融和公平的世界。

We stand for a Just World for
young people and communities.

各人要照所得的恩賜彼此服事，作 神百般恩賜的好管家。（彼得前書4:10）

*Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in
its various forms. (1 Peter 4:10)*

推動同工轉化 Internal Transformation



推進港青及亞太地區基督教青年會的可持續性與碳中和 Advancing Sustainability and Carbon Neutrality at YMCAHK and APAY

港青綠色工作小組與亞太協會 (APAY) 綠色工作小組分享了其2024年碳排放標準，並承諾實現碳中和。港青還推出首屆綠色環保獎，旨在鼓勵同工推動社會轉變生活習慣以促進可持續發展，並進一步肯定他們應對氣候變化的能力。



The YMCA of Hong Kong Green Task Force, along with the Asia and Pacific Alliance of YMCAs (APAY) Green Task Force, shared the carbon emission standards for 2024 and committed to achieving carbon neutrality. YMCAHK also launched its first Green Award, designed to encourage staff members to change their habits for sustainable development and further empower them in addressing climate change.

投入員工培訓，締造豐盛職涯 Support Employee Development and Training, Create a Meaningful Career



締造豐盛生涯歷程小組於2025年3月19日為主管、經理及各支柱小組成員推出全新培訓課堂，協同工反思、發展及探索工作中的意義，同時豐富他們在港青的成長經歷。

The Meaningful Work Task Force launched a new training course for supervisors, managers, and pillars' members on March 19, 2025. The programme aimed to assist staff in reflecting on, developing, and exploring the meaning of their work, while also fostering their growth and development at YMCAHK.



「細味工作，品味人生」培訓工作坊 "Reflect on Work, Enrich Our Lives" Training Workshop

締造豐盛生涯歷程小組於2025年5月31日推出全新培訓工作坊「細味工作，品味人生」。活動在輕鬆的氣氛中教授咖啡拉花藝術，並透過遊戲及討論讓同工分享在港青工作的經歷，探索當中的意義與價值。



The Meaningful Work Task Force launched a new training workshop titled "Reflect on Work, Enrich Our Lives" on May 31, 2025. The event took place in a relaxed atmosphere, where staff learned how to create Latte Art and they were engaged in games and discussions to share their experiences working with YMCAHK, exploring the meaning and value of their work.



港青師友計劃

YMCA of Hong Kong's Mentorship Programme

港青師友計劃已被收錄在「締造豐盛生涯歷程」的案例研究中，展現了該計劃在支持青年同工及建立充實職涯歷程方面的成效。此認可更反映了計劃對促進個人成長、職業發展及師生關係上的積極影響。

YMCAHK's Mentorship Programme was featured as a case study in the "Meaningful Work Programming Approach" initiative, highlighting its effectiveness in supporting young staff to build fulfilling career journeys. This recognition further reflected the programme's positive impact on fostering personal growth, professional development, and strong mentor-mentee relationship.

mentorSHIP
YMCAHK



締造豐盛生涯歷程
Meaningful Work



Programme
YMCA Hong Kong
MentorSHIP Programme

Initiative details
• Includes peer
mentorship and one-to-one
coaching

Co-lead
Sharon L. / Mark Chan

MentorSHIP Program - Case Studies of Meaningful Work Programming Approach

港青師友計劃 - 締造豐盛生涯歷程案例研究

體驗視障人士生活，積極推動共融文化

Experiencing Visual Difficulties, Promoting Inclusive Culture



促進和平共融世界
Just World

提倡和平共融世界小組於2025年5月21日舉辦「黑間中午餐」體驗活動，邀請主管、經理及委員參與。透過沉浸式體驗，參與者得以切身感受視障人士的日常生活，理解他們的需求。活動有效喚起了參加者對不同群體的關注，積極推動共融文化的實踐。



Just World Task Force held the "Lunch in the Dark" experiential activity on May 21, 2025, inviting supervisors, managers, and committee members to participate. Through this immersive experience, participants gained deeper insight into the feelings and needs of people with visual impairments. The activity aimed to awaken compassion and promote inclusivity toward diverse communities, encouraging the practice of inclusive culture.

探討情緒健康，關注同工身心靈需要

Supporting Colleagues' Holistic Wellbeing: Addressing Mental Health and Beyond

促進社區全人健康小組於2025年2月21日舉行電影分享會，旨在協助同工舒緩壓力、增進情誼。活動透過討論電影情節與分享生活點滴，促進同工掌握情緒管理方法，理解互相支持的重要，進而提升對身、心、靈健康的關注。

On February 21, 2025, the Community Wellbeing Task Force hosted a movie sharing session designed to help colleagues unwind and build connections.

Through discussions of the film's storyline and sharing of personal experiences, participants gained insights into emotional management and the importance of mutual support, thereby enhancing awareness of holistic wellbeing.



促進社區全人健康
Community Wellbeing

規劃全方位的健康

Planning Ahead for Holistic Wellbeing



促進社區全人健康
Community Wellbeing

促進社區全人健康小組與顧問Mimi Cunningham女士會面，共同制訂全方位健康計劃，涵蓋情感、社交及身體健康等範疇。小組其後更邀請Mimi Cunningham女士主持專題工作坊，探討以閱讀聖經作為減壓之道，為參與者提供培養內在平安與抗逆力的有效途徑。

The Community Wellbeing Task Force with their advisor, Mrs. Mimi Cunningham, to develop holistic wellbeing plans addressing emotional, social, and physical health. The team further invited Mrs. Cunningham to lead a special workshop that explored the practice of Bible reading as an approach to stress relief, offering participants effective ways to cultivate inner peace and resilience.



社區參與 Community Participation

綠色深度遊導覽 — 建造業議會零碳天地

YMCAHK Green Tour at CIC Zero Carbon Park



港青綠色工作小組與建造業議會合作，於2025年5月22日舉辦了綠色深度遊導覽，由港青董事會成員葉頌文博士擔任嘉賓講者，分享了零碳天地的設計和功能的見解。

The YMCAHK Green Task Force, in collaboration with the Construction Industry Council (CIC), organized an impactful Green Tour to the CIC Zero Carbon Park on May 22, 2025. Dr. Tony Ip, a member of the YMCAHK Board of Directors, was our guest speaker, providing insights into the design and functionality of the Zero Carbon Park. His valuable information enhanced participants' understanding of sustainable practices in architecture.



推廣本地飲食文化，促進文化交流

Promoting Local Food Culture to Facilitate Cultural Exchange



提倡和平共融世界小組於2024年9月1日舉辦月餅工作坊，透過教授製作傳統食品，促進委員與不同國籍朋友之間的文化交流。

Just World held a mooncake workshop on September 1, 2024. By teaching traditional cuisine, the event fostered cultural exchange among group members and friends of different nationalities.



「多元文化體驗日」，認識少數族裔文化

Multicultural Experience Day: Understanding Ethnic Minority Cultures



提倡和平共融世界小組於2025年3月14日舉辦「多元文化體驗日」，邀請香港都會大學學生、機構同事、海外助理部員工及少數族裔義工參與。透過製作馬來西亞沙爹醬及體驗南亞彩繪活動，進一步認識少數族裔文化。活動當日亦設有義賣攤位，展出由少數族裔婦女親手製作的書籤，讓參加者了解當地的手工藝，並藉此支持社區婦女的創作及發展。



Just World hosted a Multicultural Experience Day on March 14, 2025. Students from Hong Kong Metropolitan University, staff, staff from the Domestic Helper Unit, and ethnic minority volunteers were invited to participate. Through making Malaysian satay sauce and experiencing South Asian painting activities, the event promoted understanding of ethnic minority cultures. A charity

booth was also set up, featuring handmade bookmarks created by women from minority groups, allowing participants to learn about local craftsmanship and support community women in their creative development.



推動「全球青年有意義的工作調查」項目

Initiating the "Global Youth Meaningful Work Survey"



港青代表教育及文娛服務部李文信 (Wilson) 及人力資源部方凱彤 (Crystal) 成為「青年會締造豐盛生涯歷程青年小組」(Meaningful Work Youth Project) 組員 (Champion)，致力推動青年會2030願景及「全球青年有意義的工作調查」。他們更代表港青遠赴肯亞蒙巴薩參與YMCA Accelerator Summit，與全球青年代表交流，並透過工作坊親身體驗此計劃的影響力，共同推動社會創新與變革。

Wilson Li from the Education Service and Leisure Programme Unit and Crystal Fong from the Human Resources Department have actively

served as Champions in the "Meaningful Work Youth Project" over the past year. They are dedicated to advancing YMCA Vision 2030 and the "Global Youth Meaningful Work survey". They also represented YMCAHK at the YMCA Accelerator Summit in Mombasa, Kenya, engaging with youth delegates worldwide. Through workshops, they experienced firsthand the project's potential to inspire and empower, reinforcing their commitment to driving meaningful social change.

獎項與認可 Awards and Recognition

入圍「世界基督教青年會影響力獎」—「提倡和平共融世界」之決賽
Finalist of Just World Category — World YMCA Impact Awards



首屆「世界基督教青年會影響力獎」於2024年10月25日在蒙巴薩舉行的YMCA Accelerator Summit上揭曉。港青的「締造豐盛生涯歷程小組」與「提倡和平共融世界小組」在今年初合作向世界基督教青年會提交議案。港青榮幸入圍「提倡和平共融世界」之決賽，以表揚港青在「另類勞動力」和「為流離失所家庭傭工提供客房」的項目中，建立多元及包容的工作環境，展現我們對和平與平等的堅定承諾。

The inaugural World YMCA Impact Awards were announced on October 25, 2024 at the YMCA Accelerator Summit in Mombasa.

This year, the task force of Meaningful Work and Just World of YMCAHK collaborated to submit proposal to the World YMCA. YMCAHK was honored to be selected as one of the finalists in the Just World category. This Impact Award recognized the YMCAHK effort in building a diverse and inclusive workplace through initiatives: "Alternative Workforce" and "Guestrooms for Displaced Domestic Helpers", exemplifying our strong commitment to peace and equity.

港青獲綠建環評既有建築版本 3.0 (Beta 0) 試點計劃「金獎」評級
Achievement of "GOLD" Rating for BEAM Plus Existing Building Version 3.0 (Beta 0) Pilot Scheme



港青酒店於2025年6月成功獲得綠建環評既有建築版本3.0 (Beta 0) 試點計劃「金獎」評級。董事會成員葉頌文博士與項目管理及可持續發展總監伍佩珊女士代表港青出席啟動典禮，並由發展局局長甯漢豪女士頒發金獎證書，以表彰港青在推進可持續發展及綠色建築實踐方面的卓越成就。



The Salisbury — YMCA of Hong Kong proudly achieved a "GOLD" rating for the BEAM Plus Existing Building Version 3.0 (Beta 0) Pilot Scheme in June 2025. Dr. Tony Ip, a member of the YMCAHK Board of Directors, and Ms. Pace Ng, Director of Project Management and Sustainability, represented YMCAHK in receiving the GOLD rating certificate from Ms. Bernattee Linn, Secretary for Development of Hong Kong. This recognition highlighted the outstanding achievements of YMCAHK in promoting sustainable development and advancing green building practices.





Testimonies



何俊傑 Kit Ho

總項目統籌主任 — 社區及青年事工發展
Principal Programme Officer — Community and Youth Outreach



惜玩文化
ToyReborn



員工周年感恩晚宴表演
Performance at the Staff Annual Dinner

2006年，何俊傑正式成為港青的全職同事，以長沙灣中心為起點。從籌備課後託管服務、策劃課程，到帶領兒童興趣班，每一項工作都像一塊拼圖，逐漸拼湊出他對社會服務的熱忱與使命。而這段經歷，早於2001年便已埋下種子——當時的他，只是中心裡一位默默付出的義工童軍領袖。

「這裡就像一個『木人巷』，將我的潛能一一解鎖。」。在長沙灣中心的歲月裡，他學會了「沒有不可能的事，只看你是否願意嘗試」。隨著經驗累積，他開始深入青年發展工作，與團隊秉持共同信念：「為服務使用者提供最優質的服務。」這種「合一精神」，不僅是團隊間的默契，更呼應了港青停車場上的金句：「使他們合而為一。（約翰福音17:21）」



2021年，因部門架構調整與個人規劃，他從長沙灣中心轉至港青總部，從全職轉為兼職，角色也隨之轉變。過往的經驗——課後託管、童軍領袖、青年發展等——成為他堅實的根基，而新的挑戰則讓他拓展了視野：環保項目Toy Reborn、藝術空間the DOOOR、美孚農墟，甚至海外家務助理組，都成了他耕耘的領域。儘管自謙「不是藝術人」，但他對藝術的熟稔與投入，卻讓旁人誤以為他是修讀藝術出身。2023年，他更參與推動港青首個社企「藝·們·青」，為這段旅程添上精彩一筆。

被問到多年來在港青最快樂的時光，他的答案可謂出人意料：「是在長沙灣中心和孩子們相處的日子。」在課後託管的時光裡，孩子的純真與直接，帶給他無可比擬的喜悅。「最深刻的是，我彷彿陪著他們一路成長。」十多年間，他見證當年的孩童步入青年，甚至成家立室。他們的喜怒哀樂、迷茫與困惑，都成了與他分享的故事。「這種生命的連結，是無法取代的滿足。」

在港青總部的工作同樣充滿意義。看著與團隊親手推動的藝術項目ARTHOOD從零到茁壯成長；從擔心無人參與到見證本地藝術家輩出，那份成就感不言而喻。而協作「Y Musée」的過程，更讓他深入認識香港基督教青年會，他形容：「像一場尋寶之旅，每挖掘一步，都有新的啟發。」

對他而言，港青一直提倡的12項基督價值觀不僅是工作態度及對待服務使用者的指南，更是自我反思的鏡子。其中「仁愛」二字對他而言尤為深刻——從查經班學習做人道理，到以藝術空間the DOOOR的金句「要愛人如己」為座右銘，他始終相信：真正的服務，是始於以愛為本的行動。

這條路，他仍在走著。每一次轉變，都是新的解鎖；每一段相遇，都是生命的饋贈。



童軍新加坡海外文化交流團
Scouts' Singapore Overseas Trip

「翱翔新世代」全方位青年領袖訓練計劃活動
YLD Training Camp

兒童課後託管服務——暑期學堂
Children after school care service — Summer School

In 2006, Kit began his full-time job at the YMCA of Hong Kong, starting at the Cheung Sha Wan Centre. From coordinating after school care service programs to leading children's interest classes, each responsibility helped shape his passion for social service. The foundation for this journey, however, was laid back in 2001 — when he was still a dedicated volunteer scout leader at the Centre.

"YMCAHK was like a training ground that helped unlock my potential." He recalled. During his years at the Cheung Sha Wan Centre, he learned that "nothing is impossible — it's only a matter of being brave enough to try." As he gained experience, he gradually deepened his involvement in youth development work. Together with his team, he upheld a shared belief: "to provide the highest quality of service for users." This spirit of unity was not only a reflection of team synergy but also echoed the Bible verse displayed at the YMCAHK Headquarters' parking area: *"That they may all be one."* (John 17:21)

In 2021, due to departmental restructuring and personal plans, he transitioned from the Cheung Sha Wan Centre to the YMCA Headquarters, shifting from full-time to part-time work. His previous experiences — in after-school care, scout leadership, and youth development — served as a solid foundation, while new challenges broadened his horizons. He became involved in diverse initiatives such as the environmental project Toy Reborn, the DOOOR art space, the Mei Foo Farm Fest, and even overseas domestic helper unit. Though he humbly claimed not to be "an art person", his familiarity and dedication to the arts often lead others to assume he has a formal background in the field. In 2023, he contributed to establishing the YMCAHK's first social enterprise at the Headquarters, "DOOORWAY", adding yet another meaningful milestone to his journey.

When asked about his happiest memories in YMCAHK, his answer may come as a surprise: "It was the time spent with the children at the Cheung Sha Wan Centre. His greatest joy came from the children's blunt and honest interactions. "What left the deepest impression was how I felt I grew alongside them." Over more than a decade, he witnessed many of those children grow into young adults, some even starting families of their own. Their joys and sorrows, confusions and challenges, became stories they shared with him. "This connection is an irreplaceable fulfillment."

His work at the YMCAHK headquarters has been equally meaningful. He found it incredibly fulfilling to guide the ARTHOOD art initiative from concept to reality — transitioning from early uncertainties about engagement to finally witnessing the platform showcase a generation of local artistic talent. Furthermore, his involvement in co-creating "Y Musée" also allowed him to develop a deeper understanding of the YMCAHK's mission, which he described as "a treasure hunt — with every step bringing new inspirations."

For him, the 12 Christian values that YMCAHK promoted are not only guiding principles in his work and interactions with service users but also a self-reflection. Among these, "love" resonates most deeply. From learning through Bible fellowship to adopting the Bible verse of the DOOOR art space, "Love your neighbour as yourself", he firmly believes that genuine service begins with actions rooted in love.

This journey continues. Each transition brings new inspirations, and every encounter remains a gift in his life.



A-Life 耆耆海外文化交流團
A-Life Academy Laos
Overseas Trip



何俊傑 (右)
Kit Ho (right)



Felix媽媽 Rainlix

Rainlix，兩名孩子Felix及Rainbow從小在港青成長
Rainlix and her two children, Felix and Rainbow,
growing up in YMCAHK



Rainlix (左 left), Felix (中 middle), Rainbow (右 right)

作為2025年港青基信書院畢業生曾煜培 (Felix) 的母親，Rainlix看著兒子從稚嫩孩童成長為香港田徑跳遠代表隊成員，更打破香港學界23年跳遠紀錄，獲中國香港學界體育聯會頒發「葛量洪學界傑出運動員獎」，她滿懷感恩。

這位虔誠的基督徒母親一直從禱告中依靠神，並深信神的大能。Rainlix說：「我希望孩子也能在倚靠神的環境中成長。」正是這份信仰，引領Rainlix為Felix及其妹妹曾綽琳 (Rainbow) 選擇了港青基信國際幼稚園 (西九龍) 作為學習起點。「這裡不僅提供英語教學，更重要的是那份以基督愛心為本的育人理念。」Felix媽媽特別欣賞學校培育學生自信的方式，「記得作業簿上寫錯時，老師從不會打上大大的交叉，而是圈出需要修改的地方，讓孩子們在鼓勵中學習成長。」

患難中依靠神

然而，人生的道路並非總是平坦，Rainlix一家突遭巨變，家庭頓失經濟支柱。「那段日子我十分徬徨，要同時兼顧工作和孩子。」Rainlix回憶道。當時，港青的愛心支援如及時雨般降臨一新會商會港青基信學校因特殊情況主動豁免學費；長沙灣中心的社工更透過遊戲治療幫助Felix和Rainbow走出陰霾，而中心的托管服務亦讓Rainlix可安心工作。「我深信禱告的力量，神一直帶領我們一家前行。」Rainlix在困境中感受到信仰的支撐，這信念更成為她面對挑戰的力量。

恩典中成長

「在港青的培育下，最讓我欣慰的不是孩子們的成就，而是他們學會了依靠神、懂得感恩的生命態度」。Rainlix表示，兒子Felix在學時發現對田徑運動的熱愛，逐步挑戰自己，最終成為港隊代表；而Rainbow則努力平衡學業和舞蹈，朝著目標穩步前進。

Rainlix相信，港青的教育理念深刻塑造了兩個孩子的品格與能力。她說：「孩子們能依靠信仰，在輕鬆愉快的環境下成長，這正是祂所預備的出路與恩典，讓我們遇見港青。」

Rainlix說，如今Felix即將升讀體育相關課程，而Rainbow也積極準備公開試。她感謝神與港青的長久相伴，也寄語其他家長：「遇到困難時要冷靜，謙卑尋求幫助，多站在孩子角度思考，不要因情緒而影響孩子，要信靠神的帶領。」

As the mother of Felix Tsang, a 2025 graduate of YMCA of Hong Kong Christian College, Rainlix has witnessed her son grow from a young child into a member of Hong Kong's Athletics Long Jump Representative Team. Felix broke a 23-year record in the Hong Kong school long jump and was awarded the "Grantham Outstanding Student Athlete Awards" by the Schools Sports Federation of Hong Kong, China (HKSSF). She is deeply grateful for the opportunities and encouragement that shaped Felix's journey.



Felix (右一) 和 Rainbow (右二) 在SWYHKCS和YHKCC畢業的片段
Felix (1st from right) and Rainbow (2nd from right) graduation moments at SWYHKCS and YHKCC



As a devout Christian, Rainix has relied on God in prayer and firmly believes in His power. She said, "I hope my children can grow up in an environment that relies on God." It was the faith that led Rainix to choose YMCA of Hong Kong Christian International Kindergarten (West Kowloon) as the starting point for both Felix and his younger sister Rainbow. "They offer not only English teaching at school, but more importantly, an education founded on Christian love." Felix's mother appreciates especially how the school cultivates students' confidence: "When they made mistakes in workbook, the teacher never marked a big cross but instead circled the mistakes, encouraging children to learn and grow positively."

Relying on God in difficult times

However, life's path is not always smooth. Rainix's family suddenly faced a major change, losing their financial pillar. "Those days were very lost and uncertain; I had to juggle both work and my children," Rainix recalls. At that time, YMCAHK's caring support arrived like a beacon in Rainix's hour of need. San Wui Commercial Society YMCA of Hong Kong Christian School voluntarily waived their tuition fees due to exceptional circumstances; social workers from the Cheung Sha Wan Centre provided play therapy to help Felix and Rainbow overcome their struggles; and the Centre's after-school care services allowed Rainix to work without worrying her children. "I firmly believe in the power of prayer, and God has been leading our family on the journey ahead." Rainix felt the support of her faith during hardship, and this belief became her strength to face challenges.



Felix在校內的田徑比賽獲獎
Felix won awards in athletics competitions at School



Felix (左二) 在CIKG (WK) 的成長片段
Felix (2nd from left) during his growth at CIKG (WK)

Growing in grace

"What brings me the greatest joy under YMCAHK's nurturing is not witnessing my children's achievements but also seeing how they learned to trust in God and to cultivate a grateful attitude," Rainix said. Her son Felix discovered his passion for track and field while studying and progressively taking on new challenges, ultimately becoming a representative of the Hong Kong team; Rainbow has been steadily moving toward her goals by balancing her studies and dance.

Rainix believes YMCAHK's educational philosophy has profoundly shaped her children's character and abilities. She said, "My children can rely on their faith and grow up in a relaxed and joyful environment. This is the path and grace God prepared for us and led us to YMCAHK."

Rainix shared that Felix will continue his studies in sports-related course, while Rainbow is actively preparing for the public examinations. She thanks God and YMCAHK for their long-term companionship and share advice to other parents: "Stay calm and humble when facing difficulties and seek help, try to understand from the children's perspective, don't let emotions affect them, and believe in God's guidance."



機構服務

Our Services



宗教推廣 Christian Outreach

宗教推廣組每月會為同工舉辦黃昏聚會，並定期進行祈禱會和崇拜活動，旨在向同工及社區人士宣揚基督教價值觀，傳遞主愛。

The Association's Christian Outreach team organizes monthly evening gatherings for staff, along with devotions and worship activities, with the aim of promoting the Christian values to both staff members and the community, and spreading the love of God.

啟發課程及查經小組 Alpha and Alpha+

第三期啟發課程已在2024年9月舉行，透過午餐聚會、小組遊戲以及影片分享，同工在一個氛圍溫暖而開放的空間探索信仰及生命意義。為了讓同工對基督教信仰有進一步的認識，2025年3月中旬成立了Alpha+的查經小組，透過閱讀簡短的經文，讓同工深入反思基督教與自身的關係。

The 3rd Alpha Course took place in September 2024. Through lunch gatherings, group games, and video sharing, staff were provided a nurturing and open space to explore faith and life's meaning. To deepen their understanding of the Christian faith, an Alpha+ Bible study group was launched in mid-March 2025. By reading short passages of Scripture, colleagues were invited to reflect more deeply on how Christianity relates to their lives.



港青開放日聖誕報佳音活動

YMCAHK Open House Christmas Caroling

港青於2024年12月7日舉辦了開放日，為歌頌耶穌基督的降生，港青敬拜隊 Eben、啟示者事工敬拜隊以及東涌中心的一班長者，分別用歌聲、樂器及舞蹈讚美神，傳揚耶穌的愛，讓整個中庭充滿讚頌的聲音。

The YMCA of Hong Kong held an Open House on December 7, 2024. To celebrate the birth of Jesus Christ, YMCAHK worship team Eben, Revelator Worship, and a group of elders from the Tung Chung Centre expressed their praise for God and the love of Jesus through singing, instruments, and dance, filling the atrium with graceful voices.



職員團契 Staff Devotion

每月的職員團契，讓員工有一個彼此交流與代禱的時間。透過不同主題及嘉賓的見證分享，讓同工對基督教有更深認識，以及經歷天父所賜的安慰與鼓勵，願每位參與者重新得力，在生活中與神有更多結連。

Our monthly staff devotion provides a dedicated time for colleagues to connect and support one another through prayer. Through a variety of themes and guest testimony sharing, staff are given the opportunity to deepen their understanding of the Christian faith and to experience the comfort and encouragement offered by our Heavenly Father. May each participant be renewed in strength and draw closer to God in their daily lives.



東涌中心團契活動

Devotions for Children and Elderly in Tung Chung Centre

東涌中心邀請了讚美操協會來分享讚美操的由來，讓長者透過讚美操來敬拜天父。福音粵曲佈道會亦吸引多名長者參與，更有部分長者表示決志信主，會後邀請他們參加主日聚會及收看「恩雨之聲」，進一步認識耶穌基督。長者亦透過五色福音分享及製作五色葡萄飾物，學習傳福音。

另外，每月的學生團契是一個讓孩子分享日常及了解心理健康的機會。透過分享耶穌的故事幫助孩子體會天父的愛。

The Tung Chung Centre invited the Praise Dance Association to share the origins of Praise Exercise, offering elderly participants an opportunity to worship our Heavenly Father through movement. Additionally, a Gospel Cantonese Opera Evangelistic Meeting attracted many elderly to join with some decided to follow Christ. They also attended Sunday services and watched Showers of Blessing Evangelistic Ministry to deepen their understanding of Jesus Christ. Participants also learned to share the Good News through the Five-Colour Gospel and by creating grape-themed ornaments.

The monthly student fellowship provides children with an opportunity to share their daily lives and understanding their wellbeing. Through storytelling about Jesus, children are supported to experience the love of the Heavenly Father.



長沙灣女士關懷小組

Women Sharing Group in Cheung Sha Wan Centre

長沙灣中心亦在2024年10月舉行了4次女士關懷小組活動。透過多元活動和個人分享，讓參與者自由表達，彼此關懷和支持。透過詩歌、金句及舞蹈，幫助她們釋放壓力，並從神的話及詩歌中得著安慰及能力。

另外，長沙灣中心在2025年5月16日舉行了小組活動，參加者製作天然防蚊液及止癢膏，並邀請嘉賓見證分享照顧具特殊教育需要子女的心路歷程，彼此交流及扶持。

In October 2024, 4 sessions of the Women Sharing Group were held at the Cheung Sha Wan Centre. Through various activities and personal sharing, participants were able to express themselves freely while offering mutual care and support. Using worship songs, scripture verses, and dance, the sessions helped the women release stress and receive comfort and strength from God's Word and praise.

Additionally, on May 16, 2025, a special group activity was organized. Alongside making natural mosquito repellent and soothing balm, a guest was invited to share her journey of caring for children with special educational needs. The session provided a heartfelt space for exchange and support among parents facing similar challenges.

讚美操體驗日 Praise Dance Day

與香港讚美操協會協辦的讚美操體驗日於2024年12月10日在西九龍耀信發展學習中心舉行。參加者認識了讚美操的起源與願景，並了解其特色與益處，學習讚美操的動作。

Praise Dance Day was held at Beacon Centre on December 10, 2024, in collaboration with the Praise Dance Association (Hong Kong). Participants learned about the origins and vision of Praise Dance, its features and benefits, as well as how to perform it.



社區服務 Community Services

港青一向對推動社區服務及改善低收入家庭的生活質素不遺餘力。本年度，我們繼續緊貼社會需求，在社區內提供多元化的服務和支援，旨在為不同群體在身、心、靈各方面得到支援。

YMCAHK has demonstrated unwavering dedication to enhancing the wellbeing of low-income families by delivering an array of community services. We continued to closely monitoring the evolving needs of society, and diligently expanded our range of services and support programmes within the community. Our holistic approach aims to provide comprehensive assistance and relief in the realms of body, mind, and spirit, ensuring that diverse communities receive the care and support they require.

長沙灣中心 — 社區商店 Cheung Sha Wan Centre — Community Shop

菲港文化交流工作坊

Filipino-Hong Kong Cultural Exchange Workshop

2025年6月25日，長沙灣中心與Jubilee Christian Academy合辦「菲港文化交流工作坊」，接待來自菲律賓的交流學生。活動透過文化分享、社區商店參觀、天然蚊怕水製作及低收入家庭探訪，促進跨文化理解與社區共融。參與學生在親身體驗中深化對本地社區的認識，建立真摯的跨文化情誼，同時展現了本地婦女的手作創意與社區貢獻。



On June 25, 2025, Cheung Sha Wan Centre jointly organized a Filipino-Hong Kong Cultural Exchange Workshop with Jubilee Christian Academy, hosting a group of exchange students from the Philippines. The workshop deepened cultural understanding through activities including cultural sharing, a community shop visit, DIY natural mosquito repellent, and visits to low-income households. These hands-on experiences fostered meaningful cross-cultural connections and community integration, while highlighting the creativity and contribution of local women through collaborative handicraft activities.

母親節手作產品展銷 Mother's Day Exhibition

2025年5月8日至11日，長沙灣中心參與於香港科學園舉行的「On Your MART @ Science Park」展覽，推廣長沙灣婦女的手作產品，展現她們的才華與努力。適逢母親節，展銷吸引了超過100位園區員工及社區居民參與，參觀者不僅對手作產品表示高度興趣，更被婦女的生命故事感動。活動有效提升大眾對婦女貢獻的關注，促進社會共融。同時，展覽為婦女提供展示平台，協助她們擴展人脈、自信心及市場觸覺，為母親節增添意義，留下深刻印象。

From May 8 to 11, 2025, Cheung Sha Wan Centre participated in the "On Your MART @ Science Park" exhibition in collaboration with the Hong Kong Science & Technology Parks Corporation. The initiative aimed to support women from Cheung Sha Wan by promoting their handcrafted products and showcasing their talents and hard work. Coinciding with Mother's Day, over 100 visitors including local employees and residents, engaged with the exhibition. Many expressed appreciation not only for the quality of the products but also for the inspiring stories of the women artisans. The exhibition successfully raised public awareness of women's contributions to the community and enhanced social inclusion through meaningful interaction. It also provided a valuable platform for women to gain exposure, boost confidence, and make meaningful connections making it a memorable and impactful celebration of the Mother's Day.



長者攝影 Photo Taking for the Elderly

2025年3月22日，長沙灣中心與尖沙咀獅子會合辦長者攝影活動，吸引30位長者參與。長者們悉心打扮，在工作人員引導下拍攝個人照，過程中展現自信笑容，感受被重視的溫暖。活動不僅為長者創造難忘回憶，更有效促進社交連結與情緒健康，彰顯社區對長者的真摯關懷。



On March 22, 2025, Cheung Sha Wan Centre collaborated with the Lions Club of Tsim Sha Tsui to host a portrait photography event for seniors. Thirty elderly participants dressed up for their professional photos, radiating confidence and joy throughout the session. This meaningful initiative created cherished memories while fostering social connection and community wellbeing, demonstrating heartfelt community care for the elderly.



東涌中心 Tung Chung Centre

長者齋菜宴 Vegetarian Luncheon for Elderly



44位長者於2024年12月12日參加在粉嶺雲泉仙館舉行的齋菜宴，席間品嚐美味齋菜，藉此擴闊社交圈子，促進彼此認識和溝通。

44 elderly participants joined a vegetarian luncheon at Fanling Wan Chuen Sin Koon on December 12, 2024. They enjoyed delicious vegetarian dishes and engaged in lively conversations, aiming to broaden their social circles and enhance mutual understanding and communication.

課餘託管學生生日派對

Birthday Party for After School Care Programme Students



自2025年3月起，東涌中心課餘託管服務定期舉行生日派對，為學生慶祝生辰及送上祝福。

Started from March 2025, the Tung Chung Centre's after-school care service will regularly organized birthday parties to celebrate students' birthdays and offer well wishes.



關愛基金 — 在校課後託管服務

School-based After School Care Service

東涌中心自2024年9月起營辦「關愛基金 — 在校課後託管服務」。服務開展以來，中心於週六及週日的課後時段為學生安排多元化的課餘活動，包括參觀展覽、體育活動及手工藝製作等，旨在提升學生的專注力，並為其繁忙的學業生活增添趣味。

Commenced in September 2024, the Tung Chung Centre has been operating the School-based After-School Care Service under the Community Care Fund. The programme offers a diverse range of structured extracurricular activities on Saturdays and Sundays, including educational visits, sports, and handicraft sessions. These activities are designed to improve students' concentration skills and provide a meaningful balance to their academic routines.



綠機田導賞活動

Green Tours to Organic Farm



39位港青會員、18位幼兒中心學生及18位中學生分別於2024年12月15日、2025年3月28日及4月17日到綠機田參觀，了解有機耕種運作及體驗耕作樂趣，藉此加深他們對可持續發展的認識。

39 YMCAHK members, along with 18 nursery school students and 18 secondary school students, visited the Organic Farm on December 15, 2024, March 28, 2025, and April 17, 2025, respectively. During their visits, they learned about organic farming operations and enjoyed hands-on farming experiences, deepening their understanding of sustainable development.



西九龍耀信發展學習中心 Beacon Centre

健康講座系列 Health Talk Series

2024年7月至11月期間，西九龍耀信發展學習中心夥拍Chef Marco及公共營養發展協會，舉辦了一系列健康講座，重點介紹地中海飲食模式，旨在培養不同年齡層社區人士的健康飲食習慣。整個系列共提供9節免費講座，吸引約220名社區人士參與。中心期望能夠通過這些教育講座推廣健康飲食模式，提升參加者的健康意識。



From July to November 2024, Beacon Centre successfully collaborated with Chef Marco and the Public Nutrition Development Association to host a series of health talks focused on the Mediterranean cooking style. These sessions aimed to cultivate healthy eating habits among various age groups within the community. A total of 9 complimentary sessions were conducted, reaching approximately 220 participants. The series encouraged healthy lifestyles and enhanced health awareness among participants.

社區義剪服務 2024 Community Haircut Day 2024

西九龍耀信發展學習中心與「跑去你屋企」合作，於2024年7月31日共同舉辦全城義剪日。是次活動亦是中心每月社區義剪服務的啟動活動，旨在促進深水埗區的社會共融及提升居民福祉。

截至2025年7月，該服務已成功舉辦超過15場，服務超過600名社區人士，主要包括長者及綜援受助人，並計劃於下一財政年度繼續推行。

In partnership with "Run To Your Home", Beacon Centre co-organized the Volunteer Haircutting Service Day on July 31, 2024, kicking off the event for the Centre's monthly Community Haircut Service. This initiative aims to promote social inclusion and enhance well-being within the Sham Shui Po District. By July 2025, the Service had successfully engaged over 600 community members, mainly elderly residents and recipients of the CSSA Scheme, across more than 15 sessions, with plans to continue into the next fiscal year.



「STEAM UP 想建理」項目 STEAM UP Project

西九龍耀信發展學習中心於2024年11月起啟動為期3年的「STEAM UP想建理」項目。這項計劃是與發展局、教育局及建造業議會的策略性合作項目，旨在透過實地考察及互動工作坊，推廣STEAM（科學、科技、工程、藝術及數學）概念在建造業界的應用。截至2025年7月，中心已接待287位來自本地學校的學生和老師到訪。

Beacon Centre launched its 3-year "STEAM UP Project" in November 2024, in strategic collaboration with the Development Bureau, the Education Bureau, and the Construction Industry Council. The project aims to promote STEAM concepts within the construction industry through field visits and engaging workshops. By July 2025, it has engaged 287 students and teachers from local schools.

大型翻新工程 Major Renovation Project

為配合策略性轉型，中心已於2025年2月10日起展開大型翻新工程。預計所有工程將於2025年11月底全面竣工。中心重新啟用後，將設有一系列嶄新設施，包括全新的展藝空間和後台區域，支援社區和青年在藝術與創新方面的發展。

Commenced on February 10, 2025, Beacon Centre undertook a major renovation project to facilitate its strategic transformation. The full completion of all works is anticipated by the end of November 2025. Upon reopening, the Centre will feature a new range of facilities, including a performance venue and backstage areas, designed to foster arts and innovation for the community and youth.

第十五屆全國運動會香港賽區義工計劃

Hong Kong Volunteer Programme of the 15th National Games

中心於2024年10月，向第15屆全國運動會香港賽區義工計劃提供租用面試場地。活動共吸引超過600名熱心參與者，踴躍投身這項全國盛事的義工甄選過程。是次服務彰顯了中心對支援社區發展及推動公眾積極參與義工服務的支持。

In October 2024, Beacon Centre supported the Hong Kong Volunteer Programme for the 15th National Games by providing venue rental services. Serving as the interview location, the Centre facilitated the selection process for over 600 enthusiastic candidates eager to participate in this nationwide mega-event. This contribution highlights the Centre's commitment to fostering community development and promoting public engagement in volunteer services.



長者聖誕聯歡活動

Christmas Gathering Event for Seniors

於2024年12月19日與長沙灣中心、港青基信幼兒學校（農圃道）及公共營養發展協會合辦長者聖誕聯歡活動。

是次活動匯聚了26位70歲或以上的獨居長者以及26位學生。參加者愉快地參與了多項互動環節，並品嚐由Café Imagine的Chef Marco精心準備的營養午餐。活動旨在提升長者的節日氣氛和共融感，同時亦透過活動分享福音。

Co-organized a Christmas Gathering Event for seniors on December 19, 2024. This collaborative effort involved partnerships with Cheung Sha Wan Centre, YMCA of Hong Kong Christian Nursery School (Farm Road), and the Public Nutrition Development Association. The event brought together 26 elderly residents aged 70 or above who live alone, along with 26 students. Participants enjoyed a wide range of interactive activities, followed by a nourishing lunch specially prepared by Chef Marco from Café Imagine. This event aimed to enhance the festive spirit and sense of togetherness among the elderly while also sharing the gospel.



月餅製作工作坊及派發活動

Mooncake Workshop and Distribution Event

西九龍耀信發展學習中心與Café Imagine合作，於2024年9月17日舉辦月餅製作工作坊及派發活動。

是次活動由Café Imagine的Chef Marco教授本地居民及香港港麗酒店員工組成的義工團隊製作冰皮月餅，並向社區內的長者派發50個月餅，一同慶祝中秋佳節。

In a collaborative effort, Beacon Centre and Café Imagine successfully hosted a mooncake workshop and distribution event on September 17, 2024. Chef Marco from Café Imagine led the workshop, teaching local residents and staff volunteer team from Conrad Hotel to make snowy mooncakes. Together they celebrated the Mid-Autumn Festival and then distributed 50 mooncakes to seniors in the community.



惜玩文化 Toy Reborn

港青「惜玩文化」於2009年成立，最初以「玩具銀行」為名，收集回收之玩具並清潔後，轉贈予東涌區內基層家庭之小朋友，延長玩具的使用壽命。2021年，「玩具銀行」發展成「惜玩文化」，項目內容更趨多元化，包括社區環保教育、玩具回收及轉贈、玩具工程師義工服務及玩具升級再造工作坊，目的是提升大眾對香港玩具棄置問題的關注。

Established in 2009, the project was initially known as the 'Toy Bank', with the objective of collecting used toys, cleaning them, and distributing them to underprivileged children in Tung Chung, thereby extending the lifespan of the toys. In 2021, 'Toy Bank' had evolved into 'Toy Reborn', with a more diverse range of initiatives, including community environmental education, toy recycling and donation, volunteer services by toy engineers, and workshops dedicated to the art of toy upcycling. The aim is to raise public awareness of the issue of toy disposal in Hong Kong.

本年度，「惜玩文化」共舉辦了

This year, Toy Reborn organized

48場工作坊、活動及展覽 *workshops, events and exhibitions*

參與人次達 *with a total participation of* **9,639** *people.*

為九倉置業有限公司設計大型玩具畫ToyPaint藝術作品

ToyPaint Art Piece Design for Wharf Real Estate Investment Company Limited

2024年8月3日及16日，共16位義工與20位兒童參與玩具畫工作坊，共同創作大型ToyPaint藝術作品。此作品將於九倉全新培訓中心展出。

該創作乃迄今規模最大的玩具畫ToyPaint創作，延續了回收玩具的生命週期，並將其轉化為藝術品。是次合作不僅提升了兒童對玩具棄置問題的認識，也增加了人們對項目的認識，成功接觸到更廣泛的受眾。



16 volunteers and 20 children participated in the workshop on August 3 and 16, 2024, collaboratively create a large-scale art piece designed for exhibition at The Wharf's new training centre. This art piece was the most significant ToyPaint creation to date, extending the lifespans of recycled toys and transforming them into artwork. The collaboration raised awareness among children about issue of toy disposal and enhanced exposure of the project, helping to reach a broader audience.

幼稚園學生環保教育講座及玩具畫工作坊

Educational Talk and ToyPaint Workshop for Kindergarten Students

本年度，惜玩文化為365位幼稚園學生舉辦共14節環保教育講座及玩具畫工作坊，向幼兒介紹玩具回收及創意改造作品。學生透過觀看有關以分享玩具為主題的動畫短片，學習延長玩具生命週期的方法。透過ToyPaint材料，學生創作出獨特的動物主題玩具畫，從愉快的創作過程中培養環保意識。

This year, Toy Reborn conducted 14 educational talks and ToyPaint workshops for 365 kindergarten students, introducing them to toy recycling and upcycling. Students watched an animated film about sharing toys and learned how to extend the lifespan of their toys. Using ToyPaint pieces, each participant created a unique animal-themed artwork from upcycled toy parts, fostering environmental awareness through an engaging and creative process.



有意義聖誕樹100行動 Meaningful Christmas Tree 100

惜玩文化於2024年11月舉辦立體再生玩具聖誕樹工作坊，邀請100位受惠家庭兒童及50位義工利用回收玩具創作升級再造聖誕樹。作品於2024年12月7日至2025年1月1日在港青尖沙咀總部展出，傳遞希望、愛與信念的信息。



惜玩文化亦於2024年12月14日及23日分別舉行了兩場聖誕派對，51位來自港青東涌中心及長沙灣中心的學童與20位義工一同慶祝耶穌誕生，活動包括集體遊戲、抽獎及共享聖誕餐，場面溫馨愉快。

Toy Reborn hosted the Meaningful Christmas Tree 100 Workshops in November 2024, engaging 100 children from beneficiary families and 50 volunteers to create upcycled Christmas trees from recycled toys. The artworks were publicly exhibited at The Salisbury from December 7, 2024 to January 1, 2025, spreading messages of Hope, Love, and Faith.

On December 14 and 23, 2024, two meaningful Christmas parties were held, where 51 students from YMCA Tung Chung Centre and Cheung Sha Wan Centre celebrated the birth of Jesus with 20 volunteers. The events featured group games, lucky draws, and festive dining, fostering a warm and joyful atmosphere for all participants.

玩具回收服務重啟 Toy Recycling Service Relaunch

惜玩文化於2025年5月正式重啟玩具回收服務，並透過社交媒體公布回收日期。活動獲得眾多家庭積極響應，踴躍捐贈閒置玩具。此項目不僅有效推動減廢，更有助促進社區參與，支持可持續發展目標。

In May 2025, Toy Reborn officially relaunched its Toy Recycling Service, with collection dates promoted across social media channels. This initiative successfully engaged numerous families, who actively participated by donating toys. This service not only contributes to waste reduction but also strengthens community involvement and supports broader sustainability goals.

玩具工程師義工活動 Toy Engineer Volunteer Works



本年度，Toy Reborn為5間企業夥伴舉辦了5場「玩具工程師」義工活動。義工透過互動遊戲及教育講座，探討玩具棄置的相關議題，並清潔及修復舊玩具，賦予它們新生命，推動可持續發展。

This year, Toy Reborn conducted 5 Toy Engineer volunteer sessions for 5 corporate partners. Volunteers participated in interactive games and educational talks about toy disposal issues. They also cleaned and repaired old toys, giving them a second life and contributing to a more sustainable future.



兒童及青年發展 Children and Youth Development

兒童發展基金 Child Development Fund (CDF)

第10屆兒童發展基金 The 10th Cohort of Child Development Fund



第10屆兒童發展基金於2024年11月23日舉行啟動禮，正式展開為期3年的計劃。項目涵蓋一系列活動及培訓，旨在為30名基層兒童的長遠及個人成長提供全面支援。

The 10th cohort of the Child Development Fund was officially launched with a ceremony on November 23, 2024, marking the commencement of this three-year initiative. The programme encompasses a series of activities and training sessions, designed to provide comprehensive support for the long-term personal development of 30 participating children from underprivileged backgrounds.

A-Life Academy

A-Life Academy成立於2011年，為來自基層家庭、就讀中四的學生提供兩年持續性4A服務框架：學業及職業支援、實現理想、挑戰自我及資本建立，協助學生建立正面的價值觀及自信，讓他們學習面對不同的挑戰，重建動力實現夢想，確立個人學業或工作方向。

Established in 2011, A-Life Academy provides 2-years comprehensive support for youth from low-income families studying in Secondary 4. With the 4A framework, focusing on Academic & Career Attainment, Aspiration Accomplishment, Adversity Management, and Asset Building, we aim to foster positive values, self-confidence, and resilience in students, enabling them to face challenges, reignite motivation, and pursue their dreams while establishing a solid foundation for their academic or career prospects.

A-Life 本年度共舉辦了 This year, a total of
9 次活動或課程 activities or courses had been organized
讓 for 170 位同學參與 students and
參與時數達 with a total of 1,634 hours。



A-Life年度慶典2024

A-Life Annual Celebration 2024

A-Life於2024年10月5日舉行了年度慶典，慶祝第12屆學員順利畢業並表揚第13屆學員的成就。學生分享參與項目經驗以激勵計劃中的其他學員。第14屆新生亦獲邀參與，加深對計劃的了解。舊生在活動其中一個環節中重現經典開幕裝置，並以音樂及舞蹈表演展現青年人的創意及多元發展。

Held on October 5, 2024, the Annual Celebration marked the graduation of the 12th cohort and honoured the 13th cohort's achievements. Students shared project experiences to inspire peers. The 14th cohort was invited to join to deepen their understanding. Alumni recreated previous installations on Cultural Festivals — part of the Celebration and performed music and dance, showcasing youth creativity and development.



第十四屆迎新營

Orientation Camp for the 14th Cohort

迎新營於2024年10月11至13日舉行，為期三天兩夜。新生與舊生透過遊戲及團隊活動，認識A-Life計劃及基督教青年會使命。舊生分享過去經驗與面對挑戰的方法，幫助新生建立解難能力、團隊合作與人際關係，為未來學習旅程奠定穩固基礎。

From October 11 to 13, 2024, the Orientation Camp welcomed the 14th cohort and alumni for 3 days and 2 nights of bonding and learning. Through games and team activities, students explored the A-Life programme and YMCA's mission. Alumni shared personal insights, helping new students build resilience, teamwork, and problem-solving skills.



高桌晚宴 High Table Dinner

A-Life於2025年6月28日舉行高桌晚宴，為學員提供了一個實踐所學禮儀技巧、並與嘉賓進行深度交流的正式場合。嘉賓陳沁炫女士分享其個人創業歷程與人生體會。其堅持與專注的精神啟發學生勇敢追夢，展望未來。

The High Table Dinner was held on June 28, 2025, offering students a formal setting to apply their acquired etiquette skills and engage in meaningful dialogue with guests. Guest speaker, Fionz Chan, shared her entrepreneurial journey and personal insights, inspiring students with her perseverance and focus to pursue their dreams.



社交與餐桌禮儀工作坊

Social and Dining Etiquette Workshop

2025年6月24日，A-Life舉辦禮儀工作坊，教授學員正式餐宴技巧，包括餐具使用與對話禮儀。透過模擬練習，提升學生自信與專業形象，參加者認為內容實用，對未來社交及職場有幫助。

On June 24, 2025, A-Life Academy conducted a professional dining etiquette workshop. Students learned table manners, utensil use, and conversation etiquette. Simulations boosted their confidence and professionalism. Participants found the training practical and valuable for future social and career settings.



「傲翔新世代」全方位青年領袖訓練計劃 Youth Leadership Development Scheme (YLD)

港青自2001年舉辦「傲翔新世代」全方位青年領袖訓練計劃(YLD)，透過一系列的領袖訓練，培育中三至中五的學生成為敢於挑戰、勇於承擔及積極參與社會事務的青年人。計劃以「體驗學習」和「歷奇為本」為訓練原則，使參加者能夠掌握領袖素質及達致個人成長反思的效果。

Established in 2001, the Youth Leadership Development Scheme (YLD) aims to empower students in secondary 3 to 5, enabling them to become individuals who dare to challenge, take responsibility, and actively engage in social affairs through a series of leadership training activities. The programme is based on 'Experiential Learning' and 'Adventure-Based' approaches, allowing participants to develop leadership qualities and reflect on their personal growth.

YLD本年度共舉辦了 *This year, a total of* **20** *次活動或課程*
activities or courses had been organized
讓 **442** *位同學參與 students and alumni,*
並錄得超過 who collectively contributed over **4,870** *小時的活動及服務參與時數*
hours of participation in services and activities.

YLD海外服務交流團 YLD Overseas Service Trip

YLD於2024年8月22至27日前往泰國進行海外服務交流團。同學深入偏遠村莊，協助重建取水設施，並透過義教活動教授當地兒童基本英語。他們亦與當地青年進行多項交流活動，更入住當地家庭，親身體驗當地生活，進行深入交流。

YLD held an overseas service trip to Thailand from August 22 to 27, 2024. Students contributed to a remote village by assisting in rebuilding of its water supply facilities and conducting volunteer sessions in teaching local children basic English. The itinerary also included meaningful cultural exchange activities with local youth. A homestay component further enriched the experience, allowing students to immerse themselves in the local community and gain profound insights through daily interactions.



YLD歷奇為本訓練 YLD Adventure Based Counselling Training

YLD於2025年2至3月舉行一系列歷奇為本戶外訓練，同學在活動中與來自不同學校的隊員合作，展現團隊精神及溝通能力，一同克服各種挑戰。這些體驗式學習經歷有效強化他們作為青年領袖所需的核心能力，為其個人成長奠定了堅實基礎。

From February to March 2025, YLD conducted a series of outdoor adventure based training sessions. Throughout these activities, students collaborated closely with teammates from different schools, demonstrating teamwork and communication skills in overcoming a range of challenges. These experiential learning opportunities served to strengthen the foundational competencies essential for their development as future youth leaders.



專題研習報告報告日

School Project Presentation Day

第25屆YLD專題研習報告日於2025年5月18日舉行。來自不同學校的學生就本年度主題「社區商店」匯報其研究成果。各隊伍深入分析不同地區的狀況與需求，並提出具創意的社區商店方案。

The 25th YLD School Project Presentation Day was held on May 18, 2025. Students from various schools presented their projects under the theme "Community Shops". Each team conducted in-depth analyses of different districts, identified local needs, and proposed creative community shop solutions.



Boundless

Boundless是由一群海外及本地大學生與港青合作統籌的中學生發展計劃。本着每一位學生均擁有發展和實現潛能的權利，並應得到相等的資源去了解及裝備自己，實踐夢想。透過一年的發展計劃，期望學生不再受自身背景所限，敢於發展自我，確立和追求人生目標，培養出自高自強及勇於挑戰的品格。

Boundless is a student development programme founded by a group of overseas and local university students in collaboration with the YMCA of Hong Kong. With the belief that every student deserves the opportunity to develop and fulfill their potential, Boundless empowers students to pursue their dreams. Through this one-year programme, students are encouraged to take initiative in their personal growth, establish and pursue their life goals, and wholeheartedly embrace new experiences, free from the limitations of their background.

第9屆Boundless共舉辦了 *The 9th Boundless organized*
23次活動或課程 *activities or courses*

讓 for 291位同學參與 *students*

時數共 with a total 3,578 hours.



Boundless 海外服務交流團 2024

Boundless Overseas Service Trip 2024

Boundless於2024年8月5日至9日到訪斯里蘭卡進行海外服務交流團。學生透過烹飪及工作坊進行文化交流，亦參與多項社區服務，包括協助當地醫院維修傢俱、教授兒童英語，及清理孤兒院。透過親身體驗與服務，深化學生對全球議題的關注，培養同理心與社會責任感。

Boundless held an overseas service exchange trip to Sri Lanka from August 5 to 9, 2024. Students engaged with the local community in cultural exchange activities such as cooking and workshops while actively contributing to local initiatives including assisting hospitals with furniture repairs, teaching English to children, and supporting an orphanage through cleanup efforts. The trip reinforced students' sense of global responsibility and empathy through hands-on service.



第八屆Boundless畢業晚宴

The 8th Boundless Graduation Dinner

第8屆Boundless畢業晚宴於2024年10月12日舉行。學生們向來賓分享過去一年活動中的難忘經歷與個人成長，並闡述對未來的展望。對許多學生而言，此次高桌晚宴乃初次體驗，使他們能親身感受正式宴會的莊重氛圍與禮儀規範。



The 8th Boundless Graduation Dinner was held on October 12, 2024. Students shared memorable moments and personal growth from a year of activities with the guests, while also expressing their future aspirations. For many participants, this occasion marked their inaugural high-table dining experience, offering a valuable opportunity to appreciate the formal ambiance and etiquette characteristic of such ceremonies.

學術探討會

Academic Exploration Day

Boundless於2025年2月16日及22日舉行了兩場「學術探討會」，活動邀請來自不同學科的大學生及各界專業人士分享經驗和見解，讓學生對各個學科及行業有更深入的认识，從而協助他們在未來升學及就業規劃中作出合適決定。

Boundless organized two Academic Exploration Days on February 16 and 22, 2025. University students from various disciplines and professionals from different industries were invited to share their insights and experiences. These sessions provided students with a deeper understanding of different academic fields and career pathways, helping them make more suitable decisions about their future education and professional pursuits.



第九屆 Boundless 迎新營

The 9th Boundless Orientation camp

第九屆Boundless迎新營已於2024年12月26日至28日順利舉行，迎來共20位新學員。透過一系列團隊遊戲促進學員間的相互了解，並建立深厚的團隊情誼。活動亦設有反思環節，引導學員審視過往經歷，並規劃未來的發展方向。

The 9th Boundless Orientation Camp was successfully held from December 26 to 28, 2024, welcoming 20 students from the new cohort. The camp featured a series of team-building activities that fostered mutual understanding and a strong sense of team spirit. Reflection sessions were incorporated to guide students in contemplating their personal experiences and future aspirations.

童軍 Scout

港青自2002年成立香港童軍旅團，長沙灣的1357旅及於2003年成立尖沙咀的1370旅，支部包括小童軍、幼童軍、童軍及深資童軍團。透過富挑戰性的訓練和活動，協助成員多元發展，同時激勵自我學習和啟發，培訓他們成為有自立能力、樂於助人、有責任感及勇於承擔的人。活動內容有別於學校的課程，包括紀律訓練、自理能力提升、團隊建立、領導才能、遠足及露營技巧、求生技能訓練、海上活動體驗、義工服務、海外交流及服務團，期望成員從小培養個人價值觀，勇於接受挑戰，以正向態度面對困難。

The Hong Kong Scout of YMCA of Hong Kong has 2 brigades: the 1357 Brigade in Cheung Sha Wan which was established in 2002, and the 1370 Brigade in Tsim Sha Tsui which was established in 2003. The branches include Grasshopper Scouts, Cub Scouts, Scouts and Venture Scouts.

Through challenging and progressive training activities, we aim to facilitate all-round development, inspire self-learning, and cultivate qualities such as self-reliance, helpfulness and responsibility. Unlike school curriculum, it includes discipline training, self-care improvement, team building, leadership skill development, hiking and camping skills, survival training, marine activities, volunteer services, overseas exchanges, and service projects. Our goal is to instill personal values in our members from a young age, encouraging them to embrace challenges with a positive attitude and overcome difficulties in the future.

本年度，共有 This year, a total of **2,439** 名童軍參與了
scouts have participated
超過 in over **9,780** 小時的服務和活動 hours of service and activities.



香港童軍九龍第1370旅 — 澳門文化交流之旅

Hong Kong Scout KG 1370th — Macau Cultural Exchange Trip

2024年8月24日至26日，香港童軍九龍第1370旅的5位童軍領袖及11位成員前往澳門參與文化交流之旅，並參觀多個文化遺址。

From August 24 to 26, 2024, 5 Scout leaders and 11 members from Scout KG 1370th participated in a cultural exchange trip to Macau, including visiting multiple cultural heritage sites.



香港童軍九龍第1357團 — 日本文化交流之旅

Hong Kong Scout KG 1357th — Japan Cultural Exchange Trip

2024年8月13日至19日，香港童軍九龍第1357團的2名童軍領袖及12名成員前往日本東京進行文化交流。行程包括登富士山、參觀文化古蹟、到訪日本企業、進行地震演習、探索當地動漫文化及參與夏日祭典。此旅程旨在促進成員的個人成長、提升自信心及培養領袖才能。

From August 13 to 19, 2024, 2 Scout leaders and 12 members travelled to Tokyo, Japan, for a cultural exchange. The itinerary included climbing Mount Fuji, visiting cultural heritage sites, touring Japanese companies, participating in earthquake drills, exploring

local anime culture, and joining summer festival. This journey aimed to promote personal growth, enhance self-confidence, and cultivate leadership skills among the members.



香港童軍九龍第1357旅 — 童軍及幼童軍宿營訓練

Hong Kong Scout KG 1357th — Scout & Cub Scout Overnight Training Camp

於2024年10月11至12日，香港童軍九龍第1357旅的童軍及幼童軍團於西貢白沙灣水上活動中心舉行聯合宿營訓練。童軍專注於繩結工程、營地烹飪及野外煮食等技能訓練；幼童軍則進行領袖才能、團隊合作及自信心培養訓練，而資深童軍則擔任導師協助訓練。



On October 11 to 12, 2024, the Scout and Cub Scout sections held a joint overnight training camp at Pak Sha Wan T.W.C. Sea Activity Centre, Sai Kung. Scouts focused on skill training in knot tying, camp cooking, and outdoor cooking, while the Cub Scouts engaged in leadership development, teamwork, and confidence-building activities. Venture Scouts served as instructors to assist with the training.



香港童軍九龍第1357旅 — 幼童軍勇奪2025主席盃殊榮 Hong Kong Scout KG 1357th — Cub Scouts Win Chairman's Cup 2025

2025年1月4日，香港童軍九龍第1357旅的7位幼童軍參加由深水埗西區主辦的第六屆「主席盃幼童軍技能比賽」，展現卓越的團隊合作及技能，勇奪5個項目中的2項冠軍，創下團隊的首次勝利。



On January 4, 2025, 7 Cub Scouts from the 1357th Hong Kong Scout Group participated in the 6th Chairman's Cup Cub Scout Skills Competition, organized by Sham Shui Po West District. Demonstrating outstanding teamwork and skills, they won two championships out of five events, marking the team's first victory.



香港童軍九龍第1357及1370旅 — 2025渣打馬拉松義工服務 Hong Kong Scouts KG 1357th and 1370th — Standard Chartered Marathon 2025 Volunteer Services



2025年2月8至9日，15位深資童軍及領袖參與第27屆渣打香港馬拉松義工服務，包括選手包派發、行李寄存及管理。

On February 8 to 9, 2025, 15 Venture Scouts and leaders volunteered at the 27th Standard Chartered Hong Kong Marathon. Duties included runner pack distribution and baggage management.



港青專上學生聯會 Campus YMCA of Hong Kong

自2008年開始，香港基督教青年會於大專院校設立專上學生聯會，在港青的資助及支持下，學生負責策劃及組織不同類型的社區服務，裝備他們成為關心全球社會議題的世界公民。

Since 2008, YMCA of Hong Kong has set up post-secondary student associations in tertiary institutions in Hong Kong. With the funding and support of the Association, students are responsible for planning and organising different types of community service, equipping them to become global citizens who are aware of global social issues.

家有「香」「農」 Local Organic Crop Farming



理工大學香港基督教青年會專上學生聯會於2024年10月26日舉辦有機農耕日。除了協助本地農民處理農作事務，活動亦加深同學對本土有機農作的認識及了解。活動設有烹飪環節，學生利用即日收成的有機農作物製作並品嘗佳餚，親身感受從農場到餐桌的完整過程。

The Campus YMCA of Poly U held an Organic Crop Farming Day on October 26, 2024. In addition to assisting local farmers with agricultural tasks, the event deepened students' understanding and knowledge of local organic farming. The activity concluded with a culinary session where students prepared and savored dishes using freshly harvested organic produce, offering a tangible appreciation of the farm-to-table experience.



兒童多元發展及家長支援

Children Multiple-development and Family Support

課餘託管服務 After School Care Programme

課餘託管服務乃香港基督教青年會的重點服務之一，分別由長沙灣中心及東涌中心提供。開辦服務的目的是因應區內家庭的需要，協助雙職家長照顧子女，減輕家長負擔。除了功課指導外，我們亦十分重視學童的全人發展，因此舉辦不同的活動，照顧他們的身、心、靈發展。同時亦舉辦家長小組及活動，全面照顧家庭不同的需要。長沙灣中心自2000年成立課餘託管服務；東涌中心則於2009年開展服務。

After School Care Programme service is one of the key services of YMCAHK, provided by Cheung Sha Wan Centre and Tung Chung Centre. It aims at providing care services for children with working parents who are unable to care for them after school. Apart from the academic front, we also look after children's whole-person development, hence various activities were organized to take care of their body, mind and spirit. At the same time, we organise parent groups and family activities to meet the needs of different families. Cheung Sha Wan Centre has been serving since its establishment in 2000; Tung Chung Centre started its service in 2009.

本年度，兩所中心舉辦了 **134** 個活動及課程
This year, two centres organized a total of **134** activities and programme
參與人次達 a total participation of **3,059** people。

建立健康習慣

Live a healthy life

2025年5月3日，長沙灣中心與沙田書院合作，由沙田書院的學生為長沙灣中心託管學生舉辦「健康生活好習慣」主題講座。講座結束後，在書院學生的帶領下，學童親自體驗踢足球及速疊杯等運動項目。

On May 3, 2025, the Cheung Sha Wan Centre collaborated with Shatin College, where students from Shatin College hosted a themed seminar on "Healthy Living and Good Habits" for the children in the After-School Programme at the Centre. After the seminar, under the guidance of the college students, the children had the opportunity to experience activities such as football and cup stacking.



親子牙醫講座

Family Dental Health Talk

2025年5月18日，長沙灣中心邀請了香港牙科基金會到中心舉行親子護齒講座，為託管學童及家長們講解牙科保健知識及預防口腔疾病等最新資訊。

On May 18, 2025, Cheung Sha Wan Centre invited the Hong Kong Dental Charity Foundation Ltd to organize a family dental health talk at the Centre. The talk provided students in the After-School Programme and their parents with the latest information on dental care and disease prevention.



端午節慶祝活動

Tuen Ng Festival celebration

端午節前夕，長沙灣中心與地產代理監管局義工合作，與託管學生一同製作水晶西米糰。此活動旨在讓學生體驗傳統節日的不同民間習俗，傳承中華文化。

On the eve of the Dragon Boat Festival, the Cheung Sha Wan Centre collaborated with volunteers from the Estate Agents Authority to make crystal sago dumplings with students from After-School Programme. This activity allowed students to experience various folk customs of traditional festivals and to inherit Chinese culture.



就業服務計劃 Employment Initiatives

就業服務計劃為各階層人士提供適切的就業援助服務，協助他們消除就業障礙，增強受僱能力，以便儘早找到有薪工作，邁向自力更生。

The Employment Initiatives provide employment services to individuals from all walks of life, aiming to help them overcome barriers to employment and enhance their job opportunities.

258 本年度，長沙灣中心共為 *This year, the Cheung Sha Wan Centre served*
名受惠者 *beneficiaries*
提供超過 *by providing over* **4,800** 小時的服務 *hours of services*。



AI 助你提升求職技能

AI workshop

2025年6月，長沙灣中心舉行了AI工作坊，旨在讓參加者了解人工智能的基本概念。工作坊還教授參加者如何向AI發出指令，製作履歷表及撰寫求職信，讓求職過程事半功倍。

In June 2025, the Cheung Sha Wan Centre held an AI workshop aimed at helping participants understand the basics of artificial intelligence. The workshop also taught attendees how to write prompts to AI to create resumes and write cover letters, making the job search process more efficient.



健身體驗日

Visit Fitness Centre

2025年2月，7位參加者一同來到港青健身室體驗健身設施。港青職員親身示範並指導參加者正確使用不同的健身設施，讓他們安全使用健身設備的方法。

In February 2025, 7 participants visited the fitness centre at the YMCA to experience various fitness facilities. YMCA Staff personally demonstrated and guided them on how to properly use different gym equipment, allowing them to use the gym equipment safely.



職涯探索工作坊

Job Exploration workshop



2025年4月，長沙灣中心與香港職業人才服務機構合辦職涯探索工作坊，以「尋卓咭」作為工具，引導16位青少年了解自身價值觀及理想，結合其性格及喜好，尋找合適的事業發展方向。

In April 2025, Cheung Sha Wan Centre co-organized a career exploration workshop with Hong Kong Professional & Educational Services Ltd. Using a "career card" to guide 16 young participants to learn more about their values and personalities, and to explore suitable career paths according to their preferences and aspirations.



前深水埗配水庫導賞團

Visit Former Sham Shui Po Service Reservoir

2024年12月，長沙灣中心邀請了26位社區人士一同前往前深水埗配水庫參觀，了解配水庫的歷史及欣賞華麗又宏偉的建築。

In December 2024, Cheung Sha Wan Centre invited 26 community residents to visit the Former Sham Shui Po Service Reservoir to learn about its history and to appreciate its magnificent architecture.



職場英語有傾

English in workplace

2024年10月，9位社區人士出席「職場英語有傾」活動，透過小遊戲了解職場常用的英語。

In October 2024, 9 community residents attended the "English in Workplace" session to learn commonly used English in the workplace. The class also included fun games to reinforce their memory.

社區保姆行業簡介

Job Exploration — Child Care

2024年12月，長沙灣中心邀請了多名婦女出席由九龍婦女聯會舉行的社區保姆行業簡介，從中了解社區保姆的工作內容、工作時間及挑戰等。部分參加者隨後報讀了社區保姆培訓課程，增加了她們的就業機會。

In December 2024, Cheung Sha Wan Centre invited several participants to attend a sharing session organized by the Kowloon Women's Federation on careers in childcare. They learned about the duties, schedules, working hours and challenges involved in childcare work. Some participants subsequently enrolled in the community care training courses, enhancing their employment opportunities.



「人生轉程·就業蛻變就業及培訓博覽」

Employee Retraining Board (ERB) — Recruitment and Promotion Day

2025年4月至6月期間，港青長沙灣中心及僱員再培訓局積極舉辦「人生轉程·就業蛻變及培訓博覽」。活動邀請多個行業的僱主設立攤位，包括物業管理、航空貨運、飲食及零售業等。活動當日設有即場招聘，課程推廣及招生活動，讓參加進行即場面試。



YMCA Cheung Sha Wan Centre co-organized 4 Recruitment and Promotion Days with the Employee Retraining Board (ERB) from April to June 2024. The events invited employer booths including property management, air cargo, catering, and retail. On-site recruitment, course promotion, and recruitment were available on the day, allowing participants to learn detailed employment and course information and attend face-to-face interviews.



跨種族共融服務 Cross-Cultural Integrative Service

港青致力推動社區共融，多元文化融匯網絡為長沙灣區內的少數族裔人士提供服務和舉辦社區活動，促進本地和少數族裔人士的交流，以建立跨種族共融社區。

Dedicated to promoting racial harmony, the Multicultural Team provides services and organizes community activities for the ethnic minorities in Cheung Sha Wan District to facilitate communication between locals and ethnic minorities to build a cross-racial and inclusive community.

367 本年度，長沙灣中心為 *This year, the Cheung Sha Wan Centre served*
非華裔人士 *non-Chinese individuals*
提供了超過 **2,173** 小時的服務 *hours of services*。

社署資助活動：Chill藝術早晨俱樂部 SWD Funding: Chill Art Morning Club

為讓少數族裔女性得到身心舒緩，長沙灣中心從2024年10月起開展為期4週的「Chill藝術晨間俱樂部」。參加者透過製作月光燈、人造皮革包、俄羅斯戳戳繡及香氛蠟燭等手作活動，在溫馨氛圍中分享自我護理技巧，並享用精緻花茶點心。活動成功為參與者的日常生活注入正面能量，實踐中心促進社區共融的承諾。

The Cheung Sha Wan Centre launched the "Chill Art Morning Club" in October 2024, a four-week programme providing respite for ethnic minority women. Participants engaged in creative activities including moonlight lamps, faux leather bags, Russian punch embroidery and scented candles. While sharing self-care techniques over refreshments, the programme successfully created meaningful community connections and enhanced daily life through artistic engagement.



社署資助活動：瑜珈班 SWD Funding: Yoga Class

為促進社區身心健康，長沙灣中心於2024年11月3日起開展為期4節的瑜珈課程。課程由印度裔導師帶領，參加者在練習基礎姿勢與呼吸調息之間，自然分享生活點滴，營造出融洽互助的氛圍。活動不僅幫助學員舒展身心、拓展社交，更提醒大家在忙碌生活中持續關注自我身心狀態的重要性。

The Cheung Sha Wan Centre launched a four-session yoga course starting November 3, 2024. Led by an Indian instructor, participants practiced basic postures and breathing techniques while sharing personal stories in a warm, communal setting. The class not only provided physical and mental relaxation while building social connections, but also reinforced the importance of sustaining self-care amidst busy daily lives.



開齋節派對 Eid al-Fitr Party

2025年4月6日，長沙灣中心舉辦開齋節派對，17位穆斯林參加者齊聚一堂。活動以豐盛的清真美食展開，包括披薩、雞肉串及傳統甜點「腰果酥」，並設有小知識問答、南亞彩繪及抽獎環節。問答內容融合4月多個節慶，如復活節、清明節及其他東南亞文化節日，現場互動熱烈，洋溢歡樂共融的節日氛圍。

On April 6, 2025, Cheung Sha Wan Centre hosted an Eid al-Fitr party, bringing together 17 Muslim participants in a joyful celebration. The event featured a halal feast including pizza, chicken skewers, and traditional Kaju Katli sweets, along with interactive activities such as a cultural quiz covering April festivals like Easter, Qingming, and Southeast Asian traditions, as well as henna art and a lucky draw. The celebration fostered a vibrant, inclusive atmosphere while honoring this significant cultural occasion.

the DOOOR藝術空間 the DOOOR Arts Space

the DOOOR藝術空間於2018年成立，透過藝術創作，讓大眾更認識身處的社區。the DOOOR的3個「O」，代表3方持份者——港青、社群及藝術創作者，藉此凝聚社區不同人士，共同發掘社區及探索生活。

the DOOOR Arts Space was established in 2018. Through the creation of art, the public can gain a deeper understanding of their communities. The three 'O's of the DOOOR represent different stakeholders: YMCAHK, the community, and artists.

本年度，the DOOOR藝術空間共舉辦了

16場展覽 exhibitions
和 62場工作坊 workshops
吸引近 attracting a total of nearly 68,779
人次參與 participants。



藝術空間the DOOOR：櫥窗展覽 the DOOOR arts space : Window Exhibition

本年度，ARTHOOD策劃了一場由6位藝術家參與的個人櫥窗展覽，展現他們獨特的才華與創意理念。藝術家們透過作品傳遞靈感與力量，啟發並賦能社群。

展覽位於港青尖沙咀總部大堂the DOOOR藝術空間入口旁的櫥窗位置，作為一個充滿活力的平台，不僅提升了大眾對本地藝術家的認識，也吸引了來自不同文化背景的賓客駐足欣賞。

This year, ARTHOOD curated a solo Window Exhibition featuring works by 6 artists, celebrating their unique talents and creative visions. Through their art, the artists aim to inspire and empower the community.

Located beside the entrance of the DOOOR art space in the lobby of The Salisbury, the exhibition serves as a vibrant platform that not only enhanced public awareness of local artistic talent but also attracted and engaged visitors from diverse cultural backgrounds.

康文署燈籠製作工作坊 LCSD Lantern-Making Workshop

藝術空間the DOOOR與康樂及文化事務署合作，於2024年8月23日至30日在葵青劇院舉辦共8場燈籠工作坊。80位參加者運用回收材料創作獨特燈籠，投入於創作過程，並對作品即將向公眾展示充滿期待。

From August 23 to 30, 2024, the DOOOR arts space partnered with the Leisure and Cultural Services Department to present a series of eight lantern-making workshops at Kwai Tsing Theatre. A total of 80 participants engaged in creating unique lanterns using recycled materials, thoroughly enjoying the creative process and expressing enthusiasm for the upcoming public display of their collaborative artworks.



創業工作坊

Entrepreneurship Workshop

ARTHOOOD於2024年8月31日舉辦創業工作坊，共有17位藝術家參與。活動邀請凌浩雲先生擔任講者，分享營銷技巧及商業簡報的經驗。參加者反映分享内容具啟發性，有助提升創業技能及拓展未來機會。

On August 31, 2024, ARTHOOOD hosted an entrepreneurship workshop attended by 17 artists. The session featured Mr. Howard Ling as the guest speaker, who shared practical expertise in marketing strategies and business presentation skills. Participants highly valued the insightful content, noting that the workshop effectively enhanced their entrepreneurial capabilities and opened up new pathways for professional development.



升級再造紡織品：鉤織拼布被

Upcycling Textiles: Crocheted Patchwork Quilt

藝術空間the DOOOR於2024年10月聯同ARTHOOOD藝術家曾嘉明、區芷君、80位同工與參加者共同推動環保藝術計劃。項目透過升級再造，將100件舊衣物轉化為鉤織拼布被，以創意實踐推廣可持續發展，並在集體創作過程中帶來療癒效果。

In October 2024, the DOOOR arts space launched an eco-art project in collaboration with ARTHOOOD artists Aki Tsang and Rita Au, engaging over 80 staff members and participants. The initiative transformed 100 pieces of discarded clothing into a crocheted patchwork quilt, promoting sustainability through creative reuse and offering therapeutic value through the artistic process.



香港公共圖書館絲網印刷探索活動

Silk Screen Printing at Hong Kong Public Library

藝術空間the DOOOR於2024年12月至2025年1月與南區公共圖書館合辦4場絲網印刷工作坊，共吸引200位參加者創作具農曆新年特色的環保袋。儘管每節活動僅10分鐘，參加者仍樂在其中，並對製成品感到驚喜，部分參加者更表示期待參與未來活動，展現藝術促進社區共融的積極作用。

From December 2024 to January 2025, the DOOOR arts space collaborated with Southern District Public Library to launch a series of four silk screen printing workshops. A total of 200 participants created festive tote bags featuring designs inspired by the Chinese New Year. Despite the brief 10-minute sessions, participants demonstrated strong engagement throughout the creative process and expressed interest in future workshops, highlighting the role of art in building community connections.



一樣幸福藝術展

Eudaemonia 2 Joint Artists Exhibition



繼2024年2月的「Eudaemonia DOOOR」聯展後，藝術空間the DOOOR於2025年2月22日推出「一樣幸福」藝術展，展期至2025年3月31日，匯聚27位藝術家。曾參展藝術家分享對幸福觀的轉變，而新加入的藝術家則帶來對幸福的嶄新詮釋。是次展覽不再提問「你快樂嗎？」，而是堅定地回答：「我們一樣幸福」，希望每位來自香港及世界各地的觀眾都能感受到祝福與喜悅。

在3月，「一樣幸福」藝術展舉辦了8場藝術工作坊，邀請參加者與藝術家一同投入創作，享受藝術帶來的喜悅時光。



Following the success of "Eudaemonia DOOOR" held in February 2024, the DOOOR launched "Eudaemonia 2" on February 22, 2025, featuring 27 artists. Returning artists reflected on their evolving views of happiness, while new participants offered fresh interpretations. Unlike the first exhibition's question, "Are you happy?", this edition affirmed, "We believe we are blessed too," aiming to leave all visitors from Hong Kong and around the world with a sense of joy and gratitude.

In March, 8 workshops were held as part of the exhibition, inviting participants to enjoy joyful moments of art creation alongside our artists.

「藝·們·青」社會企業項目開幕禮

Grand Opening of the DOOORWAY Social Enterprise Project

「藝·們·青」社會企業項目於2024年11月29日正式開幕，項目由「地區伙伴協作計劃」資助。開幕禮邀請董事會成員、藝術家及嘉賓出席，項目負責人分享藝術空間 the DOOOR 的發展歷程與願景。ARTHOOOD藝術家亦分享其藝術旅程，展現項目啟發青年潛能的可能性。



The "DOOORWAY" Social Enterprise Project was officially inaugurated on November 29, 2024, with funding support from the Enhancing Self-Reliance through District Partnership Programme. The opening ceremony brought together board members, artists, and distinguished guests. Project leaders presented the development journey and future vision of the DOOOR arts space, while an ARTHOOOD artist shared her personal creative pathway, illustrating the project's capacity to inspire and empower young talent.



藝術與健康外展工作坊

Outreach Workshop Series on Art and Wellbeing

於2025年4月至6月期間，藝術空間the DOOOR為香港按揭證券有限公司舉辦8場工作坊，旨在鼓勵員工探索新興興趣及促進身心健康。參加者反應熱烈，表示活動啟發了他們勇於嘗試新體驗。

From April to June 2025, the DOOOR arts space provided 8 outreach workshops for

The Hong Kong Mortgage Corporation Limited (HKMC). The workshops encouraged participants to explore new interests and supported their well-being. Positive feedback reflected the participants' enthusiasm for embracing new experiences.



「藝·們·青」社會企業項目展覽策劃：藝術♡慈善：區佩兒水彩畫展 DOORWAY Social Enterprise Project Exhibition Curation: Art♡Charity: Colours of Teresa Au Sole Watercolour Exhibition

於2025年5月21日至31日，港青與藝術家區佩兒及愛護動物協會合辦慈善水彩畫展，於藝術空間the DOOR及Y Musée展出50幅描繪生活美好時刻的水彩作品。展覽吸引426位觀眾參觀，所有畫作及約100套杯墊均已售出，收益平均撥捐予港青及愛護動物協會，用於支持青年發展及動物福利。貴賓預展及開幕禮分別於5月20日及24日在港青尖沙咀總部大堂舉行。

From May 21 to 31, 2025, DOORWAY co-organized a charity watercolour exhibition with artist Teresa Au and the SPCA at the DOOR arts space and Y Musée. Featuring 50 vibrant artworks depicting beautiful moment of life, the exhibition attracted 426 visitors. All artworks and around 100 coaster sets were sold, with proceeds equally supporting youth development and animal welfare. The VIP event and open ceremony were held on May 20 and 24 respectively, at the YMCAHK TST Headquarters.



「藝·們·青」青年藝術培訓計劃招募及迎新活動 Recruitment and Orientation — DOORWAY Youth Arts Training Programme



透過社交媒體及校園推廣，港青於2025年5月23日至6月9日招募了10位年齡介乎17至24歲的待業或待學青年，參加「藝·們·青」青年藝術培訓計劃。培訓於7至8月期間進行，內容涵蓋藝術工作坊、導賞技巧訓練、英語課程及文化場館參觀。迎新活動於6月28日舉行，透過破冰遊戲及參觀Y Musée，促進學員之間的交流，並加深他們對港青的認識。

From May 23 to June 9, 2025, YMCAHK recruited 10 youths aged 17 to 24 who were not in employment or education, through social media and school outreach, for participation in the DOORWAY Youth Arts Training Programme. The programme, conducted from July to August, encompassed art workshops, docent training, English lessons, and visits to cultural venues. An orientation held on June 28, featured icebreaker activities and a tour of Y Musée, fostering peer interaction and enhancing participants' understanding of the YMCAHK's mission and vision.



會員服務 Member Services

義工活動 — 協恩中學港青東涌綠機田體驗 Volunteer Activity — Organic Farm Experience for Heep Yunn School



17名來自協恩中學的中一至中五學生於2025年4月17日參觀了港青東涌綠機田。他們參與了4項活動，包括除草、翻土、播種及灌溉。儘管天氣炎熱，所有學生都非常享受工作坊，並珍惜這次親近大自然的機會。

17 students from Forms 1 to 5 at Heep Yunn School visited Tung Chung Organic Farm on April 17, 2025. They participated in 4 activities: weeding, turning the soil, planting seeds, and irrigating. Despite the hot weather, all students enjoyed the workshops and appreciated the opportunity to connect with nature.



義工活動 — 寶血會上智英文書院珍珠奶茶工作坊 Volunteer Activity — Bubble Milk Tea Workshop by Holy Trinity College

來自寶血會上智英文書院的中四學生於2025年4月25日到訪長沙灣中心，為參加課後託管計劃的兒童舉辦珍珠奶茶工作坊。學生品嚐到自己親手製作的珍珠奶茶均感到非常有成就感。

Form 4 students from Holy Trinity College visited the Cheung Sha Wan Centre on April 25, 2025, to conduct bubble tea workshops for children attending the After-School Care Programme. All students felt a sense of accomplishment when they tasted the bubble tea they had made themselves.



義工活動 — 地產代理監管局水晶糰工作坊 Volunteer Activity — Crystal Rice Dumpling workshop by Estate Agents Authority

地產代理監管局行政總裁梁松泰先生聯同12位職員於2025年5月24日到訪長沙灣中心，為課後託管計劃的兒童舉辦水晶糰工作坊並慶祝端午節。參加者被分為4組，以西米和紫薯蓉製作甜糰。每位兒童均可以把自製的水晶糰帶回家，與家人一同分享。

Mr. Leung Chung-tai, the Chief Executive Officer of the Estate Agents Authority, together with 12 staff members, visited the Cheung Sha Wan Centre on May 24, 2025, to conduct a crystal rice dumpling workshop for children in the After-School Care Programme in celebration of the Dragon Boat Festival. Participants were divided into 4 groups to make sweet dumplings using sago and purple sweet potato paste. Each child was able to take home their homemade crystal rice dumplings and share with their families.



課程 / 活動

Our Programmes



康樂及運動 Sports & Recreation

康樂及運動部提供各種專業的體育訓練課程、活動及康樂設施，推廣健康的生活方式，促進身、心、靈發展，為個人、學校、團體和企業提供優質的服務和課程。

Sports and Recreation Unit provides a variety of professional sports training courses, activities and recreational facilities to promote a healthy lifestyle and achieve holistic development of the body, mind, and spirit, catering to individuals, schools, community groups and corporates.

水運組 Aquatics Unit

港青游泳學院旨在透過綜合游泳課程，推廣健康的生活模式。課程涵蓋幼兒到長者年齡組別，照顧不同年齡及人生階段的需要。

YMCA of Hong Kong Swimming Academy aims to promote a healthy lifestyle by providing a comprehensive swimming programme that targeted different age groups, from infants to elderlies, catering for the changing needs at different stages of life.

本年度，水運組共提供
506 個課程 courses，
參與人數達 **2,924** 人 participants。

2024港青水運會 2024 YMCAHK Swimming Gala

港青游泳學院於2024年10月1日舉辦了港青水運會，吸引了超過400人次參與，年齡介乎5至13歲。各個年齡層的游泳健兒齊聚一堂，切磋技藝，展現對游泳的熱情及不屈不撓的運動精神。除傳統競賽外，今年新增「2x25公尺祖孫接力賽」，由祖父母與孫兒搭檔，以助加強跨代的情感聯繫和促進家庭團結。

The YMCAHK Swimming Academy hosted the YMCAHK Swimming Gala on October 1, 2024, drawing in over 400 participants aged 5 to 13. Swimmers from diverse age groups and skill levels came together to compete and showcase their commitment and passion for swimming.

A new event, the "2x25m Grandparents & Grandchild Relay", paired grandparents with their grandchildren to strengthen the emotional bond across generations and fostering family connections.



港青泳隊大阪交流團2024

YMCAHK Swimming Team Osaka Exchange Trip 2024

港青游泳學院於2024年12月21日至25日帶領8名9至14歲的泳隊成員前往大阪進行泳術交流活動。期間他們造訪大阪南青年會，並與當地青年會泳隊成員進行文化交流，擴闊視野。這次交流不僅提升他們的泳術水平，亦培養他們建立團隊精神。



The YMCAHK Swimming Academy led 8 team members of the swimming team, aged 9 to 14, to visit Osaka for a swimming exchange trip from December 21 to 25, 2024. During their visit to Osaka Minami YMCA Wellness Centre, they engaged in cultural exchanges with local YMCA swimming team to broaden their horizons. This exchange enhanced their swimming skills and fostered a spirit of teamwork.



孕婦水中健體班 Aquanatal Class

自2024年8月起，港青游泳學院推出了孕婦水中健體班，課程針對懷孕12至32週的婦女，強調以肌肉放鬆、伸展和增強運動，幫助緩解常見孕期不適症狀如背痛和失眠等，深受參加者歡迎。

Starting in August 2024, the YMCAHK Swimming Academy introduced an Aquanatal class, designed specifically for expectant mothers between 12 to 32 weeks of pregnancy, the course focuses on muscle relaxation, stretching, and strengthening exercises to alleviate common discomforts during pregnancy, such as back pain and insomnia. It has been highly received by participants.



泳鏡回收計劃

Swimming Goggles Recycling Programme

港青游泳學院希望透過泳鏡回收計劃，讓有需要人士能夠負擔游泳用品，從而讓更多人享受游泳樂趣，並鼓勵健康的生活方式。

YMCAHK Swimming Academy aims to make swimming gear more affordable for those in need through its goggle recycling programme. This initiative allows more people to enjoy swimming and encourages the cultivation of a healthy lifestyle.



運動及體育組 Sports & Physical Education Unit

運動及體育組致力為13個月的幼兒至成人提供各種康樂及體育活動，如羽毛球、壁球、籃球、武術和體操等；亦與企業和社區組織合作，開辦及舉行各類型運動或體育項目、活動及比賽。

Sports & Physical Education Unit is committed to providing a variety of recreational and sports programmes, such as badminton, squash, basketball, martial arts and gymnastics, for individuals aged from 13 months to adults. The unit also partner with businesses and organizations to launch various types of sports programmes, events and tournaments.

本年度，運動及體育組提供

293 This year, Sports and Physical Education Unit offered a total of
個課程 courses ,
共 with **1,802** 人參加 participants .



港青羽毛球分齡系列賽2024

YMCAHK Age Group Badminton Tournament 2024

港青羽毛球分齡系列賽分別於2024年6月10日、30日及10月11日順利舉行，共吸引超過500名健兒參加。是次比賽為香港年輕羽毛球愛好者提供一個可以測試自己水平及與其他選手交流切磋的平台。

YMCAHK Age Group Badminton Tournament Series 2024 was held on June 10, 30, and October 11, 2024 respectively and it attracted more than 500 participants to enroll. A platform was provided for young badminton lovers in Hong Kong to compete at a competitive level.

港青3人籃球賽2024

YMCAHK 3x3 Basketball Tournament 2024

港青3人籃球賽於2024年9月29日順利舉行，共吸引超過70隊球隊參加。球員們都全力以赴爭取冠軍。

The YMCAHK 3x3 Basketball Tournament 2024 was held on September 29, 2024 and more than 70 teams participated. All teams and players gave their very best to strive for the championship.



港青運動體驗日2024

YMCAHK Sports Trial Day 2024

2024年5月1日為一年一度的港青運動體驗日，是次活動共吸引了88名家長及子女參與。透過體驗日，參加者可探索平常較少機會接觸的運動，如劍擊和彈網，藉此開發他們的潛能和興趣。

YMCAHK Sports Trial Day 2024 was held on May 1, 2024, attracting 88 parents and their children. Participants had the opportunity to explore different sports, such as fencing and trampoline, allowing them to unlock their potential and interests.



港青當入樽2025

YMCAHK X GAMEON TEENAGE DUNK! 2025

港青當入樽2025是一項為期一個月，共5節訓練課的籃球活動，由港青及GAMEON義工團隊負責教學，活動目的為資源共享，讓來自低收入家庭的學生有機會接受專業籃球訓練，發揮所長。

YMCAHK X GAMEON TEENAGE DUNK! 2025 is a one-month basketball program consisting of five lessons, organized and instructed by the YMCAHK and the GAMEON volunteer team. The programme aims to share resources and provide basketball training opportunities for students from grassroots families, helping them develop their skills and talents.

日營部 Camping Unit

本年度，日營部舉辦了

135 This year, the Camping Unit held a total of
個日營及活動 camps and events,

參與者總數達 with 2,607 participants.



阿根廷基督教青年會營會交流團

Camping Exchange with YMCA Argentina

在2025年1月，日營部同事榮幸獲邀遠赴阿根廷參與為期3週的專業營會培訓課程。培訓內容多元深入，涵蓋活動設計、團隊領導及戶外技能培養，旨在提升專業能力，為未來舉辦更具創意與影響力的營地活動奠定堅實基礎。

In January 2025, representatives from Camping Unit were granted a valuable opportunity to travel to Argentina as a team for a three-week exchange. The training was comprehensive and in-depth, aiming to enhance their professional skills and lay a solid foundation for organizing more creative and impactful camp activities in the future.

文化交流及國際領袖計劃

Cultural Exchange and International Leadership Programme

文化交流及國際領袖計劃於2025年6月底開展，日營部榮幸接待了12位來自阿根廷、白俄羅斯、泰國、瑞典、俄羅斯和巴貝多的傑出年輕營地領袖。這次國際交流旨在促進多元文化交流，分享營地活動策劃的創新理念，並共同探索提升全球青少年領袖能力的有效途徑，為未來的營地項目注入新鮮視角與國際化思維。



The Cultural Exchange and International Leadership Programme was officially launched in late June 2025. The Camping Unit had the privilege of hosting 12 distinguished representatives young camp leaders from Argentina, Belarus, Thailand, Sweden, Russia, and Barbados. This international gathering aimed to foster diverse cultural exchanges, exchange innovative ideas for camp activity planning, and collaboratively explore effective approaches to enhancing global youth leadership skills, infusing future camp programmes with fresh perspectives and international insights.

九龍禮賢學校校園夏令營

Kowloon Rhenish School Camp



2025年4月9日至11日，日營部在會員及社會服務各部門的支持下，順利舉辦了一場為期3天2夜的校園夏令營，服務九龍禮賢學校的小二和小三學生。活動包括一系列的遊戲和團隊建設活動，以培養學生的合作精神和創意思維，促進他們的社交能力和自信心，為學生留下難忘的回憶。

From April 9 to 11, 2025, Camping Unit with the support of other M&CS Departments, successfully held a 3-day, 2-night school summer camp for the P.2 & P.3 students of Kowloon Rhenish School. The camp included a series of games and team-building activities designed to foster teamwork and creative thinking, enhance social skills and confidence, creating unforgettable memories for the students.

京士柏百周年紀念中心 King's Park Centenary Centre (KPCC)

本年度，京士柏百周年紀念中心舉辦了

240 This year, KPCC held a total of
個課程及活動 courses and activities ,
參與者總數達 attracting **1,376** 人 participants 。



港青網球錦標賽2024 YMCAHK Tennis Tournament 2024

2024港青網球錦標賽為網球愛好者提供了一個競技平台。比賽於6月22日至23日舉行，共吸引28名選手參賽，一連兩天的賽事如火如荼，設有男子單打及雙打項目，參賽者在比賽中充分展現了出色的技術、速度與體育精神。

The 2024 YMCA Tennis Tournament, held from June 22 to 23, provided a competitive platform for 28 tennis enthusiasts. Players demonstrated impressive speed and skill across men's singles and doubles events throughout two days of intense competition.

港青兒童及青少年速度滾輪溜冰邀請賽 YMCA Children & Youth Inline Speed Skating Invitation Tournament

港青兒童及青少年速度滾輪溜冰邀請賽是京士柏百周年紀念中心的年度盛事，已於2025年7月1日圓滿舉行。賽事匯聚了102位兒童及青少年參加比賽，他們在競速中展現了出色的技術與訓練成果。所有參賽者均全情投入，享受比賽樂趣，並積極與其他選手交流。

The YMCA Children & Youth Inline Speed Skating Invitation Tournament, is an annual highlight at KPCC, was successfully held on July 1, 2025. The event brought together 102 young athletes who demonstrated their skills and training in a dynamic display of sportsmanship. All participants thoroughly enjoyed the competition and the valuable opportunity to connect with their peers.



The Best is Yet to Come 2024

2024年7月7日，約40名青年人參加了港青「The Best is Yet to Come 2024」活動。是次活動為2024年文憑試考生提供支援。透過遊戲攤位、抽獎和團隊合作，幫助參與者放鬆身心，以積極心態迎接放榜及規劃未來。



On July 7, 2024, around 40 young people participated "The Best is Yet to Come 2024" event, designed to support 2024 DSE candidates. Through game booths, raffles, and teamwork, we helped participants relax and unwind while maintaining a positive attitude towards their results and future plans.

京士柏 x 創青回歸盃 KPCC X EVO Reunification Cup

京士柏百周年紀念中心與EVOSA合作舉辦手球比賽，分為男子U15、U18和女子U18三個組別。比賽於2024年8月12日至26日舉行。是次活動有助參賽者提升比賽體驗，並與不同水平的球員切磋球技。



KPCC successfully organized a handball competition in partnership with EVOSA, featuring categories for Boys U15, U18, and Girls U18. The competition was held from August 12 to August 26, 2024. This event helped participants to enhance their game experience and compete against players of varying skill levels.

聖公會基榮小學攀岩和曲棍球計劃

Kei Wing Primary School Climbing & Hockey Programme

京士柏百周年紀念中心於2025年6月成功為聖公會基榮小學開展了攀岩和曲棍球計劃。課程專為初學者設計，共30名學生參與。透過系統練習，學員的身體協調性和自信心均有顯著提升。是次計劃達成所有預期目標，並獲得校方積極正面的評價。

KPCC successfully implemented a climbing and hockey programme for S.K.H. Kei Wing Primary School throughout June 2025. Designed to build foundational skills, the beginner-friendly sessions engaged 30 students. Through these activities, participants demonstrated marked improvement in their physical awareness and self-confidence. The programme concluded with highly positive feedback, successfully met all its intended objectives.



港青 X GAMEONHK 網球小勇士

YMCAHK X GAMEONHK Tennis Little Warriors



港青與GAMEONHK於2024年10月6日合作推出「網球小勇士」計劃。這項免費社區活動為16名5至13歲的弱勢家庭兒童提供了初階網球體驗。計劃旨在通過體育運動幫助孩子們學習新技能，並增強他們的社區歸屬感。

On October 6, 2024, YMCAHK and GAMEONHK jointly launched the "Tennis Little Warriors" programme. This free community initiative provided 16 children from underprivileged families aged 5 to 13, with an introduction to tennis through beginner-friendly sessions. The programme successfully offered a valuable opportunity for participants to engage in sports, develop new skills, and foster a greater sense of community belonging.



京士柏 X 嗎哪籃球街頭聯賽2025

KPCC X MANNA street hope basketball league 2025

籃球聯賽於2025年1月至4月每個周末舉行。除了比賽外，活動還舉辦了敬拜、靈修和祈禱小組活動，致力透過運動和團隊合作，建立一個兼顧敬虔訓練與重體育紀律的社群。

This basketball league was held every weekend from January to April 2025. In addition to the games, worship, devotions, and prayer group activities were organized. The event was dedicated to building a community that balances both spiritual growth and sports discipline through sports and teamwork.



適能與健康組 Fitness & Wellness Unit

適能與健康組提供全面性健康及健體訓練設施及服務。健身中心設有多種阻力器械及先進的心肺功能健體器材，健身中心每星期舉辦多達46堂健康舞及健康運動課程，包括ZUMBA、普拉蒂伸展運動、健康舞、帶氧拳擊運動、修身健體訓練等等。

Fitness & Wellness Unit provides a full range of health and fitness facilities and services. The fitness centre is equipped with a variety of resistance training machines and state-of-the-art cardio equipment, and more than 46 aerobics and wellness classes a week, including ZUMBA, Pilates, Aerobics, Kickboxing, Body sculpt and more.



本年度，適能與健康組提供

This year, Fitness & Wellness Unit offered

299

個課程 courses,

共 with **1,011** *人參加 participants。*



瑜珈班 Yoga Class

港青提供一系列恆常瑜伽課程，如伸展瑜伽與哈達瑜伽體驗課等。課程為不同程度的學員營造了友好的學習環境，幫助他們在練習中提升柔韌性、學習正確姿勢，並實踐瑜伽正念。

YMCAHK provide a variety of ongoing yoga classes, from Stretch Yoga to introductory Hatha sessions. In a welcoming environment suitable for all levels, participants are guided to improve flexibility, learn correct alignment, and develop mindfulness through the practice of yoga.

身心靈普拉提工作坊 Body Mind Spirit Pilates Workshop

身心靈普拉提工作坊結合普拉提與基督信仰，專注提升呼吸、力量及柔韌性，旨在加強參加者的敏感度，幫助他們實現身、心、靈的平衡發展。

This Pilates workshop integrates Pilates with Christian faith, focusing on enhancing breathing, strength, and flexibility. It aims to increase participants' sensitivity and help them achieve a balanced development of body, mind, and spirit.



壺鈴健身體驗課 Kettlebell Fitness Trial Class

壺鈴健身體驗課結合力量訓練、心肺功能鍛鍊及柔韌性提升，針對多個肌肉群進行鍛鍊，是改善或維持健康的高效能鍛煉方式。

The Kettlebell fitness class combines strength training, cardiovascular conditioning, and flexibility enhancement. It targets multiple muscle groups and is a high-efficiency workout method for improving or maintaining health.





長者肌肉力量訓練班 Muscle Strength Training for Senior Class

長者肌肉力量訓練班專為尊尚會員而設。課程提供運動理論基礎知識及示範，旨在透過系統化的健身訓練，幫助長者提升健康及體能，從而改善整體生活質素。

This class specifically designed for master members. It provides a foundation in exercise theory and demonstrations, aiming to help the seniors enhance their health and fitness through systematic fitness training, thereby improving their overall quality of life.

ZUMBA健康舞體驗班及ZUMBA KIDS體驗班 Zumba Fitness Dance Trial Class and Zumba kids Trail Class

ZUMBA健康舞是一項結合舞蹈動作與健身元素的動感運動，讓參加者以輕鬆有趣的方式來強健體魄。

The Zumba Fitness Dance is a dynamic workout that combines rhythmic movements and fitness elements. It offers participant a fun, engaging and effective way to improve fitness.



功能性健身體驗班 The Functional Fitness Trial Class

功能性健身體驗班於2025年3月25日舉行，適合55歲或以上人士參加。此課程重點教授如何有效運用身體自然動力鏈，以輕鬆完成日常活動。

The Functional Fitness Trial Class was held on March 25, 2025, suitable for individuals aged 55 or above. This class focuses on teaching senior members on how to efficiently use the body's natural kinetic chains to perform everyday activities with ease.

動物流運動公開課程 Animal Flow Open Class

動物流是一項結合動作、力量與柔韌性的獨特健身課程，旨在提升參加者的體能水平。

Animal Flow is a unique fitness class that combines movement, strength, and flexibility, aimed at enhancing participants' fitness levels.



攀登及歷險組 Climbing and Adventure Unit

攀登及歷險組除了為不同年齡人士提供攀登課程及私人教授外，更舉辦攀石同樂日及生日派對。

In addition to offering regular climbing courses and private coaching to different age groups, Climbing and Adventure Unit also held Climbing Fun Day and birthday parties.

本年度，攀登及歷險組共提供
146 個課程 courses，
參與人數超過 to over 440 人 participants。

2025第二季假期港青攀石同樂日 2025 2nd Quarter Climbing Term Break Fun Day

2025年第二季假期港青攀石同樂日於2025年6月28日舉行。工作坊主要提升參加者的攀岩技巧和策略，並強調安全的重要性。此外，活動亦增進了攀岩者之間的友誼與溝通，是一次難忘的經歷。

The 2025 2nd quarter Climbing Term Break Fun day was held on June 28, 2025. The workshop primarily focused on improving participants' climbing skills and strategies, while emphasizing the importance of safety. Additionally, the event fostered friendship and communication among climbers, making it an unforgettable experience!



港青基信幼稚園(啟晴)攀石活動日 YMCA of Hong Kong Christian Kindergarten (Kai Ching) Climbing Fun Day

港青基信幼稚園(啟晴)攀石活動日於2025年2月19日舉行，為孩子們提供在安全環境下探索攀岩的機會。透過指導活動和互動工作坊，參加者學習了基本的攀岩技巧，同時提升了體能和自信心。活動強調團隊合作和溝通，讓孩子們互相鼓勵，共同克服挑戰。

The YMCA of Hong Kong Christian Kindergarten (Kai Ching) Climbing Fun Day took place on February 19, 2025. This event provided children with the opportunity to explore climbing in a safe environment. Through guided activities and interactive workshops, participants learnt basic climbing skills while enhancing their physical fitness and confidence. The event emphasized teamwork and communication, allowing the children to encourage one another to overcome challenges together.



學前教育及小學文娛服務

Pre-school and Primary Leisure Education Services

學前教育及小學文娛服務部為3個月至14歲兒童及青少年提供多元化的學習體驗。課程涵蓋英語、普通話、中國語文、創意藝術、戲劇、音樂、科學、數學、智能體驗等多個領域，旨在激發他們的創意潛能，促進全面發展。

Pre-school and Primary Leisure Education Services Unit is committed to nurturing creativity and unlocking the potential of children aged 3 months to 14 years old. Our objectives are to establish a high-quality learning environment that fosters holistic development by providing a wide range of learning experiences, including English, Putonghua, Chinese language, playgroups, creative arts, drama, music, science, mathematics, and intelligence training course, and to empower children to explore their creativity and thrive across multiple domains.

本年度，學前教育及小學文娛服務部共開辦及舉行

This year, the Unit organized and conducted

294 個課程及活動 *classes or activities*,

近 **1,549** 參與人次 *participants*。



戶外探索：嘉道理農場暨植物園

Outdoor Exploration: Visit to Kadoorie Farm and Botanic Garden

在暑期課程中，參加者透過戶外活動，深化對自然世界的認識與欣賞。透過探索在地生態和觀察野生動植物，不僅提升了他們的知識和責任感，更鼓勵他們將大自然視為日常生活中值得重視與保護的重要一環。

During the Summer programme, participants took part in outdoor activities that fostered a deeper awareness and appreciation of the natural world. This hands-

on experience strengthened their knowledge and sense of responsibility, encouraging them to value nature as an essential part of daily life.



醫療小先鋒 Junior Medical Pioneers

「醫療小先鋒」是一個特別為兒童設計的暑期課程，透過生動的角色扮演及互動學習，引導孩子認識醫護領域。參加者體驗各種醫護崗位，練習個人衛生習慣，學習人體基本構造，並操作聽診器、血壓計等基礎儀器。藉此激發孩子們對健康護理與醫療的好奇心。

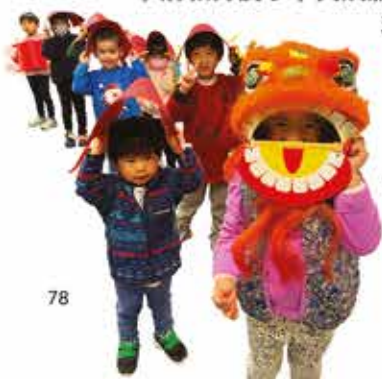
Junior Medical Pioneers was a special programme designed to introduce children to healthcare through engaging role-play and interactive learning. Participants explored various medical roles, practiced hygiene habits, gained foundational knowledge of human anatomy, and learned to use basic equipment such as stethoscopes and blood pressure monitors, sparking curiosity and helped children develop an appreciation for health, caregiving, and community wellbeing.



中華文化體驗 Chinese Culture Experience

學前教育及小學文娛服務舉辦一系列文化活動，邀請學生及其家長探索中華傳統文化。透過親手體驗糖畫工作坊和參與農曆新年，增進彼此互動，並深化對中華文化價值與習俗的認識。

Pre-school & Primary Leisure Education Services organized a series of cultural activities inviting both students and their families to explore the richness of Chinese tradition. Through hands-on sugar painting workshops and joyful Chinese New Year celebrations, families engaged in meaningful parent-child interactions while deepening their appreciation of Chinese cultural.



持續教育及專業進修

Continuing Education and Professional Training

持續教育部及港青專業進修書院（尖沙咀）致力為各階層人士提供多元化的持續教育、職業技能培訓及就業服務，並與不同機構合作，使服務使用者能夠實現持續學習，並建立專業技能。

Continuing Education and College of Continuing Education (Tsimshatsui) is dedicated to offering a wide range of continuous education programmes, vocational skills training, and employment initiatives for individuals from diverse backgrounds. It also collaborates with various corporates and organizations to foster lifelong learning and cultivate professional skills.

「頌揚主恩燃亮愛，讚美生命展光彩」 2025 “Praise Be”

2025年5月9日至11日，港青於尖沙咀總部大堂及藝術空間the DOOOR舉行「頌。讚」港青夏日花祭與展能藝術家李世豪藝術作品展。港青持續教育部藉著花祭舉辦母親節花藝工作坊，教授參加者學習花藝技術。

From May 9 to 11, 2025, the YMCA of Hong Kong hosted the “Praise Be” Summer Flower Festival, alongside ADA Registered Artist Lee Sai-ho's Art Celebration at the YMCAHK headquarters atrium and the DOOOR art space. The YMCAHK College of Continuing Education organized a special floral workshop in honor of Mother's Day, allowing attendees to explore floral techniques.



與香港基督教輔導學院合辦咖啡輔導工作坊 Coffee Counseling Workshop with HKICC

持續教育部在2025年5月和6月與香港基督教輔導學院合作舉行咖啡輔導工作坊，提供獨特的咖啡品嚐和輔導體驗，在學習咖啡沖泡的同時鼓勵自我反思和個人成長。

YMCAHK College of Continuing Education organized Coffee Counseling Workshops in May and June 2025 in collaboration with Hong Kong Institute of

Christian Counselors (HKICC). These workshops provided a unique blend of coffee tasting and therapeutic counseling, incorporating brewing techniques while engaging in guided discussions that encouraged self-reflection and personal growth.



心靈啟航活動 Community Well-being Classes

持續教育部獲香港中文大學校友會的捐款，於2025年7月和8月為42名居住在深水埗區的低收入婦女推出了一系列身心健康課程，包括花藝設計、酒精墨水水晶球製作及瑜伽伸展班。

With donations organized by the CUHK EMBA Alumni, YMCAHK College of Continuing Education launched series of wellbeing classes in July and August 2025 for 42 underprivileged women in the Sham Shui Po District, including floral design, alcohol ink crystal making, and yoga.



海外家務助理進修課程 Overseas Domestic Helper Programme

海外家務助理部自1994年成立以來，致力關顧外傭的身心健康，開辦不同進修課程以提升他們的技能，並擴闊其社交圈子。課程特別為外傭開創體驗和實踐機會，範圍涵蓋文書、語文、康健、美容、音樂及烹飪等多個領域。

Since its establishment in 1994, the Overseas Domestic Helper Unit has been dedicated to nurturing the physical and spiritual health of domestic helpers (DH) by organizing various courses aimed at enhancing their skills and expanding their social networks. These courses offer practical experience and opportunities for DH to develop their abilities, covering various subjects such as secretarial support, language, health and wellness, beauty, music, and culinary arts.

本年度，海外家務助理部共舉辦
This year, the Overseas Domestic Helper Unit organized
204次課程及活動 courses and activities,
參與人數達 for **1,850** participants.



海外家務助理部 — 低鹽低糖烹飪比賽 Domestic Helper Unit — Low-Salt Low-Sugar Cooking Competition

為推廣低鹽低糖健康飲食方式，海外家務助理部與環境及生態局共同舉辦了低鹽低糖烹飪比賽，讓海外家務助理發揮創意和想象力，創作出屬於自己的低鹽低糖菜式。初賽於2024年11月24日舉行，決賽則於2024年12月1日順利進行。

比賽共有16名海外家務助理參賽，當中8位成功晉級決賽。參賽者即場烹飪創作的低鹽低糖菜式，展現她們對食材的了解，並能加以善用蒜頭、洋蔥及香辛料添加額外風味，同時減少鹽糖的使用。



To promote healthy cooking habits with low salt and low sugar, the Domestic Helper Unit, in collaboration with the Environment and Ecology Bureau, hosted a Low-Salt Low-Sugar Cooking Competition. This event allowed domestic helpers to showcase their creativity and imagination by crafting original low-salt, low-sugar dishes. The preliminary round took place on November 24, 2024, followed by the finals on December 1, 2024.



A total of 16 domestic helpers participated, with 8 advancing to the finals. Participants showcasing their understanding of ingredients and demonstrated skill in enhancing flavors with garlic, onion, and spices while minimizing salt and sugar.

「海外家務助理部 — 第30屆年度畢業典禮」

Domestic Helper Unit — 30th Annual Graduation Ceremony

2025年5月1日，港青於總部隆重舉行「海外家務助理部第三十屆年度畢業典禮」暨「香港基督教青年會2025感恩晚宴」，見證機構服務海外家務助理社群30載的重要里程碑。兩大活動緊扣青年會2030願景中「提倡和平共融世界」的核心精神，彰顯我們推動社會和平、共融和公平的堅定承諾。當日百名畢業生、領事代表、社區領袖及合作夥伴齊聚一堂，共同見證港青課程如何賦予外籍家庭傭工和少數族裔開創人生新篇章。



畢業典禮以「Together We Rise, Celebrating Our Journey」為主題。百名畢業生在菲律賓及印尼駐港總領事館代表見證下榮獲證書。典禮亮點包括：

- 紙飛機啟航儀式：嘉賓將手寫祝福的紙飛機貼於象徵藍天的展板，喻意學員和港青服務比翼翱翔，展望未來，創造成長故事
- 傑出學員表彰：共百名學員畢業，嘉許在職業技能、語言能力及社區服務表現優異者及畢業生



On May 1, 2025, YMCAHK hosted 2 milestone events at its headquarters – the 30th Annual Graduation Ceremony of the Overseas Domestic Helpers Unit and the YMCAHK Thanksgiving Dinner 2025, marking three decades of transformative service to Hong Kong's foreign domestic helper community.

Aligned with YMCA Vision 2030's Just World pillar, these events underscored the YMCA's commitment to fostering an inclusive, fair, and just society. On that day, over a hundred graduates, consular representatives, community leaders, and partners gathered together to witness how YMCAHK empowers foreign domestic helpers and ethnic minorities to embark on a new chapter in their lives.

This year's graduation ceremony, themed "Together We Rise, Celebrating Our Journey", celebrated 100 graduates who received their certificates in the presence of distinguished representatives from the Consulate General of the Philippines and the Consulate General of the Republic of Indonesia in Hong Kong. Key highlights of the ceremony included:

- Symbolic Paper Plane Ritual: Guests inscribed blessings on paper planes attached to a "sky" backdrop, representing the graduates' soaring aspirations.
- Excellence Awards: Recognition for outstanding achievements in vocational skills.



「香港基督教青年會2025年感恩晚宴」 YMCA of Hong Kong Thanksgiving Dinner 2025

2025感恩晚宴隆重慶祝港青支援家務助理社群30載的深遠貢獻。當晚展出由the DOOOR藝術家精心創作的12件藝術作品，並進行慈善拍賣。衷心感謝各界善長仁翁的慷慨支持，讓愛心與藝術共融，攜手創造更美好的社會。動人時刻包括：

晚宴特邀香港人道年獎2020年得主馬夏邇女士（小彬紀念基金會創辦人）擔任主禮嘉賓，深入剖析少數族裔在香港面對的挑戰。

- 彩沙共創藝術：「Together We Thrive」主題沙畫由嘉賓協作完成，象徵多元文化匯聚成塔；喻意大家來自不同地方，但凝聚在一起就可成為強大力量，反映港青與少數族裔社群同行，共創美好將來。
- 生命影響生命見證：
服務27年的海外家務助理部義工Ms. Doris與港青基信書院畢業生、第4屆Change Agent Ms. Sabita真情分享港青如何重塑其人生。
- 跨界別交流：促成各機構及合作夥伴與少數族裔的交流。



The Thanksgiving Dinner 2025 celebrated YMCAHK's three decades of profound contributions. The event featured a charity auction of 12 exquisite art pieces created by the artists from the DOOOR. Sincere express the heartfelt gratitude to all generous donors for their support united compassion with art to help build a better society.

Key Moments of the Evening: Ms. Shalini Mahtani, 2020 Hong Kong Humanity Award recipient and Founder & CEO of The Zubin Foundation, serves

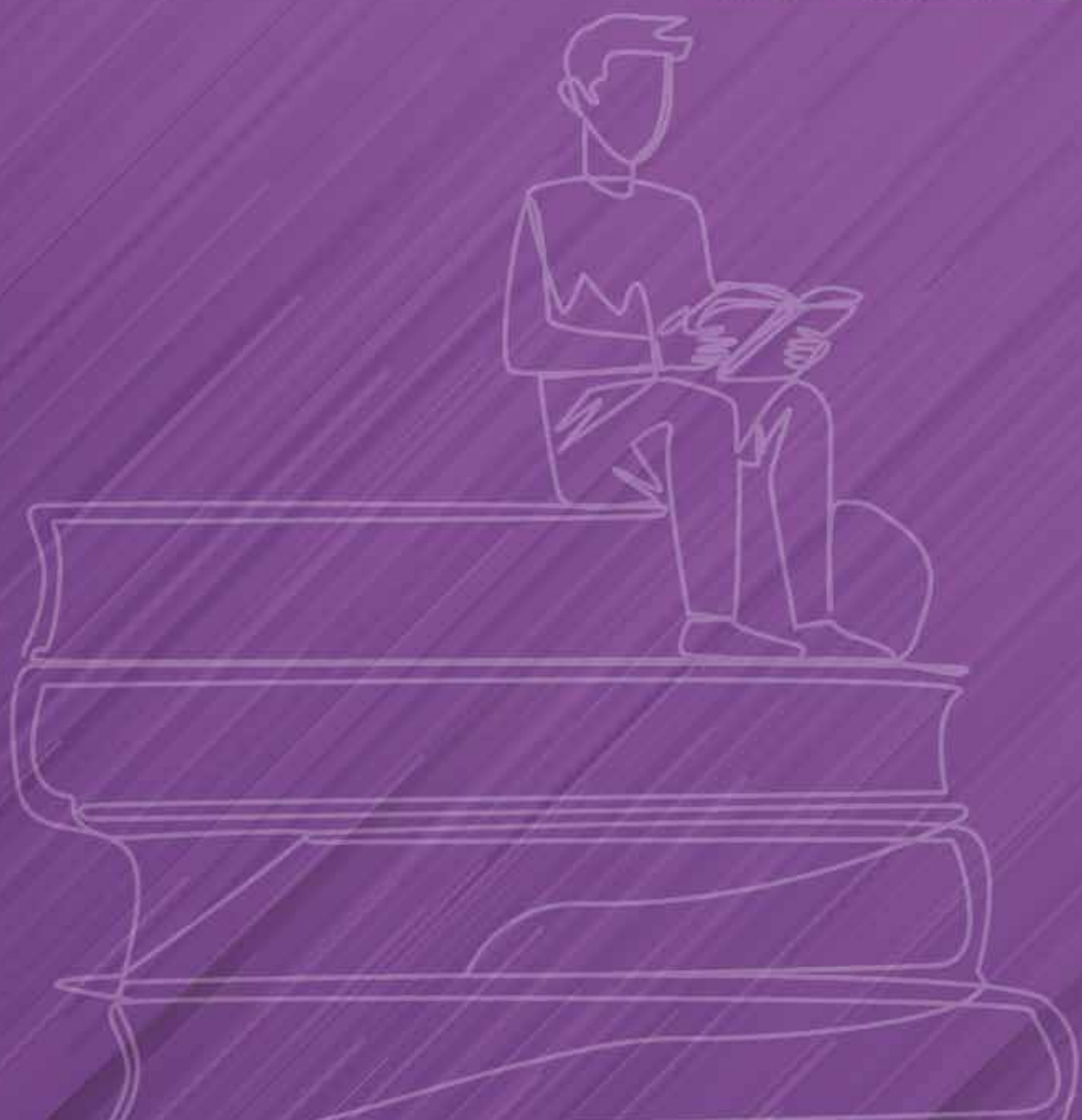
as the officiating guest. She highlighted the challenges faced by ethnic minorities in Hong Kong and commended YMCA's pivotal role in driving positive change.

- "Together We Thrive" Sand Art Collaboration: Guests created a unified art work with colored sand, symbolizing multicultural cohesion.
- Heartfelt Testimonies: Ms. Doris (a YMCA Domestic Helper Unit volunteer for 27 years) shared her inspiring journey and the transformative experiences at YMCA. Ms. Sabita, a graduate of YHKCC and YMCA Change Agent alumna, spoke about breaking ethnic barriers through education.
- The dinner fostered stronger connections among diverse communities, recognizing the invaluable contributions of those who champion inclusivity.



港青學生

Our Students



作為歷史悠久的基督教團體，港青推出了一套「CARES」（基督教的信念與關懷、行為誠信、尊重自己與他人、享受學習和以愛服務）核心價值，以基督教信念和價值觀為首位，應用在學校教育上。港青提供幼兒園、幼稚園、小學及中學教育課程，自2019年第一屆小六畢業生升讀港青基信書院中一時，港青達成「一條龍」教育。

As a Christian association with long history, YMCA of Hong Kong develops a strong educational spirit based on the 'CARES' (Christian faith & caring, Act with integrity, Respect oneself & others, Enjoy learning and Serve with love) core values, with Christian faith and values as the top priority. YMCAHK provides nursery, kindergarten, primary, and secondary education. It completed its 'through train' education in 2019 when the first class of Primary 6 graduates entered Form 1 at the YMCA of Hong Kong Christian College.

港青基信國際幼稚園 Christian International Kindergarten (CIKG)

全校旅行 — 南丫島戶外活動中心 School Outing to Lamma Island



2024年11月29日，港青基信國際幼稚園與港青日營部合作，在南丫島戶外活動中心舉辦學校旅行。家長和孩子在蘇心湖上划艇，齊心協力劃槳前行，共同創造難忘回憶。參加者還參與了自然藝術課程，用乾樹葉和細樹枝製作手工藝品，並體驗了自然攀岩項目，培養團隊合作精神。活動結束前，大家圍坐營火旁享用點心、分享故事，回顧愉快的一天。

On November 29, 2024, CIKG collaborated with YMCAHK Camping Unit to organize a family outing at the Lamma Island Outdoor Centre. Families

paddled together on Lake Southam, creating lasting memories. Participants also engaged in a Nature Art session, crafting artworks from dried leaves and twigs, and enjoyed Nature Rock Climbing, which fostered teamwork. The day ended with everyone gathering around a campfire to share snacks and stories, reflecting on the delightful experience.

多元文化日 Multicultural Day

2024年11月1日為多元文化日，孩子們穿上不同國家的傳統服飾，充分展現學校多姿多彩的文化，鞏固學生的身份認同和自豪感。大家隨著《The More We Get Together》和《It's a Small World》的旋律起舞，完美詮釋活動的精神。

CIKG held Multicultural Day was held on November 1, 2024. The day was filled with joy and laughter as children proudly wore traditional clothing from different countries, showcasing the vibrant cultures of school and strengthening students' sense of identity and pride. Together, students danced to the melodies of "The More We Get Together" and "It's a Small World", perfectly capturing the spirit of the event.



聖誕節慶祝活動 Christmas Celebration

師生們於2024年12月13日到長沙灣中心舉辦「傳遞歡樂」食物的捐贈活動。學生們還表演了一場溫馨的戲劇「聖誕耶穌誕生劇」，旨在讓本地家庭感受到節日的溫暖和基督的愛。隨後，學生們在九龍公園報佳音，並派發手工製作的聖誕賀卡，傳遞節日的喜悅。

Teacher and students held the "Spread the Joy" food donation event on December 13, 2024, at the YMCA Cheung Sha Wan Centre. Students also performed a heartfelt Christmas Nativity play to share the warmth of the season and the love of Christ with local families. The celebrations continued with Christmas caroling at Kowloon Park, where students distributed handmade Christmas cards to spread festive joy.



復活節慶祝活動 Easter Celebration

學生們於2025年4月15日在港青平台花園舉行溫馨的復活節崇拜活動。他們與家長一同為復活節帽子巡遊精心製作了裝飾華麗的帽子，每位孩子自豪地戴上自己獨一無二的作品，為節日增添了歡樂氣氛。

Students celebrated Easter with a heartfelt worship service in the podium garden on April 15, 2025. One of the highlights was the Easter Bonnet Parade, where children and parents created beautifully decorated hats. Each child proudly wore their unique creation, adding to the joyful atmosphere of the celebration.

運動會 Sports Day

學校於2025年5月30日在京士柏百年紀念中心舉辦運動會，全校學生及家長共度愉快的一天。其中最精彩的是親子障礙賽，充分展現了親密無間的合作精神。當天活動精彩豐富，包括網球課、舞蹈課、水上活動和團隊遊戲，藉此教導學生團隊合作與友誼競賽精神。



CIKG held celebrated Sports Day at YMCA King's Park Centenary Centre on May 30, 2025, all the students and their parents had an incredible time. The highlight was the parent-child obstacle race, showcasing their seamless collaboration and team spirit. The day featured a variety exciting activities including tennis, dance classes, water activities, and team games, designed to teach students the values of teamwork and friendly competition.

K3 畢業典禮 K3 Graduation Ceremony

畢業典禮於2025年6月27日在港青尖沙咀總部舉行。學生們接受校監何慶濂先生頒發畢業證書。典禮上，孩子們帶來精彩的表演，包括獻唱畢業歌和街舞表演，展現他們的才華與熱情。畢業生和家長亦在台上分享在幼稚園生活的美好時光。

Graduation ceremony was held on June 27, 2025, at the YMCAHK headquarters. Graduates received their graduation certificates from the school supervisor, Mr. Peter Ho. The event featured engaging performances by the children, including singing of the graduation song and a street dance showcase, highlighting students' talents and enthusiasm. In the ceremony, graduates and their parents also shared memorable moments from their time in kindergarten.



港青基信幼稚園 (啟晴) Christian Kindergarten (Kai Ching)



哈佛大學研究學者到訪

School Visit by the Researchers from Harvard University

兩位從事幼兒教育的哈佛大學研究學者與港青總幹事何慶濂到訪港青基信幼稚園(啟晴)，交流及分享本地幼兒教育及課程特色，他們更走進課室，與本校學生進行分組活動、體能遊戲及藝術活動等，學生們非常享受和嘉賓們一起活動的時間！

Two early childhood education researchers from Harvard University, together with Mr. Peter Ho, General Secretary of YMCAHK, visited the YMCA of Hong Kong Christian Kindergarten (Kai Ching). They exchanged and shared insights about local early childhood education system and our school-based curriculum. The researchers also engaged with our students in the classroom, such as storytelling, physical games and art activities, who greatly enjoyed their time with guests!

慶祝中華人民共和國成立七十五周年植樹活動

Tree Planting Ceremony in Celebration of the 75th Anniversary of the Founding of the People's Republic of China



為慶祝中華人民共和國成立75周年，學校獲邀與發展局局長甯漢豪在啟德車站廣場，與區內中、小中學生及大專學生一同參與植樹活動。當日共種植了75棵茶花樹，寄語青年人為祖國及香港的繁榮安定作出貢獻。

To celebrate the 75th anniversary of the founding of the People's Republic of China, students from CKCC were invited to participate in a tree-planting ceremony with Ms. Bernadette Linn, JP, Secretary for Development, at Kai Tak Station Plaza. Primary, secondary, and tertiary students planted a total of 75 camellia trees. Ms. Linn delivered a message to encourage young people to contribute to the prosperity and stability of the motherland and Hong Kong.



家校小組就職禮暨家長生日會及聖誕團契

Home-School Co-operation Group Ceremony cum Parents Birthday Party and Parent Fellowship

為促進家校溝通以實現優質教育，學校成立了新一屆家校小組，特此感謝家長的積極參與。活動當日更特設為壽星家長慶祝生日環節，祝願他們身體健康，主恩滿溢；並透過聖誕團契活動，以祈禱、讀經、詩歌及遊戲，與家長分享耶穌降生的喜悅。

To enhance communication and trust between home and school for educational success, CKCC has established its new Home-School Co-operation Group, sincerely thank to all parents for their active engagement. One the event day, a special segment was held celebrate the birthdays of parent members, wishing them health and well-being. The Christmas fellowship included prayers, Bible readings, hymn singing and games, sharing the joy of Jesus's birth with parents.

校監寵物講座 Pet Duffy's Visit

飼養寵物是一生的承諾，校監單芷筠女士攜同她的寵物犬Duffy到校，與學生分享養寵物的小貼士。單校監鼓勵學生以領養代替購買，學習關懷動物及尊重生命。

Pet ownership is a lifetime commitment. CKCC supervisor, Ms. Vivian Shan, and her pet dog Duffy, to shared valuable tips on pet care. Ms. Shan encouraged students to adopt pets instead of purchase, fostering a sense of care and respect to lives.



童遊世界Little Chef World Cooking Day

「童遊世界Little Chef」的活動，吸引了許多家庭前來參觀，參加者不但認識了學校的課程特色，孩子們還化身小廚師與家長一同參與親子烹飪活動，親身體驗各國的飲食文化，團隊很高興能與許多新舊朋友聚首一堂，享受活動的樂趣！

The World Cooking Day, attracted so many families to visit. Participants learned about the curriculum features, and children also transformed into little chefs, cooking alongside their parents and exploring various food cultures from around the world. It was great to see many new and familiar friends of the school enjoying the activities of this wonderful event.

世界地球日 World Earth Day

為提升學生的環境保護意識，學校於「世界地球日」當日與「綠在土瓜灣」合辦「環保遊藝會」。活動透過不同的攤位遊戲，鼓勵學生學習環保回收、源頭減廢及節約能源，培養他們成為環保行動的倡導者。

In order to enhance students' awareness of environmental protection, CKCC organized a "Green Fun Fair" together with "Green in To Kwa Wan" on World Earth Day. Students learnt about recycling, waste reduction at source and energy saving through different booth games, empowering them to advocate for environmental protection.



港鐵啟德站熊貓水墨畫作品展覽

Exhibition of Panda Chinese Painting at MTR Kai Tak Station



全校學生合作創作的熊貓水墨畫已完成，並在2025年3月於港鐵啟德站社區畫廊展出。作品展示了學生們對中國國寶——熊貓的熱愛與創意，展現了校園藝術教育的成果。

The Panda Chinese Painting, jointly created by all CKCC students, and exhibited in March 2025 at the MTR Kai Tak Station Community Gallery. The artwork reflects the students' creativity and affection towards China's national treasure — the Panda, showcasing the achievements of art education in our school.

獲得「最傑出『綠得開心學校』卓越獎」 Happy Green Campaign

港青基信幼稚園（啟晴）一直致力與不同的持份者推動綠色教育，並參加由港燈所舉辦的「綠得開心計劃」，於年內透過線上線下多個項目及活動，積極推動環保減碳，協助學生及校園實踐智惜用電的理念。學校連續兩年獲得幼稚園組「最傑出『綠得開心學校』卓越獎」，表揚學校致力推動環保節能教育。

CKCC is committed to collaborating with various stakeholders to promote green education and participated in the "Happy Green Project" organized by Hong Kong Electric, the school engaged in both online and offline activities throughout the year to actively promote environmental protection and carbon reduction. This helped students and the school community practice the wise use of electricity. The school was honored with the "Happy Green School Excellence Award" for two consecutive years in the kindergarten category, recognizing our dedication to environmental protection and energy-saving education.



獲得「加油！Amigo」活力操比賽冠軍 “Go Amigo” Energetic Exercise Competition Champion

K3學生代表日前參加聖公會聖十架小學舉辦的「加油！Amigo」活力操比賽並榮獲冠軍，感謝天父的祝福、家長的合作和學生的努力。恭賀K3學生代表取得佳績！



Representatives from K3 class demonstrated outstanding achievement at the “Go Amigo” Energetic Exercise Competition, organized by S.K.H. Holy Cross Primary School, and were awarded the Champion title. This wonderful accomplishment is a testament to the students' hard work, the unwavering support of our parents, and God's blessings. Congratulations to the representatives of our K3 students on their achievement!

港青基信幼兒學校（農圃道） Christian Nursery School (Farm Road) (CNSFR)

與爸爸一起踢足球 Playing Football with Dad

學校在2025年6月21日舉辦了一場親子足球活動，學生與爸爸一起踢足球。爸爸們於活動中還進行了足球比賽，小朋友則在場外熱情地為爸爸們加油打氣。

CNSFR organized a parent-child football event on June 21, 2025. Students played football with their dads, who later participated in a football match at the event. The children enthusiastically cheered for their dads from the sidelines.



游泳體驗活動 Joyful Swimming Activity

全校學生在2025年6月3日、10日及24日到港青總部進行游泳體驗，樂在其中。

All students participated in a swimming experience at the YMCAHK headquarters on June 3, 10 and 24, 2025. Both children and parents enjoyed the activity.

快樂足球體驗 Joyful Football Experience

2025年6月14日，學校獲賽馬會足球計劃邀請，聯同曼聯名宿白賴仁笠臣，舉辦一場歡樂同樂日，透過會面、遊戲及技巧訓練，建立幼兒對足球的興趣。

On June 14, 2025, CNSFR participated in the Jockey Club Football Program featuring Manchester United legend Bryan Robson. Children and parents engaged in the meetings, games and skill training, to foster children's interest and enthusiasm for football.



家長職業分享 Parent Career Sharing

家長職業分享活動於2025年3月舉辦，各班邀請了家長們到校分享職業，其中一位任職髮型師的家長更即場為老師示範剪髮，而學生們則在旁協助髮型師。

A Parent Career Sharing event was organized in March 2025 each class invited parents to the school to share their professional work experiences. A parent who works as a hairstylist demonstrated haircutting for the teacher, while students stands next to him to provide assistance.

親子遊戲日 Parent-Child Activity Day

親子遊戲日於2025年3月21日舉行，家長及學生透過大型遊戲活動增加親子間的合作，讓家長體驗陪伴孩子的樂趣及重要性。

Parent-Child Activity Day was held on March 21, 2025 to enhance parent-child cooperation through large-scale game activities, allowed parents to experience the joy and importance of spending quality time with their children.



到訪基督教迦密村潮人生命堂

Carmel Village Swatow Christian Church Visit

K2學生及家長在2025年2月26日到訪基督教迦密村潮人生命堂，體會聖經記載「耶穌上聖殿」的意思。學生及家長在教會中一同敬拜、聆聽話語及參加小組活動，以體會現今香港教會的模式。

On February 26, 2025, CNSFR K2 students and parents visited the Carmel Village Swatow Christian Church to understand the meaning of the biblical account of "Jesus in the Temple". Together in the church, students and parents worshiped, listened to messages, and participated in small groups to experience the current model of the church in Hong Kong.

家長花藝減壓活動 Parent Floral Art Stress Relief Activity

學校在2025年2月21日舉辦了花藝減壓活動，作為家長教育項目之一，此活動旨在讓媽媽們有一段安靜的個人時間，透過學習插花和技巧舒緩壓力和放鬆心情。

As part of our parent education program, CNSFR organized a floral art stress-relief activity on February 21, 2025. The event aimed to provide mothers with a peaceful moment for relaxation while learning the art and techniques of flower arrangement.



農曆新年年宵活動 Lunar New Year Celebration

港青基信幼兒學校（農圃道）於2025年1月24日舉辦校內年宵活動，讓家長及學生體驗農曆新年傳統年宵活動，以體驗中華文化氣氛。

CNSFR organized a Lunar New Year event on campus on January 24, 2025. Parents and students experienced traditional New Year activities and immersed themselves with the atmosphere of Chinese culture.



遊覽香港 Travelling Around Hong Kong

各班於2025年1月10日及14日以多元方式遊覽香港。N1乘坐巴士，K1乘搭渡海小輪，K2體驗懷舊開蓬電車，而K3感受山頂纜車的風采。透過這些活動，學生得以親身體驗香港的獨特魅力。

On January 10 and 14, 2025, all classes at CNSFR explored Hong Kong in different ways: N1 travelled by bus, K1 experienced a ferry ride, K2 enjoyed a journey on a vintage tram, and K3 took a ride on the Peak Tram. This allowed them to appreciate the beauty of Hong Kong.

快樂小蜜蜂宣誓典禮 Happy Bee Oath Ceremony

快樂小蜜蜂制服團隊於2025年成立。學生們在2025年1月16日參加了宣誓典禮。

Happy Little Bee Uniform Team was established in 2025. Our students participated in an oath-taking ceremony on January 16, 2025.



新會商會港青基信學校

San Wui Commercial Society YMCA of Hong Kong Christian School (SWYHKCS)

家長晚會暨中秋節食物捐贈行動

“Back to School” Night x Mid-Autumn Food Drive

新會商會港青基信學校於2025年9月13日舉辦首個家長晚會。家長藉此機會認識老師，並學習在家支援孩子的方法。家長們也捐贈食物來支持港青長沙灣中心的中秋節食物募捐活動。捐贈物品裝滿了三個大箱子。

On September 13, 2025, SWYHKCS held its first school event – a “Back to School” Night. Parents took the opportunity to get to know the teachers and learn ways to support their children at home. Parents were also invited to donate food items to support the CSW Centre’s Mid-Autumn Festival Food Drive. 3 large boxes were filled with donations that evening.



一至二年級的聖誕表演 — 「Prickly Hay」

Year 1 and 2 Nativity Play — “Prickly Hay”



每年的聖誕表演是學校大型節目。2024年12月12日，一、二年級的學生在全校師生和家長面前展示他們第一學期的學習成果。透過耶穌基督誕生的故事表演，展示神對世人的愛。

The Nativity Play is the first major performance of the year at SWYHKCS. On December 12, 2024, Year 1 and 2 students present their learning achievement from the first term in front of the entire school, teachers and parents. Through the story of the Jesus' birth, the performance presented God's love for the world.

三至四年級復活節表演 — 「Giant Slayer」

Year 3 & Year 4 Easter Performance — “Giant Slayer”



2025年4月11日，新會商會港青基信學校舉行了復活節表演，三年級和四年級的學生選取聖經故事「Giant Slayer」作為音樂劇表演主題，該劇講述對上帝的信任和勇氣。這個充滿幽默感的劇本，將觀眾帶入一個充滿歡笑和冒險的世界，音樂劇充分傳遞訊息，讓觀眾明白托付給神便能戰勝一切困難。



On April 11, 2025, SWYHKCS held its Easter performance. Year 3 and Year 4 students chose to perform the Bible story “Giant Slayer” as the theme of musical. The play tells about trusting in God and having courage. This humorous play took the audience into a world of laughter and adventure, effectively deliver the message that trusting in God is the key to overall all challenges.



第五屆陸運會暨運動日 The 5th Athletics Meet and Sports Day

第五屆陸運會暨運動日於2025年3月11日舉辦。當天有很多家長出席為自己的子女打氣，一、二年級的學生家長更參與親子競技活動，場面熱鬧。是次活動增強家長對學校活動的參與度，增進家校合作關係。



The 5th Athletics Meet and Sports Day was held on March 11, 2025. Many parents attended the event to cheer for their children. Parents of Year 1 and Year 2 students also participate in the parent-child games, creating a very exciting and enjoyable moment. This event successfully enhanced parental participation in school activities and strengthened the partnership between home and school.

小六音樂劇 Year 6 Performance — Emoji Musical

學校於2025年6月12日舉辦了小六音樂劇，名為「Emoji Musical」，以表情符號為主題，學生們為畢業演出全力以赴，將所學的表演技巧發揮得淋漓盡致，在全校師生、家長和嘉賓面前盡顯團隊精神，各同學盡情享受屬於他們的舞台。當日，校監何慶濂先生、校董王主心女士、及一眾嘉賓也一同欣賞同學的用心演出。



On June 12, 2025, SWYHKCS held its Year 6 musical titled "Emoji Musical", themed about emoji symbols. The students gave their best effort in their graduation performance, presenting the performance skills they had learnt to the entire school, including teachers, parents, and guests. They demonstrated strong team spirit and enjoyed their moments on stage. Our School Supervisor, Mr. Peter Ho, along with School Managers, Ms. Julia Ong and other guests attended the event to celebrate their success of the marvellous performance.

小六畢業典禮 Year 6 Graduation Ceremony

新會商會港青基信學校第七屆小六畢業典禮於2025年6月20日舉行。校監何慶濂先生、校董王主心女士和一眾港青管理層親臨出席。何校監為畢業生致辭，家長也親臨典禮，一同見證孩子的重要成長時刻。今年是值得銘記的一年，因該屆有不少畢業生完成了港青幼稚園升讀至港青基信書院中學畢業的完整教育旅程，圓滿達成我們的整體教育規劃。一如既往，約九成畢業生於九月升讀港青基信書院，展開新的學習旅程。

Our 7th Year 6 Graduation Ceremony at SWYHKCS was successfully held on June 20, 2025. We were honoured to have our School Supervisor, Mr. Peter Ho, School Managers, Ms. Julia Ong and YMCAHK managents, as distinguished guests. Mr. Ho delivered a speech to our graduates, and parents also attended the ceremony to witness this remarkable moment of their children. This year is especially memorable, as many graduates have completed the full educational journey from YMCAHK kindergardens to YHKCC. Similar to previous years, about 90% of our Year 6 graduates will continue their studies at YHKCC starting in September 2025, embarking on a new learning journey.



港青基信書院

YMCA of Hong Kong Christian College (YHKCC)

國際嘉年華2024

International Fun Fair 2024

於2024年12月7日舉行的國際嘉年華，是專為學生及其家人而設的全球文化慶祝活動。活動旨在促進文化了解、建立社區精神，並提供豐富有趣的體驗。參加者透過享受多國美食、表演、工藝及不同活動，促進文化交流，並推動社區共融。



Held on December 7, 2024, the International Fun Fair was a vibrant celebration of global cultures designed specifically for students and their families. The event aimed to promote cultural understanding, build community spirit, and provide engaging fun. Attendees enjoyed diverse international foods, performances, crafts and activities, enhancing cultural awareness and strengthening community connections for a joyful festive and memorable school and community experience.

經典音樂劇目 — 「天方夜譚」演出

Musical Arabian Nights

2025年6月26日和30日，港青基信書院的學生演出了一齣膾炙人口的經典音樂劇目——「天方夜譚」。學生們充分發揮他們的戲劇才華，為觀眾帶來難忘的戲劇盛宴。

On June 26 and 30, 2025, the students of YHKCC performed the popular classic musical "Arabian Nights". The students showcased their dramatic talents, providing the audience with an unforgettable theatrical experience.



外展服務周

Service Outreach Week

外展服務周於2025年6月23至27日舉行，讓學生透過本地和海外服務幫助有需要人士，藉此鼓勵學生服務社群，透過文化交流、親身實踐和深度反思，促進個人成長與蛻變，培養青年人的公民責任感。

The Outreach Service Week was held from June 23 to 27, 2025, allowing students to help those in need through local and overseas service. The programme aimed to encourage students to serve the community, fostering personal growth and transformation through action, cultural exchange and reflective feedback, cultivating a sense of civic responsibility among youth.



機構設施

Our Facilities



體育及康體設施 Sports & Recreation Facilities

尖沙咀總部 Tsim Sha Tsui Headquarters

游泳設施 Aquatic Facilities



訓練池 Training Pool



副池 Secondary Pool



按摩池 Jacuzzi

體育及康樂設施 Sports and Recreation Facilities



體育館 / 羽毛球場
Gymnasium / Badminton Court



籃球場 Basketball Court



壁球場 / 乒乓球場
Squash Courts / Table Tennis Court

多用途舞蹈室 Dance Studio



室內攀石場 Indoor Climbing Walls



健身中心：健身室及健康中心 Fitness Centre — Gym Room & Wellness Centre

健身室設有多款重量訓練、心肺訓練及阻力訓練器材，並設有心肺功能訓練室，包括單車機、跑步機、划艇機及滑雪機等。健康中心是一個多用途活動室，可舉辦不同類型的健康運動課程、講座及工作坊。

Gym room offers a wide range of free weights, cardio and resistance training fitness equipment, as well as cardiovascular conditioning room equipped with Upright Bikes, Recumbent Bikes, Crosstrainers, Treadmills, Rowing Machines and Elliptical Trainers. The wellness centre is a multi-function activity room for aerobics and wellness classes, as well as seminars and workshops.



京士柏百周年紀念中心 King's Park Centenary Centre



京士柏百周年紀念中心於2001年開放，致力提供現代化設施，以鼓勵青年積極及樂觀地成長，並激發各年齡層人士投入健康的生活習慣，促進身、心、靈發展。

The YMCA of Hong Kong King's Park Centenary Centre (KPCC), which opened in October 2001, provides modern facilities designed to meet the interests of young people. It creates a positive environment that encourages individuals of all ages to participate in healthy activities and nurture personal growth in body, mind and spirit.



戶外攀石牆
Outdoor Climbing Wall



迷你室內攀石牆
Mini Indoor Climbing Wall



網球場
Tennis Court



單線滾軸曲棍球場
Inline Hockey Rink

南丫島戶外及環保活動中心 Lamma Island Outdoor Centre

南丫島戶外及環保活動中心為戶外生態營地，佔地43公頃，提供多元化的營會、戶外歷奇及康樂活動，不僅讓大眾遠離繁囂，與大自然共處，更可透過各類型的露營活動，認識自然生態，學習基本野外求生技巧，增強生態保育意識。

Lamma Island Outdoor Centre is a 43-hectare camp that offers a variety of camps, outdoor adventures, and recreational activities. It

offers a peaceful venue to escape from the hustle and bustle, connect with nature, and learn about natural ecology through various camping experiences. Campers can also acquire basic survival skills and enhance their awareness of ecological conservation through different activities.



東涌綠機田 Tung Chung Organic Farm

2009年設立的綠機田是港青在東涌的第一個有機耕種農場。綠機田佔地5萬平方呎，相當於7個籃球場的大小，旨在向社會大眾推廣保護生態意識，提倡健康生活及飲食模式。港青定期於綠機田舉辦農場體驗之旅及綠色工作坊，推動綠色文化。

另外，港青劃出當中的1萬平方呎農地作有機耕種，種植時令蔬菜以滿足社區需求，亦提供超過150幅園圃，每幅園圃面積為1x3米，供附近街坊租用，打造自己的菜園。



Tung Chung Organic Farm, which spans 50,000 square feet (equivalent to the size of 7 basketball courts), was established in 2009 as YMCAHK's first organic farm in Tung Chung. The Association organizes farming experimental programmes and green workshops on a regular basis with the aim of nurturing the development of a green culture.

In addition to utilising 10,000 square feet of land for our own organic farming of seasonal vegetables to cater to the local community's needs, Tung Chung Organic Farm also features over 150 nursery beds for crop planting. Each nursery bed measures 1 meter by 3 meters and is available for rent to the general public.

酒店服務 — 港青酒店

Hotel Services — The Salisbury

港青酒店毗鄰尖沙咀地鐵站，飽覽維多利亞港及香港島優美景色。港青酒店提供372間客房，並設有港青咖啡座、再臨閣、宴會及會議場地、健身中心、室內恆溫游泳池、按摩池、靈修室等設施供客人使用。

The Salisbury is situated at the top of the Tsimshatsui MTR Station, with breathtaking views of the exquisite Victoria Harbour and Hong Kong Island. The Salisbury offers a total of 372 guest rooms, as well as the Mall Café, The Haven, banquet & conference facilities, fitness centre, indoor temperature controlled swimming pools, a jacuzzi, and a chapel, all of which are available for all guests.



海景套房 — 客廳
Harbour View Suite — Living Room



再臨閣 The Haven



港青咖啡座 The Mall Café



海景套房 — 睡房
Harbour View Suite — Bedroom



健身中心 Fitness Centre

室內恆溫游泳池
Indoor temperature controlled
swimming pools

機構設施 Our Facilities

宴會及會議設施 Banquet and Conference Facilities

港青酒店共有10個宴會廳／會議室、平台花園及大禮堂，可容納22圍中西式宴會或400人會議講座。

With 10 function rooms, the Podium Garden and The Grand Assembly Hall, our function venues are ideal for hosting events up to 400 guests.



團體活動 Highlights of Banquet Functions



World Vision China Foundation Ltd
世界宣明會—中國基金有限公司



Asia Safety Management Summit
亞洲安全管理高峰論壇



Hong Kong Tourism Board
香港旅遊發展局



Hong Kong Christian Council
香港基督教協進會



Council for World Mission
世界傳道會



Free lunch delivery for
those who are in need
為有需要人士提供免費
午餐配送服務

獎項 Awards



貓途鷹2025年
旅行者之選大獎
TripAdvisor
Travellers'
Choice Awards
2025



2024年度美團酒店
Meituan Hotel
Awards 2024

ESG Award for
Safety Culture —
Silver Award
ESG安全文化獎
—銀牌



華閩—最佳銷售獎
Hua Min — Best
Sales Award



2024年Agoda金環獎
2024 Agoda Gold
Circle Award



2025年度 Booking.com
旅行者評分大獎
Booking.com
Traveller Review
Awards 2025



2024年度
携程口碑榜
Trip. Best 2024



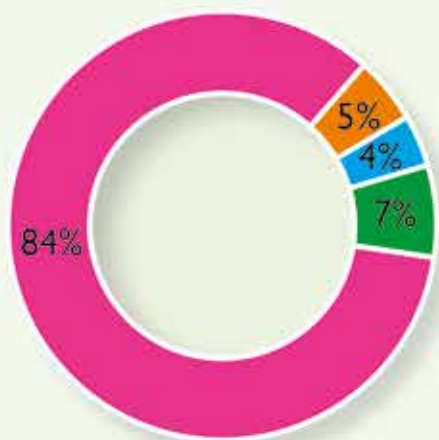
2024年KKday美食大獎—
香港10大人氣酒店自助餐
KKday — Hong Kong
Top 10 Hotels' Buffet



Agoda 2024住客好評之選
2024 Agoda Customer
Review Award

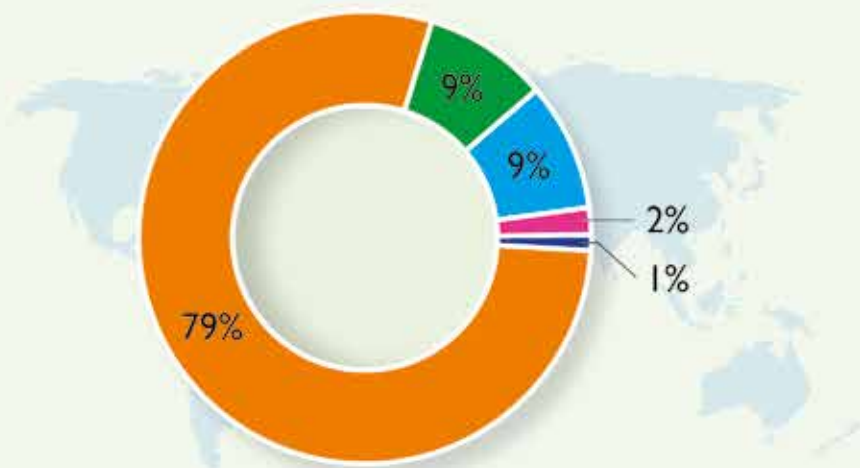
酒店服務統計資料 Hotel Services Statistics

旅客分類 User Segmentation



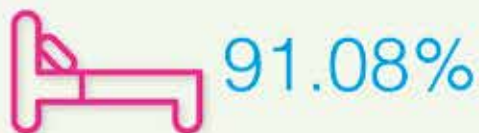
- 個人訂房
Individual Traveller
- 商務客戶
Corporate / Community Member
- 旅行社 (個人訂房)
Travel Agents (Individual Traveller)
- 會議及團體
Conference / Group

旅客原居地 Region of Origin of Guests

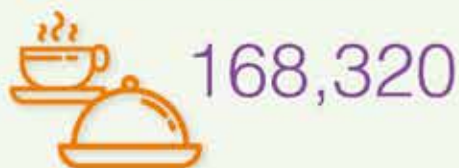


- 香港及亞洲
Hong Kong and Asia
- 歐洲 Europe
- 北美洲 North America
- 太平洋和澳紐
Pacific, Australia & New Zealand
- 其他 Others

入住率 Rooms Occupancy



餐飲服務顧客人數 Food & Beverage Covers



機構傳訊及伙伴協作 Communications & Engagement

機構傳訊及伙伴協作部負責出版刊物及透過社交平台宣傳和推廣港青多元化服務及最新發展，以確保公眾對我們的服務和最新動態有充分了解。我們致力於為青年人提供多樣化的學習和體驗機會，促進其身、心、靈的全面發展。

The Communications & Engagement department is responsible for publishing regular corporate materials and promoting our diverse services and latest developments through social media. We strive to ensure that the general public is well-informed about our services and updates. Our efforts focus on providing diverse learning and experiential opportunities for young people to foster their holistic development — nurturing their physical, mental, and spiritual well-being.



香港基督教青年會季刊 — 港青之聲

The Quarterly Magazine of YMCA of Hong Kong — Y's Voices

港青之聲 — 香港基督教青年會的季刊，旨在讓讀者認識港青的多元化工作及社區服務。刊物透過專題探討、人物專訪、活動剪影展示港青的最新發展，並探索我們的同工、義工和青年的服侍及成長心路歷程和小故事。此外，港青之聲亦介紹港青酒店的最新推廣，以及幼兒學校、幼稚園、小學和中學的發展動向。

Y's Voices is the quarterly magazine of the YMCA of Hong Kong, designed to provide readers with an in-depth understanding of our diverse work and its contributions to the community. The magazine highlights the latest developments at YMCAHK, through thematic features, profile interviews, and event snapshots. It

also explores the journeys and personal stories of our staff, volunteers, and young people at YMCAHK. Additionally, Y's Voices reports on the latest promotions at The Salisbury, as well as developments in our nursery, kindergarten, primary, and secondary school.

請使用手機掃描以下二維碼或瀏覽港青的網站，以查閱《港青之聲》。

Please scan the QR code below with your mobile device or visit the YMCAHK website to access Y's Voices.



2024年9月號
September 2024 issue



2024年12月號
December 2024 issue



2025年3月號
March 2025 issue



2025年6月號
June 2025 issue

2024/25年度「商界展關懷」社區伙伴合作計劃 The Caring Company Partnership 2024/25

港青感謝各友好企業及團體一直以來支持港青的事工，肩負社會責任，與港青一起服務社群。這些合作夥伴包括：

We would like to extend our heartfelt thanks to our corporate and organizational partners for their ongoing support. Their consistent contributions have enabled us to fulfill our mission, shoulder social responsibilities, and serve the community together. These partners include:

- 源宇宙教育(國際)投資集團有限公司
Bradaverse Education (Int'l) Investments Group
- 港麗酒店
CONRAD HONG KONG
- 香港觀塘帝盛酒店
Dorsett Kwun Tong, Hong Kong
- 地產代理監管局
Estate Agents Authority
- 富林工程營造有限公司
Fulam Construction Engineering Company Limited
- 逸泰居
Headland Hotel
- 香港新時代獅子會
Lions Club of Hong Kong New Era
- 新世界百貨中國有限公司
New World Department Store China Limited
- Pet Space Group Limited
- 何文田山扶輪社有限公司
Rotary Club of Homantin Hill Limited
- 香港華語扶輪社
Rotary Club of Mandarin Hong Kong
- 尖沙咀國際聯青社
Y's Men's Club of Tsim Sha Tsui

按英文順序排列 in alphabetical order

義工服務 Volunteer Services

目的 Objective

- 建立義工服務平台
Establish a collaborative platform in volunteerism
- 增強社區影響力
Enhance community impact
- 推動有意義工作
Promote meaningful work
- 為母親提供兒童照顧和支持
Offer child care and support to their mothers
- 透過教育等方式增強海外家務助理的能力
Empowering Foreign Domestic Helpers through education and more

服務領域 Service Segments



長者義剪服務
Haircut Services for the Elderly



綠色活動 — 有機種植
Green Activities — Organic Farming

長者陪診服務
Elderly Escort Services



課托服務
After School Care Services



環保教育 — 惜玩文化工作坊
Environmentally Friendly — Toy Reborn Workshop

社區派飯
Free Meal Distribution

人力資源 Human Resources

除了日常人力資源管理職責，人力資源部與各部門保持緊密溝通和聯繫，積極推行各項人才發展及培訓計劃，提升機構的人力資本。部門並提供多元化的支援服務，致力關懷同工的身、心、靈健康，增強同工歸屬感，培養團隊凝聚力。

In addition to its routine human resources management duties, the Human Resources Department maintains close communication and collaboration with various departments, actively implementing talent development and training programmes to enhance the human capital of the Association. The department also provides a diverse range of support services, dedicated to caring for the physical and mental wellbeing of employees, strengthening their sense of belonging, and fostering a cohesive team spirit.

招聘 Recruitment



各大專院校招聘日
Colleges' Career Fair



員工迎新日 Staff Orientation

培訓 Training



表現評核簡報會
Performance Appraisal
Briefing Session



香港特別行政區廉政公署 — 員工誠信講座
ICAC Seminar on "Ethics at Work"



職安健講座
Occupational Health Seminar



讓服務看得見 — 優質顧客服務篇及
衝突Time Out — 管理投訴及困難處境篇培訓活動
Smart Training: Excellence in Customer Service &
Managing Complaints and Challenges



港青心理健康日
YMCA Mental Health Day

員工活動 Engagement



全「Y」一叮 — 才藝比賽2024
The Greatest Talent Show 2024



員工大會及新春聯歡茶會2025
Staff General Meeting cum
2025 Lunar New Year
Celebration Party



員工義工隊

Red Triangle — Staff Volunteer Team

參加港青基信幼稚園(啟晴) 合作
舉辦的說故事工作坊及義工環節
Storytelling Workshop and
Volunteering at YMCA of Hong
Kong Christian Kindergarten
(Kai Ching)



2024員工大會暨中秋聯歡聚會
2024 Staff General Meeting cum Mid-Autumn
Festival Celebration Tea Party



物資捐贈活動 Staff Donation



愛聚盆菜宴
Charity Chinese "Poon Choi" for Elderly Event

員工康樂委員會

Staff Social Committee (SSC)



捐血活動
Blood Drive



2025員工競技大賽 — 百發百中
2025 Y's tournament — Kick off Our 100th



尖沙咀(國際)聯青社

Y's Men's Club of Tsim Sha Tsui Chartered 1981

The Y's Men's Club of Tsim Sha Tsui was chartered on March 19, 1981. Dinner meetings are held on the first Thursday of each month at the YMCA of Hong Kong, 41 Salisbury Road. Meetings are mainly conducted in English with Cantonese as the auxiliary language. Guest speakers are invited to deliver speech on topics of current interest. Dedicated members also organise activities and fund-raising to support social services for the local community and overseas.

For enquiry, please e-mail us at ysmentst@gmail.com



District Joint Installation Ceremony led by our Club President, Tony Ng (R5), in the presence and witness of Mr. Peter Ho (in the middle), the CEO and General Secretary of the YMCA of Hong Kong.

Donation and Social Services in 2024-2025

- **Toy Reborn - Meaningful Christmas Tree 100 Project: HKD 20,000**

Our donation brought love and fulfillment of dreams for 100 children from YMCA's beneficiary families towards the "Centennial Celebration of the Salisbury Road Grand Opening in 2025."

- **Christmas Party Gifts & Buffet Lunch: HKD 8,000**

With our contribution, underprivileged families at the Tung Chung District were treated to a festive celebration, complete with gifts and a delightful buffet lunch, spreading holiday cheer.

- **Fortune Bags for Elderly in Tung Chung: HKD 15,000**

Our funding enabled the distribution of auspicious "fortune bags" to single elderly residents of Tung Chung, providing them with practical necessities and a sense of seasonal goodwill.

- **YMCAHK Summer Flower Festival: HKD 1,000**

The Club made donation to support the Flower Festival with an Art Exhibition from an ADA Registered artist in May 2025.

- **Dragon-boat Festival Rice Dumpling Donation and Distribution: HKD 5,000**

In May 2025, the Club teamed up with the Kowloon City District Council to host a rice dumpling donation and distribution event at Tak Long Estate. Despite the bad weather, participants showed strong engagement, making it a joyful occasion for all.

- **Fundraising Efforts for Sao Hin YMCA Restoration: HKD 5,000**

In response to the flooding disaster, the Club participated in the District's fundraising campaign to support the restoration of Sao Hin YMCA in Chiang Mai in Nov, 2024.

- **Support for Myanmar YMCA's Earthquake Relief Efforts: HKD 5,000**

In March 2025, due to the urgent humanitarian crisis caused by the earthquake in Myanmar, we actively supported the Myanmar YMCA's relief and rebuilding efforts.



尖沙咀(國際)聯青社

Y's Men's Club of Tsim Sha Tsui Chartered 1981



The Y's Men's Club of Tsim Sha Tsui becomes the mother club for Y's Men's Club West Kowloon. Congratulations to the young Y's Men on this vibrant new formation on 14th September 2024.

Time of Fast (TOF) – Global Project Fund: HKD 1,950

TOF is a popular programme where Y's Men members around the world traditionally give up at least one meal, usually during February. They then donate the cost of that meal to the TOF fund. The money raised through this initiative is made available to support projects sponsored by both Y's Men and YMCAs globally.

Exciting New Beginnings: Tsim Sha Tsui Welcomes West Kowloon as its Mother Club!



The Club sponsored a joyful Christmas celebration, presenting gifts to children from underprivileged families of the Tung Chung District, YMCA of Hong Kong and hosting a festive Christmas buffet lunch at the YMCA's Haven Restaurant, all filled with the warm spirit of the season.

Donation to YMCA of Hong Kong for a Meaningful Christmas 2024 with Toy Reborn, working together to recycle toy!

23rd December 2024





西九聯青社

Y's Men's Club of West Kowloon Chartered 2024

西九聯青社由來自香港基督教青年會不同的年青人於2024年成立，目的旨在支持香港基督教青年會的工作以及服務社會。

西九聯青社期望成為年青人與年長人士之橋樑，加強彼此的溝通，增加互相的了解，營造更融洽的社會。



The Y's Men's Club of West Kowloon was established in 2024 by different youth from the YMCA of Hong Kong to support the work of the YMCA of Hong Kong and serve the community.

The Y's Men's Club of West Kowloon hopes to become a bridge between young people and the elderly, strengthen communication and increase mutual understanding, and create a more harmonious society.



港青開放日 Open House

西九聯青社於2024年12月7日的港青開放日設立攤位。運用不同桌上遊戲讓各參加者與社友進行互動，除了宣傳西九聯青社外亦為未來活動作出推廣。

The Y's Men's Club of West Kowloon set up a booth at the YMCA of Hong Kong Open House on December 7, 2024. Different board games were used to allow participants to interact with club members, promote the club and upcoming activities.



《爸爸》電影分享會 Papa Film

於2025年1月11日舉行《爸爸》電影觀賞及映後分享會。分享會中多位心理學家與一眾觀眾分享思覺失調等的資訊及個人經驗，期望讓一眾參加者有更多的認識。

A movie viewing and post-screening sharing session for "Papa" was held on January 11, 2025. Several psychologists shared information and personal experiences on schizophrenia with the audience, hoping to give the participants a better understanding.

桌遊同樂日 Board Game Day

於2025年4月12日西九聯青社於港青長沙灣社區商店舉行桌遊同樂日。活動教導長者進行不同的桌上遊戲。活動除了拉近與長者的距離，亦透過不同桌上遊戲訓練長者的記憶力等。

On April 12, 2025, the club held a board game fun day at the YMCA of Hong Kong's Cheung Sha Wan Community Shop. The activity taught the elderly to play different board games. In addition to narrowing the distance between the elderly and the community, also trained the elderly's memory through different board games.



Know more



Instagram@y.mens.club_west.kowloon

服務一覽 Service Directory

香港基督教青年會尖沙咀總部

YMCA of Hong Kong Tsim Sha Tsui Headquarters

地址 Address :

香港九龍尖沙咀梳士巴利道41號

41 Salisbury Road, Tsimshatsui, Kowloon, Hong Kong

電話 Tel : 2268 7000

傳真 Fax : 2311 5809 (行政 Administration)

會員服務熱線 Member Services Hotline

電話 Tel : 2368 7070

水上運動 Aquatics

電話 Tel : 2268 7010

運動及體育 Sports & Physical Education

電話 Tel : 2268 7087

攀石場 Climbing Wall Counter

電話 Tel : 2268 7087

健身中心 Fitness Centre

電話 Tel : 2268 7055 / 2268 7066

日營部熱線 Camping Hotline

電話 Tel : 2268 7079

社區服務 Community Services

長沙灣中心 Cheung Sha Wan Centre

地址 Address :

九龍長沙灣順寧道259-263號恆寧閣1樓

1/F Hang Ning Court, 259-263 Shun Ning Road,

Cheung Sha Wan, Kowloon

電話 Tel : 2708 8995 傳真 Fax : 2720 7997

電郵 Email : info@cs.wymcahk.org.hk

東涌中心 Tung Chung Centre

地址 Address :

新界大嶼山東涌逸東(一)邨清逸樓地下C翼GF3號

No. GF3, Wing C, G/F, Ching Yat House, Yat Tung (1) Estate,

Tung Chung, Lantau Island, New Territories

電話 Tel : 2988 1245 傳真 Fax : 2988 1247

電郵 Email : info@tc.wymcahk.org.hk

the DOOR

地址 Address :

九龍尖沙咀梳士巴利道41號

41 Salisbury Road, Tsimshatsui, Kowloon

電話 Tel : 2268 7035 電郵 Email : thedoor@ymcahk.org.hk

東涌綠機田 Tung Chung Green Organic Farm

地址 Address :

新界大嶼山東涌松逸街6號

6 Chung Yat Street, Tung Chung, New Territories

電話 Tel : 3480 7883

電郵 Email : farm@tc.wymcahk.org.hk

康樂及體育單位 Sports & Recreation Units

京士柏百周年紀念中心 King's Park Centenary Centre

地址 Address :

九龍油麻地加士居道22號

22 Gascoigne Road, Yau Ma Tei, Kowloon

電話 Tel : 2782 6682 傳真 Fax : 2783 7876

電郵 Email : kpcc@ymcahk.org.hk

南丫島戶外及環保活動中心 Lamma Outdoor Centre

地址 Address :

新界南丫島索罟灣

Sok Kwu Wan, Lamma Island, New Territories

電話 Tel : 2268 7079 電郵 Email : lamma@ymcahk.org.hk

教育 / 培訓單位 Education / Training Units

西九龍耀信發展學習中心

Beacon Centre Lifelong Learning Institute

地址 Address :

九龍長沙灣保安道373號豐盛居

Beacon Lodge, 373 Po On Road, Cheung Sha Wan, Kowloon

電話 Tel : 2281 6000 電郵 Email : info@bc.ymcahk.org.hk

港青基信國際幼稚園 Christian International Kindergarten

地址 Address :

九龍尖沙咀梳士巴利道41號2樓

2/F, 41 Salisbury Road, Tsim Sha Tsui, Kowloon

電話 Tel : 2268 7766 傳真 Fax : 2131 0255

電郵 Email : kindergarten@ymcahk.org.hk

港青基信幼稚園(啟晴) Christian Kindergarten (Kai Ching)

地址 Address :

九龍九龍城沐虹街12號啟晴邨賞晴樓地下

G/F, Sheung Ching House, Kai Ching Estate,

12 Muk Hung Street, Kowloon City, Kowloon

電話 Tel : 2341 5262 傳真 Fax : 2341 5477

電郵 Email : ckcc@ymcahk.org.hk

港青基信幼兒學校(農圃道) Christian Nursery School (Farm Road)

地址 Address :

九龍九龍城農圃道11號帝庭豪園地下

Majestic Park Block 1, 11 Farm Rd, Kau Pui Lung

電話 Tel : 2246 8234 傳真 Fax : 2246 8136

電郵 Email : farmroad@ymcahk.org.hk

新會商會港青基信學校 San Wui Commercial Society YMCA of Hong Kong Christian School

地址 Address :

九龍深水埗廣利道5號

5 Kwong Lee Road, Sham Shui Po, Kowloon

電話 Tel : 2361 3383 傳真 Fax : 2361 3962

電郵 Email : admission@cs.edu.hk

港青基信書院 YMCA of Hong Kong Christian College

地址 Address :

大嶼山東涌松逸街2號

2 Chung Yat Street, Tung Chung, Lantau

電話 Tel : 2988 8123 傳真 Fax : 2988 2000

電郵 Email : info@yhkcc.edu.hk

專業進修書院 College of Continuing Education

地址 Address :

尖沙咀梳士巴利道41號6樓

6/F, 41 Salisbury Road, Tsimshatsui, Kowloon

電話 Tel : 2268 7733 傳真 Fax : 2268 7797

電郵 Email : info@ymcahkcollege.edu.hk

賓館服務 Hostel Services

The Salisbury

酒店服務 / 訂房 Hotel Services / Room Reservation : 2268 7888

再臨閣 The Haven 訂座熱線 Reservation : 2268 7818

港青咖啡座 Mall Café 訂座熱線 Reservation : 2268 7819

宴會與會議 Banquet & Conference 電話 Tel : 2268 7880 - 7882

